



2020 Parks and Recreation October Activity Brochure



Did you know...

COMMUNITY CENTER

While closed during quarantine, the Community Center served as a command post for the Worthington Fire and Police Departments as well as hosted the Worthington Farmer's Market in the parking lot

GRISWOLD CENTER

Griswold staff is currently reviewing guidelines and making a plan to safely reopen. Our priority is to keep our customers, volunteers and staff safe and we look to have more details to share in the coming weeks.

PARKS

While adherence to Covid-19 guidelines has certainly limited our programming and events – our parks have never been busier! Thank you for maintaining 6 ft of distance and bringing a mask with you for times when you can't.



worthington.org



Worthington Community Center MEMBERSHIPS

BENEFITS OF MEMBERSHIP

Members have access to the pools, fitness equipment and the walking/running track.

Please refer all Membership questions to
wprd@worthington.org or by calling us at 614-436-2743.



CORPORATE MEMBERSHIPS are also available!

There are many benefits to employers whose employees exercise regularly. Exercise can lower health care costs, reduce stress, improve productivity, concentration, morale, and reduce the number of absences. Please contact Customer Service Coordinator Jennifer Button at jennifer.button@worthington.org or by calling (614) 436-2743 for rates or more information.

INSURANCE BASED MEMBERSHIPS

The Community Center and Griswold Center offer several insurance-based free memberships for Medicare-eligible customers. These memberships include all member benefits. Eligibility can be confirmed at our customer service desks.

- Tivity SilverSneakers and Prime Programs
- Renew Active Program

Worthington Residency

Throughout this brochure, different fees are listed for Residents (R) and Non-Residents (NR). Resident fees apply to those who live or work in the city limits of Worthington, including spouses and children of those households. These households and companies pay taxes that support the Worthington Parks and Recreation Department and therefore pay the resident rate for memberships, programs, and rentals. All others pay the listed non-resident rate.

Two proofs of residency are required at the time of registration to receive the resident rate. Examples of proof are a valid driver's license, check with address, utility bill, or bank statement.

Working Residents must work a minimum 20 hours per week for a company in the City limits of Worthington. Verification of payment of Worthington City taxes is required at the time of registration to receive the resident discount price. Acceptable verification is an original pay stub, dated within 30 days, that specifically denotes Worthington City taxes being withheld.

Membership Refund Policies

Annual and Monthly Memberships are non-refundable and non-transferable, except in cases of hardship.

Refunds for hardship cases (Military Duty, medical reasons, or out of area moves) may be requested by sending an email to Jennifer Button at jennifer.button@worthington.org. Proof of hardship is required.

ANNUAL MEMBERSHIP RATES

	R	NR
Teen (12-17 yrs.)	\$160	\$208
Individual	\$260	\$338
Individual + child (3-11 yrs.)	\$380	\$494
Household of Two	\$420	\$546
Household of Three	\$495	\$644
Household of Four	\$570	\$741
Additional Persons <small>After Four</small>	\$50	\$65
Senior Citizen**	\$180	\$234
	RESIDENT=R	NON-RESIDENT=NR

A "household" is defined as up to three adults in the same household and their dependents up to and including the age 22, residing on the premises.

Annual Memberships are valid for one year from date of purchase. Monthly payment options, debited directly from your bank account, are available for the purchase of Annual Memberships for a small additional fee. See Customer Service Desk for complete details.

**A Senior Citizen is defined as someone 60 years of age or older

MONTHLY MEMBERSHIP RATES

	R	NR
Individual	\$45	\$59
Senior Citizen**	\$35	\$46
	RESIDENT=R	NON-RESIDENT=NR

Monthly Memberships are valid for 30 days from date of purchase. The cost of a Monthly Membership can be applied to an Annual Membership if converted before the Monthly Membership expires.

**A Senior Citizen is defined as someone 60 years of age or older.

DAY PASS BUNDLES

Child (3-17 yrs) package of 10	\$40
Adult package of 5	\$35
Senior package of 5	\$25

DAY PASS RATES

Child (3-17 yrs)	\$5
Senior Citizen**	\$6
Adult	\$8
Military	\$5

*Day Pass Bundles expire one year after purchase.

**A Senior Citizen is defined as someone 60 years of age or older.



**Denotes Virtual
Programming**



A NOTE FROM THE DIRECTOR



I'm sure I'm not alone when I say 2020 has been a challenging year! As disappointing as it was to close the Community Center and Griswold Center and cancel all programming for a period of time, we are excited to be making progress in getting services back in operation. I've heard from so many of you how much you miss your exercise, the social interaction, activities for your family, and our staff. We know how important the many benefits of parks and recreation are to residents in and around Worthington. This brochure represents an important step in restoring those services as we are ramping up our programming as the weather changes and outdoor options fade.

Since mid-summer, restrictions have gradually been lifted on portions of our facilities and various programs. As things are allowed to open, guidelines are given which must be followed to help keep everyone participating safe. Staff have been diligent in reviewing the guidelines and adapting all programming to meet and, in many cases, exceed those standards as we want everyone to be comfortable and safe in returning to their favorite parks and recreation facilities and activities. As you read through the programs being provided, rest assured a careful review has occurred by multiple staff to ensure we are doing things safely.

You will notice we don't have our normal quantity of offerings. This is because some things are more difficult than others to plan within the guidelines. We also have limited space as we have to take things into account like how to get people in and out of the building with as limited contact as possible, cleaning in between activities, and just more space needed for people in order to allow spacing. This results in less total programs. We are also still assessing our ability to open the Griswold Center as the guidelines for senior centers were just released and there are some challenges we have to work through before opening that facility.

Our brochure reflects another change which is we are approaching programming on a monthly basis for the rest of 2020. That will allow us to adapt as things change and to get an idea of what our participants are ready to do. We have also combined Community Center and Griswold Center activities for this time period. A silver lining of COVID-19 has been the development of virtual programming. We plan to continue offering several virtual programs so you will see those listed as well.

Those of you who swim know the pool was one of the last things to open at the Community Center. We have been challenged with a major maintenance issue dealing with some piping and have chosen to try to take care of it during this time. We were able to reopen the pool on September 8 and will have to close again for some time to finish the installation of new piping. As a result, we aren't planning to bring back most of our swim programming until the facility reopens for good. That will allow us to resume swim lessons and the rest of our water aerobics programs.

