



# Spring 2020 Activity Brochure

GRISWOLD CENTER

**Registration begins Wednesday, March 25  
for April • May • June Programs**



Kentucky Derby 2019

## *Did you know...*

### COMMUNITY CENTER

The Community Center is a participating Silver Sneakers location and has over 2,780 SilverSneaker members.

### GRISWOLD CENTER

This year 56 handmade blankets have been donated to Project Linus and distributed to children in hospitals, shelters and social service agencies.

### PARKS

Stay up to date on the McCord Park renovations at [worthington.org/McCord](http://worthington.org/McCord)



[worthington.org](http://worthington.org)





### Programs

AARP Smart Driver's Course . . . . .	13	Restorative Yoga . . . . .	11
Adventures in Writing . . . . .	4-5	Softball League . . . . .	12
Aging Mastery Program . . . . .	24	Speaking French . . . . .	4-5
Armchair Travel . . . . .	13	Strength & Core Workout . . . . .	9
Balance & Flex. . . . .	9	Strength Class . . . . .	8
Beginning Genealogy . . . . .	24	Table Tennis . . . . .	4-5
Bipartisan Group . . . . .	4-5	Tai Chi Advanced . . . . .	10
Book Discussion . . . . .	4-5	Tai Chi Beginners . . . . .	10
Book Folding . . . . .	15	Tech Help with Teens . . . . .	14
Bridge . . . . .	4-5	UFO (Unfinished Objects) Class . . . . .	13
Cardio Line Dancing . . . . .	4-5	Walking Group . . . . .	4-5
Circuit Training . . . . .	9	Watercolor Sunset Workshop . . . . .	15
Chair Volleyball . . . . .	4-5		
Chair Yoga . . . . .	11		
Competitive Golf League . . . . .	12		
Conversational Spanish . . . . .	4-5		
Current Events . . . . .	4-5		
Delay the Disease . . . . .	9		
Double Deck Pinochle . . . . .	4-5		
Duplicate Bridge . . . . .	4-5		
Euchre . . . . .	23		
Feldenkrais Method . . . . .	9		
Fearless Falling . . . . .	10		
Fearless Falling: Self Defense Tai Chi . . . . .	10		
Fun & Fitness . . . . .	4-5		
Game Night . . . . .	4-5		
German Club . . . . .	4-5		
Golfers Spring Tune Up . . . . .	12		
Great Decisions . . . . .	24		
Griswold Social Golf League . . . . .	12		
Hatha Yoga . . . . .	11		
History Group . . . . .	4-5		
Intermediate Tap . . . . .			
Jazzy Tap w/ NY Flair . . . . .	10		
Kemper Cognitive Assessments . . . . .	14		
Knit Wits & Crochet Hooks . . . . .	4-5		
Line Dancing . . . . .	4-5		
Mah-Jongg: National . . . . .	4-5		
Massage Appointments . . . . .	11		
Pinterest . . . . .	15		
Play Reading Group . . . . .	4		
Project Linus . . . . .	15		
Senior Sewing Club . . . . .	15		
Scrabble . . . . .	4-5		
Senior Sewing Club . . . . .	15		

### Trips & Events

Acorn Adventures . . . . .	16
Adena Mansion . . . . .	20
Art on the Canal . . . . .	19
Bexley Women's Club House . . . . .	19
Cleveland History Center . . . . .	19
Clintonville Mothersingers . . . . .	23
Community Center Events . . . . .	25
Der Dutchman/Yutzy's . . . . .	19
Dinner with Friends . . . . .	16
Explore Downtown Columbus . . . . .	19
Friday @ 4 . . . . .	24
Groovy Plants Ranch and Fun . . . . .	19
Historic Bus Tours . . . . .	17
Kent State Textile Museum . . . . .	18
Kingwood Center Gardens . . . . .	18
Learn & Grow Series . . . . .	24
L'Elisir D'amore . . . . .	20
Miss Saigon . . . . .	19
Mozart & The masters . . . . .	18
Motorcycling thru Thailand and Laos . . . . .	23
Mystery Lunch . . . . .	16
New Albany Symphoney Orchestra . . . . .	18
Picasso on Paper . . . . .	20
ProMusica Rehearsal . . . . .	18
Road Runner Rascals . . . . .	18
Shopping . . . . .	20
Spring at Lancaster . . . . .	18
Straders Garden Center . . . . .	19
Worthington Garden Club . . . . .	23

Worthington Garden Plant Sale . . . . .	23
The Look & Life in the 1920's . . . . .	23

### Support Groups . . . . . 22

### Overnight Travel - Back Cover

### Information Pages

Fitness Room Information . . . . .	8
General Information . . . . .	26
Hearing Screenings . . . . .	22
Membership Information . . . . .	4-5
Registration Information . . . . .	3
Renew Active . . . . .	6
Rental Information . . . . .	21
Silversneakers . . . . .	6,7
Transportation Policy . . . . .	16

### Mission Statement

To create community through exceptional parks, programs, facilities, and events.

### Vision

Worthington Parks & Recreation will: Provide safe, family friendly environments.

- Be a leader in customer service.
- Provide exceptional maintenance and cleanliness.
- Lead in community health and wellness.
- Provide innovative parks and recreation.
- Be positive people providing fun interactions.
- Strive for sustainable practices.

The Griswold Center is a Parks and Recreation facility dedicated to providing quality programs and services to adults 55 years of age and older. We invite you to visit the Griswold Center and take a tour.



## SPRING REGISTRATION NOW REGISTER QUARTERLY!

### PLAN AHEAD AND PAY LATER:

Programs or trips that fall later in the quarter may have a payment plan option. Upon registration, you can choose to opt in to the payment plan associated with that program. Programs listed in the brochure will indicate if they are eligible for a payment plan by showing this symbol: ✓  
Payment plan due dates will be shown on your receipt at the time of registration.

### USE ONE FORM ALL QUARTER!

If the program has a 5 digit number next to it, then you need to pre-register for it.

All programs will open for registration on the following dates:

### Wednesday, March 25

**ALL Griswold Members**  
(Both Resident and Non Resident)

**&  
Worthington Residents**

### Friday, March 27

**Open Registration**

\*Registration begins promptly at 9 a.m. in person and online

### Held Registrations

Registration forms can be mailed in or dropped off, with payment, prior to registration and held until the day you are eligible to register. Held registrations will be processed in the order they are received at 4 p.m.

### CANCELLED ACTIVITIES

If we cancel an activity that you are registered for, you will be notified by phone and you will receive a full refund to your credit card (if you paid with a credit card) or you will receive a credit on your WPRD account.

### REFUND POLICY (UPDATED 1/1/20)

Refund requests received prior to the payment plan due date will be honored as requested. Any refunds requested after the corresponding due date will be approved as long as we receive at least 24 hours notice before the program begins AND your spot has been filled from the wait list.

### THE GRISWOLD CENTER

#### OFFICE HOURS:

Monday – Friday: .....8:00 AM–5:00 PM

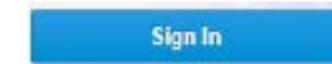
#### HOLIDAY HOURS

**Monday, May 25 (Memorial Day): CLOSED**

## ONLINE REGISTRATION VISIT US AT WWW.WORTHINGTON.ORG



Recreation Registration



Click on *Sign in* located in the middle of the page

Already have an account?

Login

Your e-mail address

Password

Forgot your login name?

Forgot your password?

Login

Don't have an Account?

Create New Account

Are you a current customer of the Worthington Parks and Recreation Department, but you have never registered online before?

No problem, just click on Forgot Password and an e-mail will be sent to you to begin the online registration process.

New customers please Click on Create New Account and complete all the required information.

### BROCHURE INFORMATION

The brochure will be available at the Griswold Center, online and will be delivered to the following locations:

**Stafford Village**

**The Residences**

**Melbourne Village**

**Worthington Community Center**

You may request to have a brochure mailed to you by calling us at 614-842-6320. We do not have a mailing list.



Annual Memberships are valid for one year from date of purchase and includes the classes listed below. Members receive priority registration to all other Griswold activities, class and trips.

	Resident	Non-Resident
Age 55 and over	\$12	\$18
Age 54 and younger	\$20	\$25

SilverSneakers Members Only				
Monday	Tuesday	Wednesday	Thursday	Friday
8:30a -9:30a Walking Group		8:30a-9:30a Walking Group		8:30a-9a SilverSneakers BOOM Move (Town Hall)
9:15a-9:50a Fun and Fitness (Town Hall)	9:15a-10a SilverSneakers Circuit (Town Hall)	9:15a-9:50a Fun and Fitness (Town Hall)		9:00a-9:30a SilverSneakers BOOM Mind (Town Hall)
9:30a-12p Mah-Jongg: National (Tuller)				9:30a-10a SilverSneakers BOOM Muscle (Town Hall)
10a-11:30a History Group (Thompson)	10a-12p Current Events (Thompson)	10a-12p Knit Wits & Crochet Hooks (Tuller)	10a -12p Play Reading (Case)	10a-12p Bipartisan Discussion Group (Thompson)
	10:15a-11a SilverSneakers Classic (Town Hall)	10:15a-11a Line Dancing (Town Hall)	10:15a-11a SilverSneakers Classic (Town Hall)	
10:30a-12:30p German Club (Case)	12:15p-1p SilverSneakers Yoga (Topping)	11a-11:45a Line Dancing (Town Hall)	11:15a - 12p Cardio Line Dance (Town Hall)	
1p-1:30p SilverSneakers BOOM Move It (Town Hall)	1p-3p Adventures in Writing (Case)	12:30p-3:30p Bridge (Thompson)	12:15p-1p Line Dance for Beginners (Town Hall)	
1:30p-2p SilverSneakers BOOM Muscle (Town Hall)	1:30p-3p Book Discussion 2nd Tuesday (Tuller)		12:15p-4p Duplicate Bridge (Thompson)	1p-2p Spanish (Case)
2p-2:30p SilverSneakers BOOM Mind (Town Hall)	1:30p-3:45p French (Thompson)		12:15p-4:15p DD Pinochle (Topping)	1p-3p Scrabble (Topping)
	2:30p-5p Table Tennis (Town Hall)		1:15p-3p Chair Volleyball (Town Hall)	
	6p-8p Game Night (Thompson, Topping, Case)	3:30p-4:15p SilverSneakers Classic (Town Hall)	3:15p-5p Table Tennis (Town Hall)	3p-5p Table Tennis (Town Hall)



## Adventures in Writing

We write, we share and we listen. Bring pen and paper then be warmed by a totally accepting environment and lots of wonderful people.