We really appreciate your patience and understanding as we navigate through this challenging time. Please don't hesitate to reach out to a staff member if you have questions, concerns or suggestions. ***We are excited to see you more and more and get back to doing parks and recreation activities that we love!***

Darren Hurley, CPRP
Parks & Recreation Director

AQUATICS FACILITY HOURS (reservations required at this time)

Monday – Friday: 5:30 AM - 11:15 AM

(effective Oct. 5 new hours are 5:30 AM - 1:15 PM)

Monday – Thursday: 2:00 PM - 7:45 PM*

***Monday – Thursday 2:00 - 2:45 PM time slot for High Risk Users**

Saturday: 8:00 AM - 1:45 PM

Sunday: closed

(45-minute time slots for water fitness or programs plus 15-minute dry-off time)

**visit www.worthington.org/aquatics to make a reservation
and for Water Aerobics weekly schedule**

The Hot Tub remains closed at this time

*The City of Worthington reserves the right to further modify hours as necessary

All swimmers must be 18 years or older

LAP LANES

The lap lanes are available for 45 minutes of water fitness activities which includes: deep water fitness exercises, water walking, recreational & competitive strokes. It is strongly encouraged that the fitness pool lanes are used for deep water exercises along with competitive strokes.

LEISURE POOL LANES

The leisure lanes are available for 45 minutes of water fitness activities which includes: fitness exercises, water walking, recreational & competitive strokes. To enter/exit the leisure pool lanes please use the stairs. Individuals that registered for use of the lazy river may need to enter the lazy river by the stairs, then along the wall adjacent to the leisure pool lanes until they get to the entrance of the river. It is strongly encouraged that the leisure pool lanes are used for water fitness activities that do not need deeper water or to be utilized for recreational strokes.

LAZY RIVER

The lazy river is available for 45 minutes of water fitness activities such as water walking. The lazy river will be used with all participants going with the flow of the water. To enter/exit lazy river you may do so by the side of the lazy river or using the stairs, then remain close to the wall as you make your way to the entrance of the river. Should someone need to pass another participant they can do so on the left side of those that they are passing.

If you have equipment that you wish to bring please do so; currently kickboards, pull buoys etc. are not available. The vortex and the bubble bench in the leisure pool will not be available during this time.

Please note that you will have 15 minutes to dry and exit the pool in order to allow our staff to clean/sanitize and prepare for the next group.



Per City of Worthington Ordinance No. 30-2020, masks are required unless exercising



Patrons are responsible for practicing safe distancing while in the building, wiping down equipment, and are required to wear face coverings when entering and exiting the facility. The building will be closed from NOON - 2:00 PM for cleaning, and the doors will remain locked during this time.

COMMUNITY CENTER FITNESS FACILITY HOURS

Monday-Friday: 5:30 AM – NOON

(effective Oct. 5 new hours are 5:30 AM - 1:30 PM)

Monday-Thursday: 2:00 PM – 8:00 PM*

***2:00-3:30 PM time recommended for High Risk Users**

Saturday: 8:00 AM – 2:00 PM

Sunday: closed

no reservations are required at this time to use the fitness areas

Our two Fitness Areas feature over 40 pieces of cardio equipment, a selectorized weight circuit that targets all the major muscle groups, a free weight area with dumbbells that go up to 100 lbs, and a rubberized composite surfaced track which is 12 laps for one-mile. As a member of the Worthington Community Center, you have unlimited access to the Fitness Floor, or you can drop by for \$8 a day (adult) \$6 (Senior Citizen).

Teen Lifting Class

Ages: 12Y-17Y

In this one hour course, teens will get an in-depth introduction to basic gym etiquette, safety, and intelligent strength training. A certified personal trainer will guide the individual or small group through a basic overview of our facility and an introductory workout that is perfect for novice lifters. The participants will leave with a handout outlining workout design and how to safely build strength.

16224 no fee

Registration is required and a trainer will contact you after registration to schedule a day and time. There is no fee.

FITNESS FLOOR POLICIES CARDIO AND ALL WEIGHT EQUIPMENT

- Ages 16 and above may use the fitness floor without a parent/guardian or taking the Junior Fitness Class.
- Ages 12-15 must either be with a parent/guardian at all times or must complete our free Junior Fitness Class.
- Ages 11 and under are not permitted on the fitness floor. Please see our Youth Fitness programming options in our brochure to get your child involved in physical fitness.

SAFETY FIRST

- Closed toed shoes are required on the fitness floor and track.
- No bags, coats or other bulky personal items permitted on the fitness floor. Please limit the items you bring with you as cubbies and lockers are not currently available.
- A proper shirt or tank top must be worn at all times.

TRACK

- Ages 10 and above may use the track without a parent/guardian.
- Youth ages 9 and below may use the track with a parent/guardian supervisor with them on the track at all times.

HOW TO SIGN-UP FOR A FREE JUNIOR FITNESS CLASS

- Visit the Fitness Desk upstairs or email fitness@ci.worthington.oh.us
- We will work with your schedule to find an appointment time that works for you
- Once the class has been completed and your youth has obtained their Junior Fitness Card they are able to work out up on the fitness floor!
- Please Note: A parent or guardian must attend the class with their youth.

GROUP FITNESS CLASSES

As long as social distancing requirements are in place, registration will be required for Group Fitness Classes. The Worthington Community Center is committed to keeping our participants safe. Extra precautions are being taken to ensure the safest possible experience. For classes that use equipment, we encourage that you bring your own. If you are unable to bring your own, the class instructor will set up your station for you (based on your answers at registration), equipment will be disinfected before you arrive and disinfecting wipes will be provided at your station as well. There will be clear markings on the floors to guide social distancing and maintaining at least 6'. Participants will be asked to disinfect equipment before and after use. The instructor will disinfect again after class and return all equipment to storage. Masks are required when entering and exiting the building and fitness areas but are not required during exercise.

Currently Worthington Parks and Recreation is offering the following group fitness classes at the Community Center

Boot Camp 45 - Outdoors with Missy

Tuesdays & Thursdays

6:00 AM - 6:45 AM

This 45 minute class combines strength conditioning and athletic drills for an all-star workout. This class will be held in the north parking lot (beside the Community Garden). Please bring your own light, medium, and heavy set of dumbbells. You will also need a thick mat to cushion for pushups and other floor work (we are on the asphalt!). All equipment can be provided if needed. Modifications will be given if needed. You will love this class! In case of inclement weather, this class will move into the South Gym.

Fit Yoga - with Courtney & Ser

Tuesdays & Thursdays

9:30 AM - 10:30 AM

This class uses elements of yoga to increase overall flexibility and strength with a focus on the muscles of the core. Some Yoga experience recommended.



CLICK ON PROGRAM NAME TO REGISTER

Gentle Hatha Yoga with Stephanie

Fridays

9:30 AM - 10:30 AM

Mindfully focusing on slow and gentle movements which will stretch the entire body. Class will begin or end with a short breathing practice.

Virtual Fit Yoga with Ser

Sundays

4:00 PM - 5:00 PM

This 60 minute virtual class uses elements of yoga to increase overall flexibility and strength with a focus on the muscles of the core. Some Yoga experience recommended. Get ready for class in your own space with a yoga mat or towel, water, any props you may need to make yourself comfortable, and your own music playing to get you in the right headspace. \$5 per person

After you register, a link will be included on your receipt (click "view printable receipt" and save the link). Please make sure to save the link or receipt as no other link will be sent. Class will be brought to you on the Worthington Parks and Recreation Zoom Platform.



GROUP FITNESS PASSES

It is free to reserve your spot in class, however; a Group Fitness Pass will be required.

Group Fitness classes will no longer be issuing or taking physical punch cards. All current cards will be converted to digital passes that are loaded onto a key tag that will be scanned before class begins. If you currently have a key tag for membership, you will use the same tag for group fitness classes. Please arrive 15 minutes early if you have a physical card and need to have it converted.

Drop ins will still be accepted and you can purchase your drop in pass online at www.worthington.org/fitness. We will be unable to process drop ins in-person so drop ins must be purchased online, ahead of time. Please bring a copy of your receipt to class or have it on your phone.

If you cannot attend, please email wprd@worthington.org or call 614-436-2743 to let us know. We will begin to deduct classes from your pass if you fail to cancel a third time.

**[visit www.worthington.org/fitness](http://www.worthington.org/fitness) to purchase a Group Fitness Pass
and to register for class**

Gather your friends and family for a Small Group Fitness class!



Gather your friends and family and meet one of our Certified Group Fitness Instructors at any one of Worthington’s many beautiful parks! You can also choose to have your own private class in the Community Center’s Fitness Studio. Work with an instructor of your choosing on when, where, and what type of class you would like. Do a circuit along the serene Moses Wright Nature Trail, HIIT class along the Olentangy River, run the stairs at Huntley Bowl... the possibilities are endless!

Classes are 45-minutes and groups can be 3-8 people, age 12 and up. After one person from the group registers, you will be

contacted by your instructor to schedule. State of Ohio requires masks unless actually exercising so please wear a face covering coming and going from class. We will also take all necessary precautions to make sure that ample space is available for social distancing as well as properly disinfecting all equipment for each participant. Equipment will not be shared during class.

Flat fee for class is \$55 payable at registration. Please contact Ryan Cooper, Fitness Supervisor, ryan.cooper@worthington.org with any questions.

Group Fitness Pass Prices

[purchase online at worthington.org/fitness](http://worthington.org/fitness)

Our Passes are available in 8 or 16 classes that allow you to attend a Group Fitness Class when it’s convenient for you.

	RESIDENT / MEMBERS PRICE	non-RESIDENT PRICE
8 Class Pass	\$36	\$47
16 Class Pass	\$72	\$94

Our Monthly Unlimited option is the best value and allows you to take a wide variety of classes each week. (Monthly Unlimited Passes will be valid each calendar month. Prices will not be prorated for cards purchased mid month.)

	RESIDENT / MEMBERS PRICE	non-RESIDENT PRICE
30 day Unlimited Pass	\$40	\$52

Daily Drop-In Pass (purchase online) for all other Group Fitness and Fit Yoga Classes	\$8 per Class
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YOUTH *creative*

Kids n Clay

Ages: 6Y - 13Y • Pottery Studio

You can create all kinds of projects with a little clay and a lot of imagination. We will use balloons, tubes, slabs and more. The possibilities are endless! Please wear old clothes, this is a very messy class. *Instructor: Michelle Brevick*

15935	Thu	3:30 PM-4:45 PM	Oct 1-Oct 29
15936	Fri	10:30 AM-11:45 AM	Oct 2-Oct 30

R \$37 | NR \$48

Home School Gym & Art

Ages: 6Y - 9Y • South Gym

If you are home schooling this fall we are offering a great chance for your child to have some active and creative activity in a small group setting. We will start each class in the gym and learn a variety of sports throughout the program. Many fitness related games will also be played to keep everybody moving. Class will conclude each week with an art project using the many art mediums we have available. Participants will be emailed program guidelines as they relate to Covid-19.

16011	Wed	1:00 PM-2:15 PM	Oct 7-Oct 28
16042	Mon	1:00 PM-2:15 PM	Oct 12-Nov 2

R \$40 | NR \$52

LEGO® Maniacs

Grades: 1-4 • Art Studio

If you like building with and using your imagination, then join us in creating structures with our LEGO® bricks. Each week, builders will be given a theme at the beginning of class, and then build a LEGO® creation of their own design. Participants will be emailed program guidelines as they relate to Covid-19.

16209	Thu	4:30 PM-5:30 PM	Oct 8-Oct 29
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R \$32 | NR \$42

Visit www.enrichingkidz.com to register for the following Online Live Classes

Empowering Girls with Confidence

Thursdays, Oct. 1 - 22 | 4:00 PM - 5:30 PM | Ages 9-12

Kidz Life Skills: Brain Teasers, Puzzles and Planning

Thursdays, October 13 - 20 | 4:00 PM - 5:00 PM
Coed Grades 3-6

Kidz Home Alone

Mondays, Oct. 5 - 12 | 7:00 PM - 8:00 PM
Coed Grades 4-6



FALL REGISTRATION

SEPTEMBER 28 | RESIDENTS / MEMBERS

SEPTEMBER 30 | OPEN REGISTRATION

REGISTRATION CAN BE DONE ONLINE STARTING AT MIDNIGHT, AND THERE IS NO CONVENIENCE FEE FOR ONLINE REGISTRATION.

VISIT WORTHINGTON.ORG AND CLICK ON RECREATION REGISTRATION TO SET UP OR UPDATE YOUR ACCOUNT. QUESTIONS? CALL 614-436-2743

PRESCHOOL

Ballet and Tap Combo

Ages: 3Y - 5Y • Community Room

In this 40 minute class, little ones will learn basic ballet and tap terminology and concepts, work on gross motor skills, balance, rhythm and enjoy dances of their own.