## Bipartisan Group

An open discussion group on current issues.

## Book Discussion

Meet with this group to discuss plot, characters and authors. Share your viewpoints, discover a variety of books, and recommend your favorites. Quarterly schedules can be picked up at the Griswold Center or viewed online. 2nd Tuesday each month.

## Bridge

Let's play Bridge! Bring a partner or come on your own. New players with an intermediate understanding of Bridge are welcome!

## Cardio Line Dancing

Dance Dance Dance! Learn the latest line dances of the 50-60-70's.....and beyond. Having a fun time while increasing your flexibility, coordination and endurance!

## Chair Volleyball

Come have a great time while getting healthier! Even from a chair, this game helps develop good hand-eye coordination, develops upper body strength and most importantly is a fun, stress-reducing activity.

## Current Events

We'll explore how past notable people and events of the past influence the present and future. Members can choose topics to be discussed.

## Double Deck Pinochle

This exciting card game combines all the fun of Euchre, Bridge, Hearts, Spades and even the children's game, War. In other words, it is a trick-taking game. New players welcome.

## Duplicate Bridge

Duplicate or tournament bridge is also known as comparison bridge. The serious play never overshadows the atmosphere of friendship and sociability. It is best to arrive at the game with a partner. Singles are welcome but cannot be guaranteed a partner.

## French

Maintain your conversational skills with those fluent in French.

## Fun and Fitness

An ongoing drop-in program. Includes sitting and standing exercises done to music.

## Game Night

Let's play some games! Have a favorite? Bring it with you and share in fun with friends! Bridge and Euchre included.

## German Club

Join the German Club for discussion of German events, reading and translating of text, along with German conversation.

## History Group: The Civil War, US Presidents & More

This led discussion group will focus on different weekly topics including The Civil War, US Presidents and more.

Quarterly schedules can be picked up at the Griswold Center.

## Knit Wits & Crochet Hooks

All are invited to join the Knit Wits & Crochet Hooks group, who enjoy knitting, sharing stories, laughing and having fun! Come together to share patterns and skills of both knitting and crocheting while making gifts for family and friends. The Knit-Wits have sent over 100 children's sweaters to World Vision and continue to work on prayer shawls for local churches. If you would like to learn the art of knitting, we'll do our best to help you.

## Line Dance for Beginners

Line dancing can be intimidating if you have never tried it. Learn the fundamentals and very basic steps in this class and feel confident dancing with the intermediate and advanced classes.

## Line Dancing

Join the line dance classes and do the latest steps. You don't need a partner. 10:15 a.m. - Easy 11:00 a.m. - Intermediate

## Mah-Jongg: National

Now playing National Rules and looking for new players! Join us in the fascinating and challenging game popular in the U.S. since the 1920s.

## Play Reading Group

For anyone who loves literature and good writing. Come and join our play reading group. There will be something for everyone, comedy, drama, romance and mystery! We will read scripts from many different styles, then discuss the themes and characters.

## Scrabble

Join us for a fun afternoon of Scrabble! We play 2 or 3 games, depending on how the games go. Anyone interested in playing is welcome. Boards and dictionaries are provided.

## Spanish

Brush up on your Spanish conversational skills in this new program.

## Table Tennis

Have a good time playing while exercising all two thousand body parts. Play singles or doubles with men and women of all skill levels. Paddles and balls are provided or bring your own.

## Walking Group

Stride at your own pace at area parks or malls. Meet new friends while experiencing a low impact and healthy exercise. For more details pick up a walking schedule at the front desk.



## About SilverSneakers®

Tivity SilverSneakers® Fitness program is the nation's leading fitness program designed exclusively for older adults. This comprehensive program addresses the physical, mental and social needs of Medicare-eligible members (usually 65-plus). Adults over age 65 who adopt a physically active lifestyle can substantially improve their health to get more out of life. PRIME is available to adults ages 18-64 whose health insurance includes this program as a wellness benefit.

For SilverSneakers® participants this also includes the opportunity to participate in the signature SilverSneakers® group exercise classes. Both programs offered at both the Community Center and Griswold Center are listed below. For PRIME participants this includes the opportunity to participate in the SilverSneakers® BOOM classes.



## Renew Active®

Renew Active is a fitness program for body and mind designed to help people live their best lives and achieve their health and wellness goals. Through Renew Active, people age 65 and older can take advantage of an in-person fitness orientation to help them get started toward reaching their goals as well as all of the benefits of a standard membership. Renew Active is available at no additional cost to people enrolled in eligible UnitedHealthcare Medicare Advantage plans.

## Memberships

Tivity SilverSneakers®, PRIME and REnew Active® members receive a no-cost Community Center and/or Griswold Center membership, which includes all member benefits. Eligibility for these insurance-based programs can be confirmed at the Community or Griswold Center customer service desks.

## SilverSneakers BOOM™

BOOM is a revolutionary new fitness series designed for Baby Boomers and active older adults which includes Move, Muscle, and Mind. Whether you are just beginning your fitness journey or looking to take your fitness to the next level, BOOM is right for you. All classes are done without the aid of a chair.



### SilverSneakers BOOM™ MOVE

This fun, dance-inspired workout improves your cardio fitness with easy-to-follow moves set to energizing music.

#### Griswold Center

Mon	1:00 PM-1:30 PM	Ongoing
No Fee**	Instructor: Sandy Hull	Max. 30
Fri	8:30 AM-9:00 AM	Ongoing
No Fee**	Instructor: Sandy Hull	Max. 30

#### Community Center

Tues	10:30 AM-11:00 AM	Ongoing
No Fee**	Instructor: Judy Hunter	Max. 25
Thu	2:00 PM-2:30 PM	Ongoing
No Fee**	Instructor: Bev Tabb	Max. 30



### SilverSneakers BOOM™ MUSCLE

This class incorporates athletic exercises that boost your overall fitness. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill.

#### Griswold Center

Mon	1:30 PM-2:00 PM	Ongoing
No Fee**	Instructor: Sandy Hull	Max. 30
Fri	9:00 AM-9:30 AM	Ongoing
No Fee**	Instructor: Sandy Hull	Max. 30

#### Community Center

Tues	11:00 AM-11:30 AM	Ongoing
No Fee**	Instructor: Judy Hunter	Max. 25
Thu	2:30 PM-3:00 PM	Ongoing
No Fee**	Instructor: Bev Tabb	Max. 25



### SilverSneakers BOOM™ MIND

The best from yoga and Pilates are combined into one fusion class designed to relax your body and mind. The focus is on core muscles, lower-body strength and balance.

#### Griswold Center

Mon	2:00 PM-2:30 PM	Ongoing
No Fee**	Instructor: Sandy Hull	Max. 30
Fri	9:30 AM-10:00 AM	Ongoing
No Fee**	Instructor: Sandy Hull	Max. 30



## SilverSneakers® Classic

Increase muscle strength and range of movement, and improve activities for daily living. You'll have a chair for seated exercises and standing support. Your instructor can modify the exercises for your fitness level.

#### Community Center

Mon	10:30 AM-11:30 AM	Ongoing
No Fee*	Instructor: Judy Hunter	Max. 30
Fri	9:00 AM-10:00 AM	Ongoing
No Fee*	Instructor: Richard Johnson	Max. 30

#### Griswold Center

Tue	10:15 AM-11:00 AM	Ongoing
No Fee*	Instructor: Stacy Connelly	Max. 30
Wed	3:30 PM-4:30 PM	Ongoing
No Fee*	Instructor: Sandy Hull	Max. 30
Thu	10:15 AM-11:00 AM	Ongoing
No Fee*	Instructor: Mary Ervin	Max. 30



## SilverSneakers® Circuit

Experience standing, low-impact choreography alternated with standing upper-body strength work. This class is suitable for nearly every fitness level, and your instructor can adapt the exercises depending on your skill.

#### Griswold Center

Tue	9:15 AM-10:00 AM	Ongoing
No Fee*	Instructor: Stacy Connelly	Max. 30



## SilverSneakers® Yoga

SilverSneakers® Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

#### Community Center

Mon	12:15 PM-1:00 PM	Ongoing
No Fee*	Instructor: Judy Hunter	Max. 25
Thu	12:15 PM-1:00 PM	Ongoing
No Fee*	Instructor: Bev Tabb	Max. 25

#### Griswold Center

Tue	12:15 PM-1:00 PM	Ongoing
No Fee*	Instructor: Bev Tabb	Max. 15



## SilverSneakers® Splash

### Lap Pool

In this fun, shallow-water exercise class you'll use a signature splash-board to increase strength and endurance. Splash is suitable for all skill levels and is safe for non-swimmers.

#### Community Center

Mon, Wed, Fri	10:00 AM-10:45 AM	Ongoing
No Fee*		Max. 16



## SilverSneakers EnerChi

SilverSneakers EnerChi will incorporate tai chi and qigong principles to improve physical and mental well-being. SilverSneakers EnerChi introduces modified tai chi forms. Linking forms together in a guided flow increases strength and vitality. Participants will learn the foundations of weight transfer and rhythmic movement along with awareness and focused breathing.

#### Community Center

Fri	1:00 PM-2:00 PM	Ongoing
No Fee*	Instructor: Bev Tabb	Max. 30

\* Circuit, Classic, Yoga & Splash programs are offered only to members 65 and up with SilverSneakers®.

\*\*BOOM programs are offered to PRIME & Silversneakers® members ages 50 and up.

Visit [www.TivityHealth.com](http://www.TivityHealth.com) for more information regarding the Tivity SilverSneakers® Fitness program.



### Fitness Room Hours

Monday–Thursday	8:00AM–NOON
Monday–Thursday	4:30PM–6:30PM
Friday	8:00AM–2:00PM
Saturday	8:00AM–11:00AM

### Fitness Room Rates

	Resident	Non-Resident
20 Visit Punch Card	\$40	\$52
SilverSneakers® and PRIME® members as well as Silver & Fit® and Active & Fit® receive free, unlimited use of the Griswold Fitness Room.		

### Fitness Room Dual Membership

If you are a member of both the Worthington Community Center and Griswold Center, you can work out at either facility during open hours. The Griswold Fitness Room punch card is no longer necessary to purchase in addition to your Griswold Center Membership, as long as you are a member of both facilities. For those that choose to continue to purchase their punch cards, that option will remain the same. Stop by the Customer Service Desk at either location for further information.



**Griswold Center Staff Member, Sandy Hull**

### Fitness Assessment & Program Design

This program consists of two 1 hour sessions designed for those who might be a first time exerciser or for those who might need a jump start or change in their current workout. The first session will go over exercise history, goal setting, and exercise testing. The second session will include a walkthrough of a personalized program based on your first session results. Schedule an appointment with Jeff Fickell.

	Resident	Non-Resident
Fitness Assessment & Program Design	\$45	\$59

### Personal Training

One-on-one assistance will help you with your fitness goals and wellness needs. Correct techniques and postures for exercises will be demonstrated and explained, as well as an evaluation of your current exercise routine. Schedule an appointment with Jeff Fickell.

	Resident	Non-Resident
30 Minute Session	\$14	\$18
1 Hour Session	\$24	\$31
3 (1 hour) Sessions	\$65	\$85

### Strength Class- PUNCH CARD CLASS

Town Hall

The convenient strength class punch card consists of your choice of a 10 punch or 15 punch card. Punch cards are good for a lifetime and when you run out of punches, simply renew for another punch card at the front desk. Use light, medium and heavy dumbbells to build muscle, increase strength and bone density, improve muscle and skin tone and improve self-confidence. The class includes stretching, proper breathing technique and lifting form... lots of fun. Instructor: Jeff Fickell on Mondays and Sandy Hull on Fridays. No class May 25.

Mon, Fri 10:15 AM-11:00 AM

10- Punch Card	Resident: \$26.00 Non-Resident: \$ 34.00
15- Punch Card	Resident: \$39.00 Non Resident: \$51.00



**Friday Class Added!**

### Delay the Disease

Town Hall

Delay the Disease(TM) is an evidenced-based fitness program designed to empower people with Parkinson's Disease (PD) by optimizing their physical function and helping to delay the progression of symptoms. Created by co-founders David Zid, BA, ACE, APG and Jackie Russell, RN, BSN, CNOR. Delay the Disease(TM) is the #1 PD exercise program and the foundation for this interactive class, geared specifically to counteract the situational movement challenges experienced by people living with PD. The class uses a specialized fitness agenda to treat specific symptoms of PD. You will have more confidence, be inspired and motivated to: Maintain independence, Decrease fall risk, Reduce rigidity, Minimize fatigue, Return arm swing and Improve gait and mobility.

14673 Fri 1:30 PM-2:15 PM Apr 3-May 8

Resident: \$25.00. Non-resident: \$33.00

14671 Tues 11:15 AM-12:00 PM Apr 7-May 12

Resident: \$25.00. Non-resident: \$33.00

14674 Fri 1:30 PM-2:15 PM May 15-Jun 26 ✓

Resident: \$29.00. Non-resident: \$38.00

14672 Tues 11:15 AM-12:00 PM May 19-Jun 30 ✓

Resident: \$29.00. Non-resident: \$38.00

### Feldenkrais Method

Topping Room

Feldenkrais lessons may be done standing, sitting or lying down. They explore basic movements in great detail, in a gentle manner that evokes in adults the quick, spontaneous learning of young children. This 'reprograms' the brain for better posture and self-image, greater ease and pleasure in movement, and fuller relaxation in rest. Chronic tension, pain, anxiety, disability, and effects of aging are not confronted directly, but are simply left behind in a natural process of learning and improvement. Students are often surprised to find that the smallest and most gentle work produces the most profound changes. This method was developed by the late Israeli physicist Moshe Feldenkrais. Teachers and teacher trainings are certified by the Feldenkrais Guild. Please wear loose, comfortable clothing.

14676 Tues 11:00 AM-11:45 AM Apr 7-May 19

Resident: \$65.00. Non-resident: \$85.00

### Balance & Flex

Town Hall

The focus of this class is on joint flexibility, muscle strengthening, and balance techniques to decrease the risk of falling. We will help you become more aware of your posture and give you the ability to walk more freely and with greater confidence.

14666 Fri 11:15 AM-11:45 AM Apr 3-Jun 26

Resident: \$23.00. Non-resident: \$30.00

### Circuit Training

Pinney Fitness Room

Circuit training is an excellent way to simultaneously improve mobility, strength and stamina in a short period of time. Under the direction of an instructor, choose stations that alternate between different strength exercises. The exercises are separated by brief, timed rest intervals, and each circuit is separated by a longer rest period. Don't miss the first session, as we will go over each exercise in detail, learning proper posture and technique as well as equipment adjustments. Great for any fitness level!

14670 Tues 12:15 PM-1:00 PM Apr 7-Jun 9

Resident: \$38.00. Non-resident: \$49.00

### Strength and Core Workout

Topping Room

This class will focus on a variety of upper and lower body strength exercises using strength tubing which adds variety to your workout. But just as important, this class will also focus on several fun exercises to strengthen and build up your core muscles. Many people think the core consists only of the abdominals, but the core also includes your pelvic muscles, mid and lower back muscles, and even your hip muscles. All of these muscles work together to support your spine and skull. There are many benefits to building up the core such as alleviating back pain, improving posture, better athletic performance, improved balance and safer everyday movement. All fitness levels welcomed.

14688 Fri 9:15 AM-10:00 AM Apr 3-Jun 19

Resident: \$39.00. Non-resident: \$51.00



### Fearless Falling

Town Hall  
The fear of falling is one of our strongest phobias, and injuries from accidental falls have become epidemic, but little has been done to help people actually learn HOW to fall. In these classes, based on Tai-Chi, you will also learn how to move smoothly, avoid falls, and improve balance, coordination and awareness. There are basic movements you can learn at any age that will greatly reduce your chance of serious injury from a fall. By actually practicing these movements on thick, soft, mats you will safely and comfortably learn the basic motor skills of curling up, sitting down, and rolling back. Turn your fear into fun! No class May 25.

**14721 Mon 3:00 PM-4:00 PM Apr 6-Jun 1**  
Resident: \$40.00. Non-resident: \$52.00

### Fearless Falling: Self Defense Tai Chi

Town Hall  
Based on the principles and movements of Tai Chi Chuan, this course teaches both the mental and physical aspects of self-defense and protection. You do not have to become a martial arts expert to defend yourself. The average criminal is looking for an easy target, not a fair fight, and even a little awareness and resistance can discourage him. Tai Chi Kung Fu methods combine deception and whole-body power for very effective counter-attacks but the emphasis is always on self-protection. You will learn how to protect yourself effectively from blows and falls, but also how to move with more power, poise, and confidence. Black-belt instructor, Mike Grigsby, has been teaching kungfu and falling skills for over twenty-five years. No class May 25.

**14675 Mon 4:00 PM-5:00 PM Apr 6-Jun 1**  
Resident: \$40.00. Non-resident: \$52.00

### Intermediate Tap

Town Hall  
A great aerobic activity using different muscles and learning tap combos. Participants should know the basic tap steps for this class. Tap shoes required.

**14667 Tue 1:30 PM-2:15 PM Apr 14-Jun 30**  
Resident: \$35.00. Non-resident: \$46.00

### Jazzy Tap with NY Flair!

Town Hall  
A class of Jazz combined with tap for the more advanced tapper ready to learn more. Exercise while having fun! Tap shoes required.

**14683 Tue 12:15 PM-1:30 PM Apr 14-Jun 30**  
Resident: \$42.00. Non-resident: \$55.00

### Tai Chi Beginners

Town Hall  
Tai Chi is a group exercise program designed to provide people with a 'joint friendly' exercise alternative. The program uses Sun-style Tai Chi, which includes gentle movements and relaxed breathing. Participants learn 12 basic movements plus special warm-up, cool-down, and breathing exercises. With its emphasis on slow, flowing movements, Tai Chi can lead to improved balance and increased flexibility.

**14690 Thurs 9:00 AM-10:00 AM Apr 30-Jun 18**  
Resident: \$32.00. Non-resident: \$42.00

### Tai Chi Advanced

Town Hall  
Know the basic 12 moves of Tai Chi Beginners and ready to learn more? Deepen your knowledge of this style of tai chi, known for its smooth, flowing movements. Its gentle poses and high stances make it ideal to improve balance, posture, and flexibility. Other styles of tai chi to be introduced, time permitting. Talk to the instructor before signing up for this class. No class May 25.