Instructor: Lisa Barry

15934	Wed	11:50 AM-12:30 PM	Oct 7-Oct 28
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R \$30 | NR \$39

Gym Jam

Ages: 3Y - 4Y • South Gym

Have fun with your little one during this parent-child sport themed gym program. Each week various sport stations will be set up with age appropriate equipment for you to engage in active play with your child. We will conclude each class with a fun game or activity. Participants will be emailed program guidelines as they relate to Covid-19.

16210	Thu	1:00 PM-1:45 PM	Oct 8-Oct 29
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R \$21 | NR \$27

YOUTH *active*

Afternoon Athletics

Ages 6Y - 9Y • South Gym

Stay active and join us for some exercise in this program designed to burn off some energy in the afternoon. Each week we will play a variety of gym games and introduce several sports. Participants will be emailed program guidelines as they relate to Covid-19.

16211	Tue	1:00 PM-1:45 PM	Oct 6-Oct 27
16212	Fri	1:00 PM-1:45 PM	Oct 9-Oct 30
16214	Fri	2:00 PM-2:45 PM	Oct 9-Oct 30
R \$30 \$39			

Junior Hoops

South Gym

This class will consist of teaching basketball skills through drills and games. A large emphasis will be placed on dribbling, passing and shooting activities. These skills will be taught in a fun environment to give your child a positive experience. We will use adjustable backboards to meet your child's comfort level. Participants will be emailed program guidelines as they relate to Covid-19.

Grades: K-3

15992	Tue	3:15 PM-4:00 PM	Oct 6-Oct 27
R \$30 NR \$39			

Grades: 3-6

15993	Tue	4:15 PM-5:00 PM	Oct 6-Oct 27
R \$30 NR \$39			

Junior Tennis

South Gym

This class is designed to teach the basics of tennis and eye-hand coordination. This will be done in a fun fashion with stretching and warm-up exercises followed by drills and games. The basics include forehand, backhand, forehand and backhand volley, and the serve. Participants will receive email with program guidelines as they relate to Covid-19.

Grades: K-3

15953	Wed	3:15 PM-4:00 PM	Oct 7-Oct 28
R \$30 NR \$39			

Grades: 3-6

15954	Wed	4:15 PM-5:00 PM	Oct 7-Oct 28
R \$30 NR \$39			

Volleyball: Beginner

Grades: 3-6 • South Gym

Learn about volleyball and have a lot of fun in this beginner volleyball class. Volleyball is a fast paced sport that all ages can enjoy! We will learn how to bump, set, serve, and play a variety of games to reinforce these skills. Participants will receive an email with the programs guidelines as it relates to Covid-19.

15955	Thu	3:15 PM-4:00 PM	Oct 8-Oct 29
15956	Thu	4:15 PM-5:00 PM	Oct 8-Oct 29
R \$30 NR \$39			

NERF® Dart Games

Grades: 3-6 • South Gym

Get out of the house and bring your NERF® dart shooter to the community center for a showdown with your friends. We will engage in a variety of activities including shooting at targets and breaking into teams for an all out showdown. We will set up barriers in the gym and build forts. Participants must bring their own NERF® dart shooter and darts. Please make sure all your equipment is labeled. Participants will be emailed program guidelines as they relate to Covid-19.

15958	Fri	4:00 PM-5:15 PM	Oct 16
15960	Fri	4:00 PM-5:15 PM	Oct 30
R \$10 NR \$13			

 **CLICK ON PROGRAM NAME TO REGISTER**





CITY OF WORTHINGTON PARKS & RECREATION

ADULTactive

Badminton League

Ages: 16Y and up • South Gym

Smash it! Come and experience the speed! Badminton is a full-body workout sport that builds quick reflexes, aerobic endurance, and rapid hand-eye coordination. Basic knowledge of badminton rules is required. Player evaluations and division assignments will take place on the first day of the league. For more information you can email Derek Lee at ckdlee01@hotmail.com.

15937	Sat	10:15 AM-11:45 AM	Oct 3-Nov 21
		R \$64 NR \$84	
15938	Sat	12:00 PM-1:30 PM	Oct 3-Nov 21
		R \$64 NR \$84	

Low Impact Workout • SilverSneakers® Eligible

Ages: 18Y and up • South Gym

This low impact workout will use little to no equipment and will use movement that is easy on the joints to improve strength, balance, and endurance! Bring your own light dumbbells if you have them... you can also bring food cans or other small items as an alternative. All exercises can be done with no weight at all! There is no registration fee for current SilverSneakers® members. Please use the South entrance and arrive on time. Doors will be locked once class begins. Please bring a full water bottle with you as our drinking fountains are disabled. *Instructor: Judy Hunter*

16213	Tue	10:15 AM-11:00 AM	Oct 6-Oct 27
		R \$14 NR \$18	

Chair Yoga with Bev

Ages: 18Y and up • Virtual Room WPRD



Begin this class with breathing centering exercises. Move through seated and standing yoga poses to increase balance, range of motion and flexibility. A chair is used to meet the needs of all fitness levels and concludes with a relaxing cool down. Dress comfortably. All are welcome (Silver Sneakers Eligible). (Please note: Zoom info will be emailed to you prior to class)

15990	Tue	12:00 PM-12:45 PM	Oct 6-Oct 27
15991	Thu	12:00 PM-12:45 PM	Oct 8-Oct 29
		R \$17 NR \$22	

CLICK ON PROGRAM NAME TO REGISTER

Strength and Stretch with Jeff

Ages: 18Y and up • Virtual Room WPRD



All you need is a sturdy chair and if you have access to light or medium dumbbells, cans of soup or any two household objects that are similar in weight and can hold safely, that works too! If not, no worries, you can perform movements without weights. In this class, you will learn and perform several upper and lower body movements to help build muscle tone and improve bone density. The class will also include stretching, proper breathing and exercise form...lots of fun! Exercises will be performed seated and standing! Class will be instructed by Jeff Fickell. Those who have current SilverSneakers memberships at the Griswold Center or Community Center can register online for free. If your membership is not current, but you are eligible, you can also register by emailing jeff.fickell@worthington.org and including your first and last name (as it appears on your insurance), date of birth, and 16-digit SilverSneakers ID # (if available). After you register, a link will be emailed to you prior to class. Class will be brought to you on Zoom through Worthington Parks and Recreation.