**14689 Mon 11:15 AM-12:15 PM May 4-Jun 22**  
Resident: \$28.00. Non-resident: \$36.00



### Chair Yoga

Topping Room  
Join us for a healing and informative class. Ease (or eliminate) aches, pain and stiffness, with gentle movement. Experience more confidence as mobility and balance improve. Relieve stress through breath work. Dress comfortably. All are welcome. (Please note: this is not a Silver Sneakers Chair Yoga Class). Instructor: Janet Shumaker. No class May 25

**14668 Mon 12:00 PM-12:45 PM Apr 6-May 11**  
Resident: \$30.00. Non-resident: \$39.00  
**14669 Mon 12:00 PM-12:45 PM May 18-Jun 29** ✓  
Resident: \$30.00. Non-resident: \$39.00

### Restorative Yoga

Town Hall  
Restorative yoga is intended to take the mindfulness that is found in all disciplines of yoga to the next level. It's still and slow, and it's as much (or more) about the mind as it is the body. It is a slow moving class mostly done on the mat utilizing lots of props (blocks, bolsters and blankets). It is about consciously allowing the body to conserve and rebuild energy in a mindful way, using gravity in a pose as a means of opening up the body in a gentle way. Please bring a mat and a couple of towels or smaller blankets and any other blocks or straps you may have.

**14686 Tues 6:30 PM-7:45 PM Apr 7-May 12**  
Resident: \$42.00. Non-resident: \$55.00  
**14687 Tues 6:30 PM-7:45 PM May 19-Jun 30** ✓  
Resident: \$49.00. Non-resident: \$64.00

### Hatha Yoga

Topping Room  
This gentle class is good for beginners. You will relax and stretch and breathe. Bring a blanket and/or yoga mat and dress comfortably. No class May 1 and May 29.

**14682 Fri 10:30 AM-11:30 AM Apr 3-Jun 19**  
Resident: \$86.00. Non-resident: \$112.00

### Hatha Yoga

Town Hall  
This is a program of gentle stretches and relaxation techniques designed to increase flexibility and strength, as well as reduce stress and tension. Dress comfortably, listen to your body and respect your own limits. Some AcuYoga, acupuncture points, and reflexology may be incorporated. You should be comfortable standing up from a seated floor position. All levels and ages welcome. Pre-registration recommended. Drop-ins welcome, \$12 drop-in fee.

**14678 Sat 8:30 AM-9:45 AM Apr 4-May 9**  
Resident: \$38.00. Non-resident: \$49.00  
**14679 Sat 10:00 AM-11:15 AM Apr 4-May 9**  
Resident: \$38.00. Non-resident: \$49.00  
**14680 Sat 8:30 AM-9:45 AM May 16-Jun 27** ✓  
Resident: \$44.00. Non-resident: \$57.00  
**14681 Sat 10:00 AM-11:15 AM May 16-Jun 27** ✓  
Resident: \$44.00. Non-resident: \$57.00



✓ payment plan available

## Massage Appointments

### Thompson Room

Massage improves circulation and muscle tone, as well as soothes muscles. Appointments are taken between 12:30 p.m. and 5 p.m.. Cost: \$30 for 25 minutes and \$53 for 50 minute appointments (Includes Tax). Our licensed massage therapist is Linda Fontana. Make checks payable to the massage therapist. Please note: if you have a prescription for massage, no tax is charged and price will be reduced.

1st Mon each month Call the Griswold for an appointment



### GOLF AND SOFTBALL

#### Golfers Spring Tune-Up

It's time to dust off the clubs and get your swing back in action! For this year again we will meet at the newly built Topgolf complex located at 2000 Ikea Way, Columbus, Ohio 43240. Ever been bowling? Well at Topgolf, you can play in a bay rather than a "lane", and from that "bay" you hit micro-chipped golfballs into giant targets in their outfield to score points. Prices are by the hour and per bay. It'll be \$25 per bay per hour and 1-6 people can use a bay so bring your friends or have a bay all by yourself. We will eat there as well as they have a full service restaurant, on your own. For more details, please visit their website at <https://topgolf.com/us/columbus/>. 2020 golf outing schedule and Golf Outing Guide along with April/May sign-up sheets will be available too.

14692 Thu 10:30 AM-12:30 PM Apr 2

#### Griswold Social Golf League

Our social league is open to 18 and 9 hole golfers who enjoy playing different courses in the Central Ohio area. Foursomes will change weekly: partner requests are considered but not guaranteed. The 2020 Schedule, directions to the golf courses, prices and April/May sign up sheets will be available at the front desk no later than March 27 and also online: [www.worthington.org](http://www.worthington.org) and click on Griswold Center then Leagues. For more information, contact leader Jeff Fickell at 614-842-6320.

Thu Apr 9-Oct 15

#### Softball Players/Teams Needed!-58 & Over League

The Central Ohio 60's Softball League is designed for men ages 58-69 (must turn 58 during the 2020 calendar year if you are 57). Men over the age of 70 are also welcome to play\*. Currently the league is looking to build more teams and/or add more players to existing teams (Currently seven). The league provides balanced competition that play 18-20 games plus a tournament at the end of the season. Games will be played on the newly artificial turf fields at Berliner Park (Fields #6 and #9), Monday and Wednesday nights with 6pm and 7:15pm game times. League starts in early May and runs through middle August depending on teams, schedule, rainouts and make-ups etc. New teams entering the league are eligible for half off the League fee in the first year (\$600 per team normally). For more details please contact Jeff Fickell at 614-396-0513, email: [jeff.fickell@worthington.org](mailto:jeff.fickell@worthington.org) or Nick Miller at 740-505-0729, email: [nickm17@sbcglobal.net](mailto:nickm17@sbcglobal.net)\*An over 70's league is available. If interested, contact Gary Salyer at (740)602-5019, Email: [gsalyer@columbus.rr.com](mailto:gsalyer@columbus.rr.com)

Mon,Wed 6:00 PM-7:30 PM Apr 27-Aug 5

#### Competitive Golf League

NEW LOCATION! This year we will feature 9-hole play at Glenross Golf Club for 14 Tuesday afternoons, including a tournament and an 18-hole finale. League uses a modified non-USGA handicap system. Indicate your partner when registering. You must have a partner. Men and Women both welcome. Price includes all greens fees, cart fees, beverage ticket each week, prizes, awards and food for the finale outing! For more information contact Jeff Fickell at 614-842-6320.

1461 Tue 3:15 PM-6:45 PM May 5-Aug 4

Resident: \$415.00. Non-resident: \$440.00



### ARMCHAIR TRAVEL

Thompson Room

Join us for exciting presentations by world Travelers. Photos projected on a large screen and travel tips will entertain and inform you. Share in discussions with experienced Travel buffs. Wonderful snacks provided by Mayfair Village.

#### Hawaii in April

Ray Bower is the presenter.

14756 Wed 10:00 AM-11:30 AM Apr 15

Free



#### Boston: History and Fun

Van Young is the presenter.

14757 Wed 10:00 AM-11:30 AM May 20

Free



#### Italy Part one: Venice and Florence

Presented by Walt and Connie Kobalka.

14758 Wed 10:00 AM-11:30 AM Jun 17

Free



### AARP SMART DRIVERS

#### AARP Smart Driver Course

Topping Room

The AARP Smart Driver Course teaches valuable defensive driving strategies and provides a refresher of the rules of the road. Introduction to the latest vehicle technology and vehicle operation and safety, and, you may qualify for a multi-year auto insurance discount by completing the course (check with your insurance agent for details). \$15 for AARP Members or \$20 for Non AARP members. Course fee collected the day of class, cash or check payment accepted, registration required.

#### April Smart Driver Course

14857 Wed 9:00 AM-1:00 PM Apr 15

#### May Smart Driver Course

14858 Wed 9:00 AM-1:00 PM May 20

#### June Smart Driver Course

14859 Wed 9:00 AM-1:00 PM Jun 17

### UFO (Unfinished Objects)

Case Room

UFOs are unfinished objects for a reason. People usually need some kind of help or motivation to get going again. One thing that is surprising about these classes is how much everyone learns from other people's UFOs. You don't just get going on your own project, you also see, hear and experience how problems are solved on other pieces. Have some craft or sewing project that you are stuck on? This class is for you. Bring a sandwich, snack provided.

14735 Wed 9:30 AM-1:30 PM Apr 8

Resident: \$5.00. Non-resident: \$7.00

14737 Wed 9:30 AM-1:30 PM May 13

Resident: \$5.00. Non-resident: 7.00

14738 Wed 9:30 AM-1:30 PM Jun 10

Resident: \$5.00. Non-resident: \$7.00



✓ payment plan available



### TECH HELP WITH TEENS



#### Buttles Conference Room

Do you look at your phone, laptop, tablet or ipod and feel lost? Wish you could have a one on one with someone that can help you with even the simplest of tasks? The Griswold Center and the Worthington Libraries are partnering to bring you this opportunity to get some help from the next generation. Students from CAHS Internship eXperience will be at the Griswold Center to answer your questions and help you feel more confident on your smart device or gadget. Please include the question(s) you have and the tech device you are using when you register. FREE!