15987	Mon	12:00 PM-12:45 PM	Oct 5-Oct 26
15988	Wed	12:00 PM-12:45 PM	Oct 7-Oct 28
		R \$11 NR \$13	
15989	Fri	12:00 PM-12:45 PM	Oct 9-Oct 23
		R \$8 NR \$10	

Pickleball

Ages: 18Y & and up • South Gym

Pickleball is back this fall! Things may be a little different but one thing that has remained is the ever-growing, immensely popular sport of Pickleball! We are happy to be able to offer Pickleball indoors, however; due to Health Department guidelines, things may look a little different. There will be a limit of 18 players for 3 courts and registration will be required. No drop ins will be accepted. Masks must be worn at all times when not playing. Players are encouraged to bring their own equipment, including paddles and balls. Please do not share equipment. All players will enter through the south entrance and the doors will remained locked until the program start time. Doors will be locked again 15 minutes after the start time or once all players are checked in. Please bring a full water bottle with you as our drinking fountains are disabled.

16199	Mon	7:00 AM-9:00 AM	Oct 12-Oct 26
16202	Tue	5:30 PM-7:30 PM	Oct 13-Oct 27
16200	Wed	7:00 AM-9:00 AM	Oct 14-Oct 28
16201	Fri	7:00 AM-9:00 AM	Oct 16-Oct 30
		R \$9 NR \$12	

FALL REGISTRATION

PROGRAM REGISTRATION DATES

SEPTEMBER 28 | RESIDENTS / MEMBERS

SEPTEMBER 30 | OPEN REGISTRATION

REGISTRATION CAN BE DONE ONLINE STARTING AT MIDNIGHT, AND THERE IS NO CONVENIENCE FEE FOR ONLINE REGISTRATION.

VISIT WORTHINGTON.ORG AND CLICK ON RECREATION REGISTRATION TO SET UP OR UPDATE YOUR ACCOUNT. QUESTIONS? CALL 614-436-2743

ADULT *active*

Family Fitness in the Parking Lot

Ages: 10Y and up

Bring the family and get everyone moving! We will spend 1.5 hours exercising in the Community Center parking lot! We will be able to spread out and have plenty of room between households as we move through body weight exercises, dance fitness, and finish it off with a little yoga and stretching. A perfect way to have a little fun while exercising! Don't want to bring the kids? That is fine too... come with no kids and still have fun and get a great workout! Each segment will be led by one of your favorite Community Center Instructors (Ser, Courtney, Megan, and Sarah)!

Adults: \$8, Children (10yrs and up): \$4

16196 Sun 12:00 PM-1:30 PM Oct 11

Adults: \$8, Children (10yrs and up): \$4

Tai Chi

Ages: 12Y and up • Fitness Studio

Tai Chi is a Chinese internal martial art that is practiced using slow movements and focused breathing techniques. Tai Chi has been clinically shown to have many health benefits including improvements in memory and balance and reducing the risk of falls, as well as being fun and relaxing. In this six week workshop, you will learn the basic principles of Tai Chi and the first 4-6 movements of the Guang Ping Yang 64 form. Tai Chi is low impact and can be adapted to any level of fitness and ability. Beginners welcome and encouraged! *Instructor: Holly Tschakert*

Masks will be required when entering/entering the facility and at any time when not participating in the class or exercising. A minimum of 6' will be required amongst class participants and the floor is marked in a 6' grid to provide a visual guide for distancing.

16195 Mon 6:15 PM-7:45 PM Oct 12-Nov 16

R \$60 | NR \$78

ADULT *pottery*

Centered in Clay Saturday

Ages: 16Y and up • Pottery Studio

Along with safety procedures in place, the instructional focus will be your personal progress and individual goals for throwing on the potter's wheel, trimming and glazing, with tips, info, and demonstrations designed to help you build your skills. Classes will also include demonstrations on specific wheel-throwing topics chosen by those in the class. Basic Wheel-Throwing is the pre-requisite. Those registered will receive safety guidelines by email. *Instructor: Lynn Wheeler*

15948 Sat 9:30 AM-1:00 PM Oct 3-Oct 17

R \$74 | NR \$96

Tuesday Clay Day

Ages: 16Y and up • Pottery Studio

With safety as a priority, Tuesdays are great days to work in the world of wheel-thrown pottery with individualized instruction. Classes will include demonstrations on specific wheel-throwing, trimming and glazing topics chosen by those in the class. Basic Wheel-Throwing is the pre-requisite. Those registered will receive safety guidelines by email. Max. 8.

2 classes. *Instructor: Lynn Wheeler*

15952 Tue 4:30 PM-7:30 PM Oct 6 & Oct 20

R \$42 | NR \$55

Make it on Monday-Pottery Class

Ages: 16Y and up • Pottery Studio

With continued safety procedures in place, come work with clay on the potter's wheel with individualized instruction. Classes will include demonstrations on specific wheel-throwing, trimming and glazing topics chosen by those in the class. Basic Wheel-Throwing is the pre-requisite. Those registered will receive safety guidelines by email.

Instructor: Lynn Wheeler

15950 Mon 3:00 PM-6:00 PM Oct 5-Oct 19

R \$63 | NR \$82





ADULT pottery



Rent a Shelf

For those who have made clay pieces at home. Purchase firing space by the half-shelf when you need to fire your greenware or glazed bisqueware. Midrange clay only. Make an appointment with the instructor to bring in your pieces to be fired. This service is by permission only for current participants in Lynn Wheeler's classes, as well as for those who have been in her classes during the previous 12 months, and must be coordinated with her before purchasing kiln space. Contact Lynn for the details. Half-shelf bisque or glaze firing

15969	Mon	12:00 PM-1:00 PM	Oct 6-Oct 31
R & NR \$6			

End of the Day Clay - Wednesday

Ages: 16Y and up • Pottery Studio

With continued safety procedures in place, come work with clay on the potter's wheel with individualized instruction. Classes will include demonstrations on specific wheel-throwing, trimming and glazing topics chosen by those in the class. Basic Wheel-Throwing is the pre-requisite. Those registered will receive safety guidelines by email.

Instructor: Lynn Wheeler

15949	Wed	4:30 PM-7:30 PM	Oct 7-Oct 21
R \$63 NR \$82			

Extra Day in Clay

Ages: 16Y and up • Pottery Studio

We can always use just a little more time to practice and/or complete those projects in clay! So here it is. Basic

Wheel-Throwing is the pre-requisite.

15957	Thu	10:00 AM-1:00 PM	Oct 1
15968	Thu	10:00 AM-1:00 PM	Oct 15
R \$21 NR \$28			

Altered Shapes

Ages: 16Y and up • Pottery Studio

A circle is just the beginning and the possibilities are endless and so much fun! Learn how to make transformations to your round, wheel-thrown pots magically happen before your eyes using these techniques. Basic Wheel-Throwing is the pre-requisite. *Instructor: Lynn Wheeler*

15959	Tue	4:30 PM-7:30 PM	Oct 13
R \$27 NR \$35			

Set Your Sights on Sets - NEW!

Ages: 16Y and up • Pottery Studio

Making sets is a very effective way to improve your throwing skills, and end up with lovely, functional pieces that you or others will use for decades. You'll be impressed with how your skills take a few steps forward from giving this a try! Basic Wheel-Throwing is the pre-requisite. *Instructor: Lynn Wheeler*

15951	Thu	10:00 AM-1:00 PM	Oct 22
R \$27 NR \$35			

Pitchers

Ages: 16Y and up • Pottery Studio

Planning, proportion, purpose and pouring are just some of the factors we'll consider in making pitchers. Whether a delicate cream pitcher for an afternoon tea, an earthy, hot maple syrup pitcher for that pancake breakfast or a large sculpture pitcher, the pitcher form will let you express your style and improve some detailing skills. Basic Wheel-Throwing is the pre-requisite. *Instructor: Lynn Wheeler*

15961	Sat	9:30 AM-12:30 PM	Oct 24
R \$27 NR \$35			





ADULT *educational & wellness*



The Griswold Center staff and volunteers are pleased to offer the following Virtual Programming to anyone 18Y and up.

History Study Group

2020 November Elections

Professor Paul Beck will present “The 2020 November Elections”. Many consider the upcoming Presidential election of November 3rd, to be one of the most important in history. OSU Professor Paul Beck will share his perspectives on the various candidates, polling criteria, and the congressional races as well. Great preparation for this historic event.

16204	Mon	10:00 AM-11:30 AM	Oct 5
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Campaign Humor

Jeri Diehl-Cusak will present on “Campaign Humor.” Take a break from this year’s elections and revisit the political humor of the likes of Mark Twain, Will Rogers, Groucho Marx and Mark Russell. Even some candidates and elected officials have been known to make light of themselves, while sharing words of wisdom to help prove that, “There’s an ounce of truth in every bit of humor.”

16205	Mon	10:00 AM-11:30 AM	Oct 19
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The Cuban Missile Crisis

Bill Wright will present the second of his three part series on key events of the Kennedy administration. In this talk, Bill will cover events of the 13 day confrontation between the United States and the Soviet Union, initiated by Soviet ballistic missile deployments in Cuba. The confrontation is often considered the closest the world ever came to nuclear war.

16206	Mon	10:00 AM-11:30 AM	Oct 26
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no fee

Project Linus, Virtual

Join us as we chat about what projects we have been working on, what projects we are planning, or just visit and catch up with each other.

16208	Mon	1:30 PM-2:30 PM	Oct 5
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no fee

Wellness Series-Memory Loss

Join Loretta Sweeney from OSU Extension Senior Series as she will present on:

Memory Loss. Is it normal to be more forgetful as we age or it is Alzheimer’s disease? Is there anything we can do to prevent memory loss? Zoom info will be emailed to you prior to class. FREE!

15704	Wed	3:00 PM-4:00 PM	Oct 7
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no fee

Music Mini-Chat, Big Bands Era

Join Vaughan Music Studios for a virtual chat about Big Bands Era. How did it start, who were the most influential bands and why did it disappear? Get a general overview of the music of a few greats such as Glenn Miller, Benny Goodman, Count Bassie and others. You must register to attend. A Zoom link will be sent to you the morning of the class.

15984	Thu	2:00 PM-3:00 PM	Oct 8
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no fee

El Dopas, Parkinsons Support Group

Call Susan Hervey, at 614-372-5360, to register for this virtual support group.

	Mon	1:00 PM-2:30 PM	Oct 12
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no fee

Book Discussion

The October Griswold Book Discussion will feature Ninth Hour by Alice McDermott, historical fiction. You must register to participate. You will be sent a Zoom link to join the discussion the morning of the program.

15986	Tue	1:30 AM-3:00 AM	Oct 13
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no fee

Remember When

Remember when? Enjoy a break in your day and reminisce about the “good old days” in the fall. Share memories about harvest time, trick or treating, back to school days. Life has changed so much for us, especially lately. Let’s think back to what our life was like many years ago. You can just listen if you like or you can share your memories with the group. You must register to participate. You will have a Zoom link on your receipt and you will be emailed one the morning of the program.

16198	Thu	2:00 PM-3:00 PM	Oct 15
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no fee

Coffee with Colleen: Zoom



CITY OF WORTHINGTON PARKS & RECREATION

Nothing starts a day like a cup of coffee so grab your favorite morning beverage and join Griswold Center Manager, Colleen and fellow Griswold members to reconnect and catch up. This program will be conducted through the Zoom platform. Registration required and the Zoom link will be emailed before the program begins.

16207 Fri 9:00 AM-10:00 AM Oct 16
no fee

Pinterest Virtual Craft Club

Virtual Room WPRD

October brings us a Dahlia Book Page Wreath to craft. Once again, Africa Thomas from Wesley Communities will lead us in constructing this wreath. Supplies list will be available after registration and a link will be sent to you to register with Wesley Communities and they will provide the Zoom link. *Please note last day to register is October 13.

15703 Tue 3:00 PM-4:00 PM Oct 20
no fee

Armchair Travel, Patagonia

Linda Gabel will take us to Patagonia, a sparsely populated region at the southern end of South America. You will need to register for this virtual program. A link to join the Zoom platform will be sent to you the morning of the program.

15983 Wed 10:00 AM-11:00 AM Oct 21
no fee

Join Loretta Sweeney from OSU Extension Senior Series as she will present on:

When Good People Disagree. We will talk about appreciating our differences and working out disagreements respectfully. Zoom info will be emailed to you prior to class. FREE!

15705 Wed 3:00 PM-4:00 PM Oct 21
no fee

Seniors Against Scams

Gain a basic understanding of the types of scams targeting older adults and learn how to protect yourself from becoming a victim. This program is from the National Council on Aging. You must register to participate. A Zoom link will be on your receipt and will be sent to you the morning of the program.