#### April Tech Help

14825	Wed	10:00 AM-10:30 AM	Apr 15
14826	Wed	10:30 AM-11:00 AM	Apr 15
14827	Wed	11:00 AM-11:30 AM	Apr 15
14828	Wed	11:30 AM-12:00 PM	Apr 15
14829	Wed	12:00 PM-12:30 PM	Apr 15
14830	Wed	12:30 PM-1:00 PM	Apr 15
14831	Wed	1:00 PM-1:30 PM	Apr 15
14832	Wed	1:30 PM-2:00 PM	Apr 15

#### May Tech Help

14833	Wed	10:00 AM-10:30 AM	May 20
14834	Wed	10:30 AM-11:00 AM	May 20
14835	Wed	11:00 AM-11:30 AM	May 20
14836	Wed	11:30 AM-12:00 PM	May 20
14837	Wed	12:00 PM-12:30 PM	May 20
14838	Wed	12:30 PM-1:00 PM	May 20
14839	Wed	1:00 PM-1:30 PM	May 20
14840	Wed	1:30 PM-2:00 PM	May 20

#### June Tech Help

14841	Wed	10:00 AM-10:30 AM	Jun 17
14842	Wed	10:30 AM-11:00 AM	Jun 17
14843	Wed	11:00 AM-11:30 AM	Jun 17
14844	Wed	11:30 AM-12:00 PM	Jun 17
14845	Wed	12:00 PM-12:30 PM	Jun 17
14846	Wed	12:30 PM-1:00 PM	Jun 17
14847	Wed	1:00 PM-1:30 PM	Jun 17
14848	Wed	1:30 PM-2:00 PM	Jun 17

### KEMPER COGNITIVE ASSESSMENTS



#### April Assessments

14800	Tue	10:30 AM-10:45 AM	Apr 21
14801	Tue	10:45 AM-11:00 AM	Apr 21
14802	Tue	11:00 AM-11:15 AM	Apr 21
14803	Tue	11:15 AM-11:30 AM	Apr 21
14804	Tue	11:30 AM-11:45 AM	Apr 21
14805	Tue	11:45 AM-12:00 PM	Apr 21
14806	Tue	12:00 PM-12:15 PM	Apr 21
14807	Tue	12:15 PM-12:30 PM	Apr 21

#### May Assessments

14808	Tue	10:30 AM-10:45 AM	May 19
14809	Tue	10:45 AM-11:00 AM	May 19
14810	Tue	11:00 AM-11:15 AM	May 19
14811	Tue	11:15 AM-11:30 AM	May 19
14812	Tue	11:30 AM-11:45 AM	May 19
14813	Tue	11:45 AM-12:00 PM	May 19
14814	Tue	12:00 PM-12:15 PM	May 19
14815	Tue	12:15 PM-12:30 PM	May 19

#### June Assessments

14816	Tue	10:30 AM-10:45 AM	Jun 16
14817	Tue	10:45 AM-11:00 AM	Jun 16
14818	Tue	11:00 AM-11:15 AM	Jun 16
14819	Tue	11:15 AM-11:30 AM	Jun 16
14820	Tue	11:30 AM-11:45 AM	Jun 16
14821	Tue	11:45 AM-12:00 PM	Jun 16
14822	Tue	12:00 PM-12:15 PM	Jun 16
14823	Tue	12:15 PM-12:30 PM	Jun 16

Looking for the Lunch & Learn??

Check out what we are offering instead this quarter! Our New Age Mastery program on page 24.



### Senior Sewing Club

#### Case Room

The Stitching Sisters started in Columbus, Ohio in 2005, under the direction of Joanne Lester. Lester, then a nurse practitioner at the Breast Center at Ohio State University Wexner Medical Center, saw the chemo infusion center as drafty and in desperate need of some perking up. The group's goal was to provide quilts for every breast cancer patient being treated at the center, but eventually the program grew to include donations to ovarian and lung cancer patients as well. Volunteer your sewing talents to help make quilts for this important charity. Previous sewing and or quilting experience preferred. Supplies and patterns included. Volunteer: Deb Nowell. Leader: Linda Crannell

14734	Wed	1:30 PM-4:00 PM	Apr 1-Jun 24
Free			

### Project Linus

#### Case Room

Decide what kind of blanket you would like to work on; crocheted, knitted, fleece and quilted are all accepted types of blankets by Project Linus. Come and share your knowledge or learn a new skill while helping people who need it most. There will be no class on Monday, May 25.

14742	Mon	1:00 PM-3:00 PM	Apr 20-Jun 15
Free			

### Watercolor Sunset Workshop

#### Case Room

Back by popular demand! Bring back those dreamy, beach sunsets. All supplies provided. No experience necessary. Taught by Marion Durham from Polaris Retirement Community.

14605	Fri	10:00 AM-12:00 PM	Apr 17
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Free



### Pinterest Craft Club

#### Case Room

Africa Thomas from Wesley Glen is returning to teach this popular class again. Make an Easter craft from the well liked Pinterest website. No experience with Pinterest is necessary. All projects will be completed the same day. Materials will be provided. Sponsored by Wesley Glen.

14850	Fri	2:00 PM-3:30 PM	Apr 24
Free			
14851	Fri	2:00 PM-3:30 PM	May 22
Free			
14852	Fri	2:00 PM-3:30 PM	Jun 26
Free			

### Book Folding with Kicks

#### Tuller Lounge

Diana Spain, owner of Kicks Bookstore in Newark will show us how to transform a book into a work of art. All supplies provided, just show up prepared to learn and have fun.

14853	Fri	1:00 PM-3:00 PM	May 15
Resident: \$11.00. Non-resident: \$14.00			



✓ payment plan available



### Transportation Policy

Transportation is available for all Griswold Trips and certain activities. All Griswold Trips will depart from the Griswold Center at the time listed in the brochure. Transportation to the Griswold Center is available for all Worthington residents, including Melbourne, Stafford and The Residences of Worthington, upon request. Pick-ups for those needing transportation to the Griswold Center will begin 30 minutes before the departure time listed. Please note that once you add a pick up location to your account it will remain on your account for all future trips unless you inform us otherwise.

## ACORN ADVENTURES

### Dawe's Arboretum

We're headed to the Newark area for a guided outdoor hike in the arboretum followed by a guided tour of the Dawe's house. Please plan on being on your feet for approximately 2 hours. After our tours, we'll head to lunch (on your own). Trip price includes the price of the tours and transportation.

14777	Fri	9:45 AM-3:45 PM	Apr 24
Resident: \$22.00. Non-resident: \$29.00			

### Spring Grove Cemetery and Arboretum

Chartered in 1845 and encompassing 733 acres, 15 lakes, a waterfall and over 44 miles of winding roads, Spring Grove is a beautiful piece of Cincinnati history. There are over 1,200 different species of trees and shrubs labeled for study in this National Historic Landmark. A docent will lead us on a history tour of this magnificent arboretum and open air museum. After our tour, we'll head to lunch nearby (on your own). Program price includes transportation and the cost of our tour.

14778	Fri	8:30 AM-4:30 PM	May 15
Resident: \$17.00. Non-resident: \$22.00			

### The Newark Earthworks

This month, we'll meet Dr. Tim Jordan who'll lead us on a hike of the largest set of geometric earthen enclosures in the world. A National Historic Landmark, in 2006, the State of Ohio designated it as "the official prehistoric monument of the state." We'll tour the museum while we're there, then stop for lunch afterward (on your own). Price includes the tour and price of transportation.

14891	Fri	9:00 AM-3:30 PM	Jun 26
Resident: \$18.00. Non-resident: \$23.00			

## MYSTERY LUNCH

Each month we visit a different restaurant... the catch, you don't know where we're going! Always something good and always a good time.

14785	Tue	11:00 AM-1:30 PM	Apr 14
Resident: \$6.00. Non-resident: \$8.00			
14786	Tue	11:00 AM-1:30 PM	May 19
Resident: \$6.00. Non-resident: \$8.00			
14788	Fri	11:00 AM-1:30 PM	Jun 12
Resident: \$6.00. Non-resident: \$8.00			

## DINNER WITH FRIENDS

### Dinner With Friends, Ocean Club

This month we are headed to a requested restaurant. The Ocean Club features an impressive menu of seafood and prime cuts of steak, signature cocktails, and a Wine Spectator honored wine list. You can choose from lighter items like sushi and poke, to indulgent seafood presentations, juicy steaks and decadent desserts. Dinner is on your own. Program price includes transportation.

14770	Wed	4:30 PM-8:00 PM	Apr 15
Resident: \$11.00. Non-resident: \$14.00			
14771	Wed	4:30 PM-8:00 PM	Apr 22
Resident: \$11.00. Non-resident: \$14.00			

### Dinner With Friends, Kitchen Social

This is one of the new restaurants in the Polaris area. The menu is varied and the wines are from family growers around the world.

14772	Wed	4:30 PM-8:00 PM	May 6
Resident: \$11.00. Non-resident: \$14.00			
14773	Wed	4:30 PM-8:00 PM	May 20
Resident: \$11.00. Non-resident: \$14.00			

### Dinner With Friends - M at Miranova

Once again we'll head to another requested location. M is one of only 2 AAA - 4 Diamond restaurants in Columbus. M features award-winning, globally inspired cuisine. They're famous for impeccable service, wonderful views of the city and a wine list considered to be one of the nation's best.

14774	Wed	4:30 PM-8:00 PM	Jun 10
Resident: \$11.00. Non-resident: \$14.00			
14775	Wed	4:30 PM-8:00 PM	Jun 24



✓ payment plan available



## HISTORIC BUS TOURS

### Worthington Neighborhoods #1

This tour will begin on the west side of the Olentangy River and explore the histories of Plesenton, Linworth and the Beechview/MA Rusk subdivisions. Then cross back over the river and go south and hear the stories behind Davis Estates and Walnut Grove Cemetery, the development of Chaseland and Colonial Hills. Led by Steffanie Hauelsen in conjunction with the Worthington Historical Society. (The entire tour takes place on the bus.)

14709	Fri	1:00 PM-2:30 PM	Apr 17
14712	Sat	1:00 PM-2:30 PM	May 16
Fee: \$14.00			

### Worthington Neighborhoods #2

Begin first with a look at the story behind the creation of Worthingway and Medick Estates. We will also see the Orange Johnson house and discuss the development of Wilson Hill which incorporated much of the Orange Johnson farmland. Also included will be Kilbourn Village, and Riverlea, a Village within a city. Finish the tour by going through Rush Creek, Worthington's most unique neighborhood. Led by Barb Barnhart in conjunction with the Worthington Historical Society. (The entire tour takes place on the bus.)

14710	Sat	1:00 PM-2:30 PM	Apr 25
Fee: \$14.00			
14711	Fri	1:00 PM-2:30 PM	May 15
Fee: \$14.00			

### Historic District

This tour by bus will work its way around Worthington's four historic quadrants focusing on the history of our earliest homes, businesses, schools, churches and the first cemetery where some of Worthington's founding ancestors now rest. Led by Steffanie Hauelsen, in conjunction with the Worthington Historical Society.