16197 Thu 2:00 PM-3:00 PM Oct 22
no fee



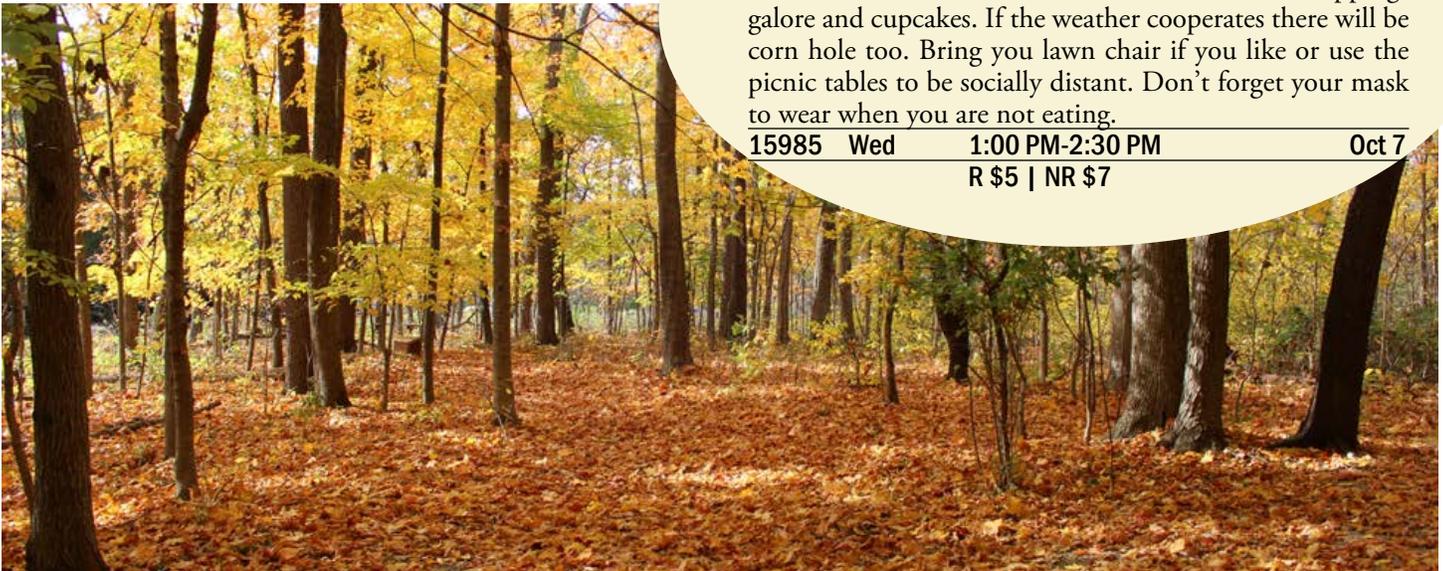
in person

Socially Distant Ice Cream Social

Selby Park Shelter House

Come one, come all, to the 1st ever, Griswold, Socially Distant Ice Cream Social! There will be ice cream, toppings galore and cupcakes. If the weather cooperates there will be corn hole too. Bring you lawn chair if you like or use the picnic tables to be socially distant. Don't forget your mask to wear when you are not eating.

15985 Wed 1:00 PM-2:30 PM Oct 7
R \$5 | NR \$7



FALL REGISTRATION

PROGRAM REGISTRATION DATES

SEPTEMBER 28 | RESIDENTS / MEMBERS

SEPTEMBER 30 | OPEN REGISTRATION

REGISTRATION CAN BE DONE ONLINE STARTING AT MIDNIGHT, AND THERE IS NO CONVENIENCE FEE FOR ONLINE REGISTRATION.

VISIT WORTHINGTON.ORG AND CLICK ON RECREATION REGISTRATION TO SET UP OR UPDATE YOUR ACCOUNT. QUESTIONS? CALL 614-436-2743

VISIT A WORTHINGTON PARK TODAY!

Worthington Parks Improvement Fund

The Worthington Parks Improvement Fund was created to preserve and enhance the city's sixteen neighborhood parks. This fund allows gift donations to be used for a variety of needs ranging from plants to park structures.

Citizens and friends of Worthington interested in donating are invited to read our informative donation brochure. For additional information please contact Celia Thornton at the Community Center at celia.thornton@worthington.org (614) 436-2743.

Village Green Signs

Non-profit community organizations with events in Worthington may apply for a permit to post a sign on the Village Green. Permits and more information are available on our website www.worthington.org and at the Community Center customer service desk.

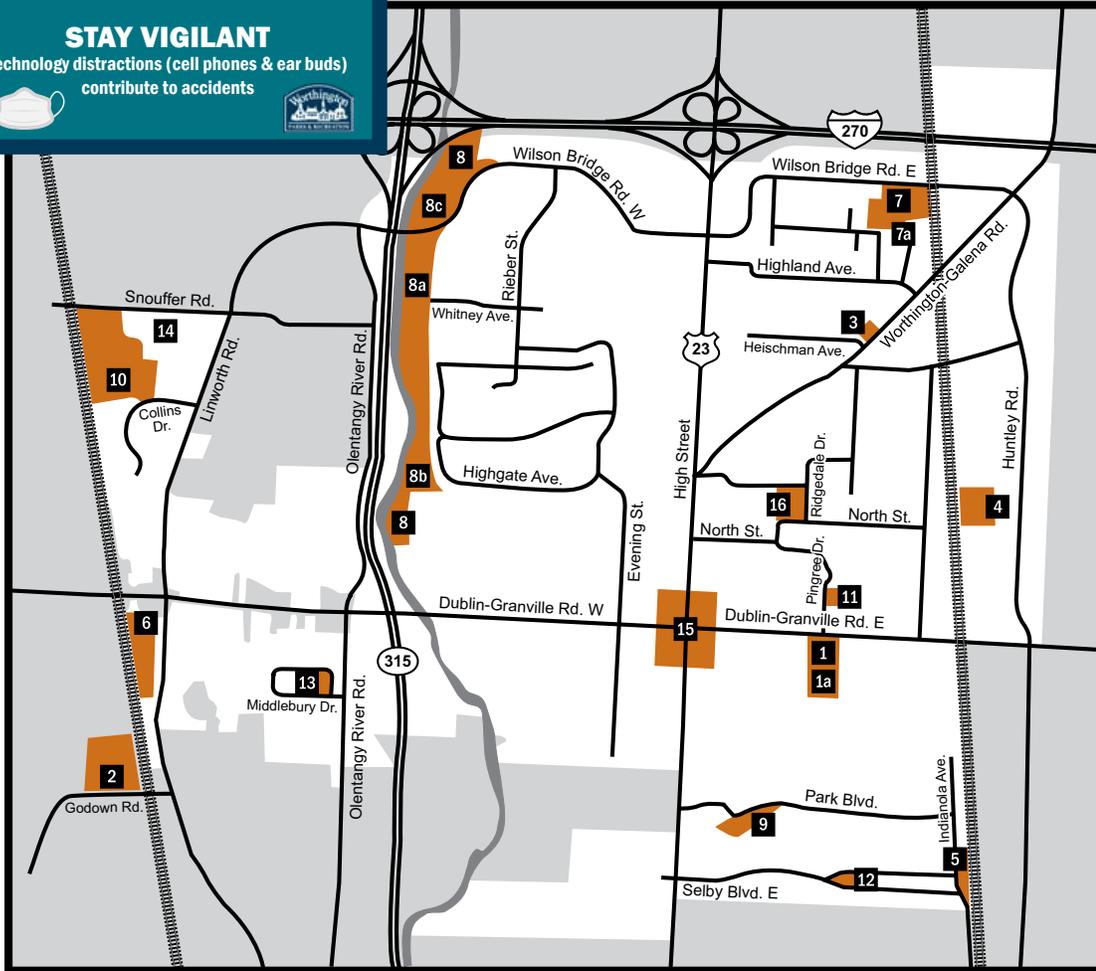
This is a free service.