14713	Fri	1:00 PM-2:30 PM	Jun 26
Fee: \$14.00			

### Flint/Underground Railroad

Learn about the history of Flint its schools, and the role of both Flint and the village of Worthington during the Underground Railroad. The history of the founders of the AME church and the development of the Morris Addition will also be included. The tour includes a visit to Flintridge Terrace and a close up view of the Ozem Gardner house, a stop on the Underground Railway. Led by Steffanie Hauelsen in conjunction with the Worthington Historical Society. (The entire tour takes place on the bus.)

14715	Sat	1:00 PM-2:30 PM	Jun 27
Fee: \$14.00			



✓ payment plan available



### Mozart & The Masters, ProMusica Rehearsal

Held in the lovely Southern Theatre hear Joshua Roman, cello & composer, Vadin Gluzman, violin and David Danzmayr, conductor in this open rehearsal for Mozart & The Masters. Following the rehearsal enjoy lunch, on your own at an area restaurant. Registration deadline March 30.

14744 Thu 9:30 AM-3:00 PM Apr 2

Resident: \$10.00. Non-resident: \$13.00

### Kent State Textile Museum

Enjoy a Docent led tour of the Culture/Counterculture: Fashions of the 1960s and 70s and the Ohio Quilts exhibits. The exhibit Culture/Counterculture looks at the fashions of the 1960s and early 1970s with a particular focus on the generation gap during that period. The exhibition is scheduled to coincide with the 50th anniversary of Kent State's shootings on May 4, 1970. New sources of inspiration included musicians, experimental materials, and non-western clothing styles such as Nehru jackets and caftans. Ohio Quilts is the history of quilts in Ohio and is in many ways a reflection of the history of Ohio itself since the early nineteenth century. One of the most extraordinary quilts in the KSU Museum's collection is attributed to Elizabeth Hobbs Keckley. Born a slave, Keckley learned dressmaking then bought freedom for herself and her son. She lived many years in DC and worked for the wives of many prominent politicians including Mary Todd Lincoln. Keckley lived in Ohio when she served on the faculty of Wilberforce University. Enjoy a late lunch, on your own, at Treno, an Italian restaurant in the old train station. Program price includes museum admission and transportation.

14790 Tue 8:00 AM-5:00 PM Apr 7

Resident: \$20.00. Non-resident: \$26.00

### Spring at the Round Barn in Lancaster

Spring at the Round Barn in an open air and barn market bringing together over 140 of the best vendors from across the Midwest, gathered inside the historic Round Barn and charming grounds of Fairfield County Fairgrounds. If you love chippy, rusty, repurposed, salvaged, modern farmhouse décor, boutique clothing, hand poured candles, artisan jewelry, live music, shopping local and meeting the makers, then you'll have a blast! Bring \$5 for admission that morning. We'll head to downtown Lancaster for lunch together, on your own, at The Ale House after shopping. They offer made from scratch recipes that are sourced from some of the best locally bought produce. Program price includes transportation.

14766 Sat 9:30 AM-3:30 PM Apr 18

Resident: \$15.00. Non-resident: \$19.00

### New Albany Symphony Orchestra with Joanna Frankel

We'll head to the McCoy Center for the Arts and enjoy the heart and soul of NASO as it comes alive in Barber's *Adagio for Strings* followed by Columbus Symphony concertmaster, Joanna Frankel, performing the lush and technically brilliant Higdon Violin Concerto. After the performance we'll head to Cap City Fine diner in Gahanna for dinner, on your own. Program price includes concert and transportation. **Registration deadline is April 1, for ticket purchase.**

14767 Sun 2:00 PM-8:00 PM Apr 26

Resident: \$32.00. Non-resident: \$42.00

### Road Runner Rascals Alpaca Ranch and Velvet Ye Olde Mill

Experience this boutique alpaca farm in Utica with champion blood lines from across the country. They specialize in Huacaya Alpacas in all colors with exceptional fleece quality and conformation. The owner, a former Worthington High School Graduate, will give us a tour of the 25 acre farm that is home to 43 alpacas. We'll have time to ask questions and visit/shop their store that specializes in yarn, sweaters, gloves and scarves. We'll have lunch together on your own, at Velvet's Ye Olde Mill. Program price includes tour and transportation.

14768 Sat 9:00 AM-3:00 PM May 2

Resident: \$15.00. Non-resident: \$19.00

### Kingwood Center Gardens, Mansfield

Kingwood Center Gardens are a favorite Spring destination. Enjoy a chance to roam the grounds and gardens of the stately mansion. Some of their best seasonal gardens are part of the grand spring flower display which includes magnolias, daffodils, crocus, redbuds, dogwoods, silverbells, tulips, and many more spring flowers. Visit Der Dutchman in Bellville for lunch on your own, followed by a surprise stop on the return route to Worthington. Program price includes gardens admission and transportation.

14861 Tue 9:00 AM-4:00 PM May 5

Resident: \$15.00. Non-resident: \$20.00

### ProMusica Rehearsal, Brahms & Shaw

Enjoy the open Rehearsal for Seniors in the Southern Theatre featuring Brahms & Shaw with Caroline Shaw, vocalist & composer and David Danzmayr, conductor. Lunch will follow on your own, at an area restaurant. Program price includes transportation.

14798 Fri 9:30 AM-2:00 PM May 8

Resident: \$9.00. Non-resident: \$12.00

✓ payment plan available



### Art on the Canal Stroll and Slate Run Historical Farm

Stroll along the beautiful streets of downtown Canal Winchester while listening to the music from a variety of street performers, watch the chalk artist work on her latest art piece, visit the historical train depot and old school house, venture into unique shops and restaurants all while enjoying the various artists who will be sharing their craft. Lunch will be on your own, and at your leisure. We'll also visit and stroll around Slate Run Living History Farm just a few short miles away. Time has been turned back to the 1880's and we can interact with the costumed staff going about their daily chores in the gardens, barns and farmhouse. Check on the pigs, geese, turkeys, horses and other heirloom animals roaming the property. Program price includes transportation.

14763 Sat 11:30 AM-4:30 PM May 16

Resident: \$13.00. Non-resident: \$17.00

### Groovy Plants Ranch and Fun

Located in Marengo, the ranch is a plant lovers haven. Beautiful plantings and quirky decorations fill the property. We loved our trip there last year so we are returning. Mary Kay is driving so there will be a couple surprise stops along the way. A fun way to get ready for gardening time. Program price includes transportation.

14867 Thu 9:00 AM-3:00 PM May 21

Resident: \$11.00. Non-resident: \$14.00

### Der Dutchman, Yutzy's Farm Market, Plain City

Enjoy the simple home cooked fare at Der Dutchman, on your own. Time is allowed to visit the gift shop and bakery. We will make a stop at Yutzy's Farm Market to stock up on fresh produce and whatever else we might find. Program price is for transportation.

14865 Fri 11:00 AM-3:30 PM May 22

Resident: \$7.00. Non-resident: \$9.00

### Cleveland History Center

Visit 2 exciting exhibits at the Cleveland History Center. Women and Politics will trace the story of political women, exploring the early days of the suffragist movement, the successful fight for the 19th Amendment, the birth and growth of the League of Women Voters as a force for clean government and the election of northern Ohio women to positions of power on the local, state and national levels. Also see Si Jolie! French Fashion in Cleveland. It highlights how Paris fashion motivated Clevelanders to travel abroad, influenced local fashion, inspired the golden age of department stores and how significant fashion was socially. Explore how Clevelanders showed off their fashion at cultural venues like the Euclid Avenue Opera House and discover how Parisian fashion played a critical role in the shopping experience at stores like Higbee's and Halle Brothers. Enjoy lunch on your own. Program price includes admission, docent and transportation.

14864 Thu 8:00 AM-4:00 PM May 28

Resident: \$24.00. Non-resident: \$31.00

✓ payment plan available

### Straders Garden Center

Enjoy brunch, on your own and visit Straders Garden Center and Oakland Park Nursery and choose some colorful plants for your home. Program price includes transportation.

14866 Fri 9:00 AM-2:00 PM Jun 5

Resident: \$11.00. Non-resident: \$14.00

### Bexley Women's Club House and Garden Tour

This 13th Annual tour will showcase some of the finest homes and gardens in the Bexley area and has become a destination for people all over Ohio and beyond. Artists and musicians will be showcased throughout the tour and food trucks will be on site for lunch, on your own. The Griswold bus will provide transportation to each stop! Program price includes tour and transportation. **Due to ticket purchase you must register by May 15, 2020.**

14764 Sun 11:30 AM-4:30 PM Jun 7

Resident: \$31.00. Non-resident: \$41.00

### Miss Saigon, Ohio Theatre

Broadway Across America brings this acclaimed new production of the legendary musical *Miss Saigon*. This is the epic story of a young Vietnamese woman named Kim. In a bar run by a notorious character called The Engineer, Kim meets an American G.I. That encounter will change their lives forever. Featuring stunning spectacle, a sensational cast of 42, and a soaring score including Broadway hits like "Last Night of the world," "The Movie in My Mind," and "The Heat is On in Saigon," this is a theatrical event you will never forget. Program price includes ticket and transportation. **Please register by April 22 due to ticket purchase deadline.**

14743 Tue 6:15 PM-10:30 PM Jun 9

Resident: \$109.00. Non-resident: \$134.00

### Explore Downtown Columbus & Columbus Arts Festival

Explore downtown Columbus's new construction and developments. Reminisce about the downtown area and how things have changed before heading to the 59th Annual Columbus Arts Festival. The Festival has been rated by numerous magazines as one of the top in the nation and each year hosts hundreds of juried artists from across the U.S. as well as several international artists. Performance stages will feature music, dance, theater and spoken word and a wide selection of quality food and beverages will be offered. Stroll the whole festival or find a seat and enjoy watching the people. Lunch in on your own, Program price includes tour and transportation.

14765 Sat 9:30 AM-3:30 PM Jun 13

Resident: \$14.00. Non-resident: \$18.00



### Picasso and Paper, Cleveland Museum of Art

Enjoy a docent led tour of the *Picasso and Paper* exhibit. Picasso's prolonged engagement with paper is the subject of the groundbreaking exhibition *Picasso and Paper*, organized by the Cleveland Museum of Art and the Royal Academy of Arts, London, in collaboration with the Musee national Picasso-Paris. Featuring nearly 300 works spanning the artist's entire career, *Picasso and Paper* offers new insights into Picasso's creative spirit and working methods. Presented in a series of chronologically unfolding themes, the works are displayed together with closely related paintings and sculptures to provide a deeper context for understanding their meaning and historical position in Picasso's art. Enjoy lunch on your own, at the museum. Program price includes docent led tour and transportation. **Due to ticket purchase deadline you must register by June 1, 2020.**

14769 Tue 8:00 AM-5:00 PM Jun 16   
 Resident: \$37.00. Non-resident: \$48.00

### Adena Mansion & Gardens, Chillicothe

Adena was the 2000 acre estate of Thomas Worthington, sixth governor of Ohio and one of the state's first United States Senators. The mansion house, completed in 1806-1807, has been restored to look much as it did when the Worthington family lived there, including many original Worthington family furnishings. The house is one of only 3 houses designed by Benjamin Henry Latrobe still standing in the country. Latrobe is considered the first professional American architect and served as architect of the U.S. Capitol under President Thomas Jefferson. The gardens have undergone major renovation. Stroll through three terraces of flowers and vegetables, as well as the shrubs and trees in the grove. Looking east from the north lawn of the mansion, one can see across the Scioto River Valley to the Logan Range. This view was the inspiration for the Great Seal of the State of Ohio. Enjoy guided tours of both the mansion and the gardens. Enjoy a late lunch, on your own, at the Old Canal Smokehouse before returning to Worthington.

14740 Fri 8:45 AM-4:00 PM Jun 19   
 Resident: \$17.00. Non-resident: \$22.00

### L'ELISIR D'AMORE, Opera Columbus

Performed at the Southern Theatre this opera tells the story of sophisticated and wealthy, Adina, the toast of her small Italian town. Country boy Nemorino loves her, but she only has eyes for Belcore, the smooth talking sergeant who has swept her off her feet. So when a travelling doctor arrives in town, Nemorino pins all his hopes on a magical love potion. But nothing in this topsy-turvy comedy is ever quite as it seems. Program price includes main floor ticket and transportation. **Registration deadline is June 1 for ticket purchase.**

14868 Sun 2:15 PM-6:30 PM Jun 28   
 Resident: \$30.00. Non-resident: \$39.00



14696	Meijer	Mon9:45 AM-12:30 PM	Apr 6
14697	Walmart	Mon 9:45 AM-12:30 PM	Apr 13
14698	Kroger	Mon9:45 AM-12:30 PM	Apr 20
14699	Meijer	Mon9:45 AM-12:30 PM	Apr 27
14700	Walmart	Mon9:45 AM-12:30 PM	May 4
14701	Kroger	Mon9:45 AM-12:30 PM	May 11
14702	Polaris	Mon9:45 AM-2:00 PM	May 18
14703	Meijer	Wed9:45 AM-12:30 PM	May 27
14704	Walmart	Mon9:45 AM-12:30 PM	Jun 1
14705	Kroger	Mon9:45 AM-12:30 PM	Jun 8
14706	Meijer	Mon9:45 AM-12:30 PM	Jun 15
14707	Walmart	Mon9:45 AM-12:30 PM	Jun 22
14708	Kroger	Mon9:45 AM-12:30 PM	Jun 29



Case Room



Thompson Room



Topping Room

Residents \$35 | Non Resident \$40



Kitchen

\$50 | With Stovetops \$50

#### General Policies

Permit holder must be present during the time of rental. Groups will not be allowed in their room/gym until the starting time on their permit and must check in with the front desk or building supervisor to get their room unlocked. We are also enforcing the policy on multiple bookings not being refundable.

Minimum 2 hour rental.

Please be aware that no alcohol is allowed on the premises of any of our rental sites.

Groups are responsible for providing their own supplies, decorations, table coverings, food, etc.

Groups are responsible for all setup and cleanup, and time for this must be included in the time of the rental.

#### Application Process

The individual reserving the facility must be present during the entire permitted time. Payment is due at the time of the reservation.

#### Rental Days and Times:

**Monday - Friday** 5 pm - 9:30 pm  
**Saturday** Noon - 9:30 pm  
**Sunday** Closed

Inquiries and requests may be in person at the Griswold Center at least 1 weeks prior to the rental.



Town Hall

Residents \$35 | Non Resident \$50

#### Fee Information

Fees are established based on type of room and residency of person obtaining permit.

Repeated Use, to qualify for resident rates:

Qualified city groups may receive a \$5 permit writing fee (per use) that will be honored Monday-Thursday from 5:00-9:00 PM for meeting rooms at the Community Center and Selby Shelter only.

#### Refund Policies

Requests for refunds must be made 3 weeks in advance for Swim Party Rentals. Refund requests for any other room must be made 1 week in advance.

Refunds will not be granted for inclement weather.

There is an \$8 processing fee for a refund. Check refund processing may take up to 4 weeks.

Multiple rentals are non-refundable.

#### Griswold Center Facilities can be reserved on the following dates:

Jan, Feb, Mar - 1st Monday in December  
 Apr, May, June - 1st Monday in March  
 July, Aug, Sept - 1st Monday in June  
 Oct, Nov, Dec - 1st Tuesday in September



# Support Groups

### Stroke Support Group

Tuller Lounge

This program offers socialization, education, support and information about community resources. Sponsored by OSU Medical Center.

Leader: Dr. Wanda McEntyre

Fridays 12:00 PM-1:00 PM Ongoing

### Alzheimer's Association Support Groups

Case Room

A support group for early stage individuals diagnosed with dementia under the age of 65 years, and their caregivers/family members. The group members meet together for a light dinner and conversation and then the group separates. The caregivers meet with a leader to discuss their issues, and those with dementia meet with a staff member to talk about their situations and participate in activities. Interested individuals must call the Alzheimer's Association at (614)457-6003 for meeting times and dates (pre-screening is required to attend).

Call the Alzheimer's Association for details on dates and times

### Worthington Widowhood Support Group

Tuller Lounge

Sponsored by Syntero/Northwest Counseling Services/Dublin Counseling Center, this is a monthly support group for men and women widowed five years or less or for anyone still struggling with post-widowhood issues. This group offers a variety of topics for discussion and includes information about community resources and health topics. Please register at least one day in advance by calling 457-7876 ext 422.

Leader: Victoria Alexander, LISW-S

3rd Thursday each month 2:00 PM-3:30 PM

### Parkinson's Support Group

Tuller Lounge

For patients and caregivers of those with Parkinson's Disease, this informal group will gather to share information and support each other.

Leader: Susan Hervey

2nd Monday each month 1:00 PM-2:30 PM

### Low Vision Support Group

Tuller Lounge

These educational and support meetings are sponsored by Syntero/Northwest Counseling Services/Dublin Counseling Center. Anyone struggling with low vision or serious vision decline is welcome to attend. For more information, please call Maxine Gilgoff at 614-301-0784. Refreshments are provided by PR Life Management.

Leader: Maxine Gilgoff, LISW-S, Syntero.

3rd Wednesday each month 2:00 PM-3:30 PM

## HEARING SCREENINGS

Buttles Conference Room

Have you been wondering if people mumble or if it's your hearing? Come find out at a FREE hearing screening provided by Dr. Natalie Rosselli from HearUSA Westerville.

Mon 10:00 AM-12:00 PM Apr 13  
Free

## VOLUNTEER OPPORTUNITIES



Are you friendly, upbeat, positive and enjoy working with PEOPLE? Do you have a special skill or talent that you would like to share?

Then WE are looking for YOU!

Volunteer opportunities include:

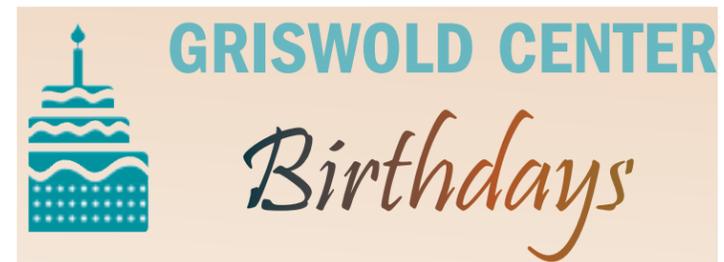
Class Instruction

Office Work

Event Set Up/Take Down

Taking Class Attendance & More!

VISIT THE CUSTOMER SERVICE  
DESK & PICK UP A VOLUNTEER  
APPLICATION TODAY!



EACH MONTH GRISWOLD CENTER MEMBERS' BIRTHDAYS WILL BE FEATURED ON OUR BULLETIN BOARD- ONE NAME WILL BE PICKED AT THE END OF THE MONTH AND RECEIVE A SPECIAL GIFT FROM US!



### Worthington Garden Club

Town Hall

Laura Burchfield co-author of American Home Landscapes: A Design guide to Creating Period Garden Styles, is our speaker for this program. Laura is an outstanding residential landscape architect. She has a Master's in Landscape Architecture and a Master of Science in Horticulture. Laura is the designer and owner of HRH Landscape Ltd. This presentation is sponsored by the Worthington Garden Club, Worthington Libraries, Worthington International Friendship Association and the Griswold Center.

Thu 7:00 PM-9:00 PM Apr 16

### Clintonville Mothersingers

Town Hall

The Clintonville Mothersingers, under the direction of Lori Hagerman, will present their Spring concert program. Their program is chock full of joyous, uplifting music. There will be some newly written pieces, as well as wonderful gems that never grow old! From "Singin' and Swingin' in New York City" and "Don't Sit Under the Apple Tree", to "Hushabye Mountain" from Chitty, Chitty, Bang! Bang! - there is sure to be music to delight and please everyone. Following this energizing performance enjoy a mouthwatering dessert buffet.