KEEP YOUR DISTANCE
please keep 6 feet between trail users when possible

CARRY A MASK
for times when passing or crowding occur

STAY VIGILANT
technology distractions (cell phones & ear buds) contribute to accidents



Worthington Parks	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	Acres
	Basketball Court / Ball Diamond	Bike / Recreation Path	Drinking Fountain	Nature Area / Dog Park	Lacrosse Field	Picnic Tables / Shelter House	Playground	Soccer Field	Tennis Court	Sledding	Volleyball	Wildflowers					
East Granville Rd. Park: 245 E. Granville Rd. 1a: Moses Wright Nature Area	■				■	■	■	■			■						8
Godown Park: 6099 Godown Rd.			■	■													10
Heischman Park: 6755 Worthington-Galena Rd.				■		■	■				■						1
Huntley Bowl Park: 6199 Huntley Rd.						■	■	■	■								7
Indianola Park: 5500 Indianola Ave.		■	■			■	■	■	■	■	■	■					3
Linworth Park: 5971 Linworth Rd.	■	■	■	■		■	■	■	■	■	■	■	■				13
McCord Park: 333-345 East Wilson Bridge Rd. 7a: Community Center & All Children's Playground	■	■			■	■	■	■	■	■	■	■	■			■	30
Olentangy River Parklands: 600 W. Wilson Bridge Rd. 8a: Whitney Playground 8b: Highgate Playground 8c: Winding Adventure Skate Park			■	■	■	■	■	■	■	■	■	■	■	■	■	■	104
Park Boulevard Park: 125 Park Blvd.						■	■		■							■	7
Perry Park: 2300 Collins Dr.	■		■	■		■	■	■	■	■	■	■					21
Pingree Park: 374 Pingree Dr.		■	■	■		■	■	■	■		■						1
Selby Park: 358 Selby Blvd. South		■	■	■		■	■	■	■	■						■	2
Shaker Square Park: 888 Middlebury Ct.		■				■	■	■			■						1
Snouffer Road Park: 2341 Snouffer Rd.	■			■		■	■		■					■			10
Village Green: Corners of High St. & Dublin-Granville Rd.				■													3
Wilson Hill Park: 1025 Ridgedale Dr. East		■	■	■		■	■	■						■	■		3

Parks and Recreation Staff

Darren Hurley, Director

Community Center

Celia Thornton, Project Supervisor
Melissa Hindman, Marketing & Outreach Supervisor
Julie Sergent, Marketing & Outreach Coordinator
Nancy Haynes, Recreation Supervisor
Michael Burgdorfer, Recreation Supervisor
Jennifer Button, Customer Service Coordinator
Ryan Cooper, Recreation Supervisor—Fitness
Kevin Timmons, Recreation Supervisor—Aquatics
Randy Hannigan, Building Maintenance Technician

Griswold Center

Colleen Light, Center Manager
Julie Stoltz, Customer Service Coordinator
Mary Kay Scott, Recreation Supervisor—Senior
Jeff Fickell, Recreation Supervisor—Senior Fitness

Parks Division

Scott Brown, Parks Manager
Shawn Daugherty, Parks Supervisor
Kevin Potter, Crew Leader
Wade Lallathin, Parks Technician
Jamie Britt, Parks Technician
David Ebright, Parks Technician
Tyson Cline, Parks Technician

City of Worthington

Matt Greeson, City Manager
Robyn Stewart, Assistant City Manager

Worthington City Council

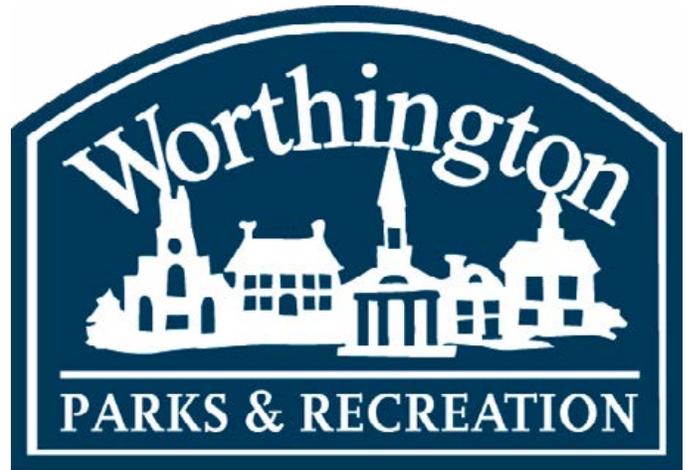
Bonnie Michael, President
Rachael Dorothy
Doug Foust
Beth Kowalczyk
Scott Myers
David Robinson
Doug Smith

Parks and Recreation Commission

Rob Wendling (Chair)
Rachel DeNoewer (Vice Chair)
Dan Armitage
Laura Ball
Dave Kessler
Michele Miller

Meetings are held the third Tuesday of each month virtually at **6:00 PM**. Click here for meeting details.

Scheduled Fall meeting dates are:
October 20 & November 19



The Parks and Recreation Department manages the programs and facilities located at both the Community Center and Griswold Center, as well as more than 200 acres of parkland in the City of Worthington.

MISSION

To create community through exceptional parks, programs, facilities, and events

VISION

WORTHINGTON PARKS & RECREATION WILL...

- Provide safe, family-friendly environments**
- Provide exceptional maintenance and cleanliness**
- Lead in community health and wellness**
- Provide innovative parks and recreation**
- Be positive people providing fun interactions**
- Strive for sustainable practices**

Visit our website
www.worthington.org

online registration
<https://apm.activecommunities.com/worthington>