14849 Wed 1:30 PM-3:00 PM May 6

Resident: \$7.00. Non-resident: \$9.00

### Worthington Garden Club Plant Sale

Natives in Harmony seeks to make Ohio genotypes available for others who would like to reduce the time spent on landscaping by using native plants and/or those who would like to create habitat for native insect and bird species. The nursery is located in Marengo, Ohio. For detailed information visit their website, <https://www.nativesinharmony.com> Sponsored by the Worthington Garden Club and the Griswold Center.

Sat 9:00 AM-1:00 PM May 9

### The Look & Life in the 1920's Worthington

Town Hall

The Worthington Historical society Annual Meeting & Program will feature The Look & Life in 1920's Worthington. The program, presented by Society experts, will highlight new trends in architecture, several of Worthington's notable residents of the decade and everyday life in the 1920's This program will be preceded by a brief business meeting.

Wed 7:00 PM-9:00 PM Jun 10

Free

Keep your eye out for...



### Motorcycling thru Thailand and Laos

Town Hall

Enid and Steve Rosenstiel had a 2 - week adventure in the beautiful mountains of Northern Thailand and Laos last November with a small group riding antique British motorcycles. Their pictures show dusty roads, smiling children, lots of hairpin bends, jungle, rivers, and elephants. One of the guys on the trip brought his drone with him, so they have some video too.

14780 Wed 1:30 PM-3:00 PM Apr 8

Free



### Euchre - Competitive

Topping Room

This program is for players seeking competitive Euchre. Tables change after 8 hands. Change of partners after each game. 10 games played. Prizes offered for first and second place and most loners. Registration required. Led by Tom Persinger.

14732 Tue 1:30 PM-4:30 PM Apr 7-Jun 23

Resident: \$6.00. Non-resident: \$8.00

### Euchre Tournament

Topping Room

Progressive Euchre Tournament. Play as a team against other opponents. Tables change after 8 hands. 10 games played. Tournament score cards will be used. Prizes for winning team and individual with the most loners. Drinks and refreshments sponsored by Heartland of Westerville. Registration required by Friday, June 26. You must include partner when registering. Led by Tom Persinger.

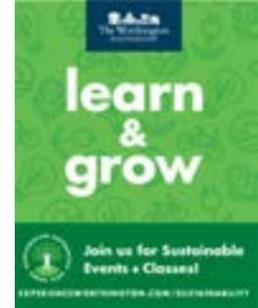
14731 Tue 1:30 PM-4:30 PM Jun 30

Resident: \$5.00. Non-resident: \$7.00



## Learn & Grow Series with The Green Team New!

Town Hall



The Worthington Partnership "Green Team" is bringing a series of Sustainability educational programs to Worthington! The topics of these events will be Gardening, Compost/Food Waste, Green House tour, Farmers Market, Green Transportation, Advocacy, Green Parenting and Zero Waste. There will also be SWACO landfill and RUMPKE recycling tour opportunities.

Mon, Wed, Thu 6:30 PM-8:30 PM Apr 29-Jun 15  
Free

### Events scheduled at the Griswold Center:

#### Wed. April 29

Gardening 101: Organic Vegetable Gardening with Joanne Dole, Franklin County Master Gardener. Learn how to grow your own vegetables at home without synthetic chemicals so you, and our environment, will be healthier. Class discusses best practices for organic vegetable gardening and preventative measures to keep garden pests and diseases off your vegetables.

#### Thur. May 7

Farmers Market

#### Wed. May 13

Home Composting

#### Thur. June 4

Food Waste/City Compost

#### Mon. June 15 6:00-8:00pm

Green Transportation in Griswold lot

\*In order to register and for more information and additional event dates, please visit [www.experienceworthington.com/sustainability](http://www.experienceworthington.com/sustainability)

### Great Decisions

Thompson Room

Join us on Friday mornings in May and June to hear OSU Professors, Ohio Wesleyan Professors and others share their expertise on important national and international topics. Sponsored by the non-partisan Foreign Policy Association, this year's topics include: U.S. Relations with the Northern Triangle, Artificial Intelligence and Data, Red Sea Security, Modern Slavery & Human Trafficking, Climate Change and the Global Order, India & Pakistan, China's Road Into Latin America, and The Philippines & the U.S.

14862 Fri 10:30 AM-12:00 PM May 8-Jun 26  
Free



### Aging Mastery Program

Topping Room

Build your own personal playbook for aging well. Developed by the National Council on Aging with classes led by local experts, this fun, innovative program will empower you to take key steps to improve your well-being and strengthen ties to your community. Through this program, you will make and maintain small but impactful changes in your health behaviors, financial well-being, and enrichment in later life-get rewards for taking small steps-meet new friends and provide support and encouragement to your peers

14871 Wed 2:30 PM-3:30 PM Apr 8-Jun 10  
Free

### Beginning Genealogy New!

Thompson Room

Learn where to start researching your family tree. Find out about DNA testing and is it for you. We will be exploring some of the features on Ancestry, FamilySearch and Family Tree, plus others websites to help you solve those "Brick Walls". Leader: Linda Crannell

14739 Wed 10:00 AM-11:30 AM Apr 22-Jun 24  
Free

### Friday @ 4

Case Room

The honor of your presence is requested on Friday afternoons for recreation and socialization! Please join us for a fun get together featuring a different activity each week. Light snacks will be provided for your enjoyment. Leader: Mary Williams

14863 Fri 4:00 PM-6:00 PM Apr 3-Jun 26  
Free



## Egg Scramble



Friday, April 3 | 6:30 PM

Hop on over Friday, April 3 for the Worthington Community Center's annual egg hunt at McCord Park! Children will be able to hunt for candy and toy filled eggs at 6:30 PM sharp! The egg hunt is rain or shine and will start at 6:30 PM, so please allow time to park and walk to the park! Egg hunt areas will be divided by the following ages: 2 years and under, 3-4 years, 5-6 years, 7-10 years.

## SENIOR HEALTH & WELLNESS FAIR

Free Wednesday, May 27  
9:30AM - NOON

In celebration of National Senior Health and Fitness Day, the Worthington Community Center will host a free senior health and wellness fair. Visit with vendors from the Columbus area who offer fantastic services for anyone 55 and over. Travel, leisure, health, fitness, living, medical services and much more will be represented by a variety of local businesses.



Life is Better in Motion!



## GARY SMITH WORTHINGTON CLASSIC

May 17th

Thomas Worthington High School

300 W. Dublin-Granville Rd, Worthington, 43085

5 mile run/walk, 1 mile kids run

5 Mile Run/Walk : 8:00am

1 Mile Kids Run : 7:40am

Pre-Race Packet Pick-Up

FrontRunner Worthington

7227 N. High St, Worthington

614-847-0301 on May 15-16th

Race Day Packet Pick-Up begins: 7:00am

Entry Fee:

5 Mile Run/Walk: Register by March 15 \$25

Register By April 15 \$30

Register after April 15 \$35

1 Mile Kids Run: \$10

## Join us for our annual Arbor Day Ceremony



April 24th at  
noon on the  
Worthington  
Village Green



## Library

Enjoy a good book or magazine in our cozy library. Books may be checked out; procedures are posted in the library. You can help with the jigsaw puzzle in progress or enjoy a book or magazine.

## Medicare and Insurance Claim Assistance

A trained OSHIIP (Ohio Senior Health Insurance Information Program) volunteer is available to provide counseling and information about insurance and assistance with doctor and hospital bills. Call the Griswold Center at (614) 842-6320 for more information.

## Vial of Life

The Worthington Division of Fire and EMS, in cooperation with the Central Ohio Area Agency on Aging, is providing the Vial of Life program for residents of the community. This program allows your Emergency Healthcare providers to have quick and easy access to your medical history, current medications, and other vital information. Call (614) 885-7640 (Worthington Division of Fire) during business hours of 7:30 AM to 4:30 PM for more information about this free service. Packets may also be picked up at the Griswold Center.

## WPRD Photograph Policy

Photographs/videos are occasionally taken of participants of activities and visitors to facilities of the Worthington Parks and Recreation Department. These photographs/videos are used to promote Parks and Recreation programming and facilities in future Activity Brochures and a variety of other City of Worthington publications and social media. If you prefer that you or your child not be photographed during a registered program, you must "opt-out" on or before the first day of each listed course by completing an "opt-out" form at the Department's registration desk. For any non-registered activities or visits to our parks or facilities, please notify the photographer if you prefer that you or your child not be photographed.

## Parks and Recreation Staff

### Darren Hurley, Director

#### Community Center

- Holly Keller, Recreation Superintendent
- Celia Thornton, Project Supervisor
- Melissa Hindman, Marketing & Outreach Supervisor
- Julie Sergent, Marketing & Outreach Coordinator
- Nancy Haynes, Recreation Supervisor
- Michael Burgdorfer, Recreation Supervisor
- Jennifer Button, Customer Service Coordinator
- Ryan Cooper, Recreation Supervisor—Fitness
- Kevin Timmons, Recreation Supervisor—Aquatics
- Randy Hannigan, Building Maintenance Technician
- , Building Maintenance Assistant

#### Griswold Center

- Colleen Light, Center Manager
- Julie Stoltz, Customer Service Coordinator
- Mary Kay Scott, Recreation Supervisor—Senior
- Jeff Fickell, Recreation Supervisor—Senior Fitness

#### Parks Division

- D. Scott Brown, Parks Manager
- Shawn Daugherty, Parks Supervisor
- Kevin Potter, Crew Leader
- Wade Lallathin, Parks Technician
- Jamie Britt, Parks Technician
- David Ebricht, Parks Technician
- Tyson Cline, Parks Technician

#### City of Worthington

- Matt Greeson, City Manager
- Robyn Stewart, Assistant City Manager

#### Worthington City Council

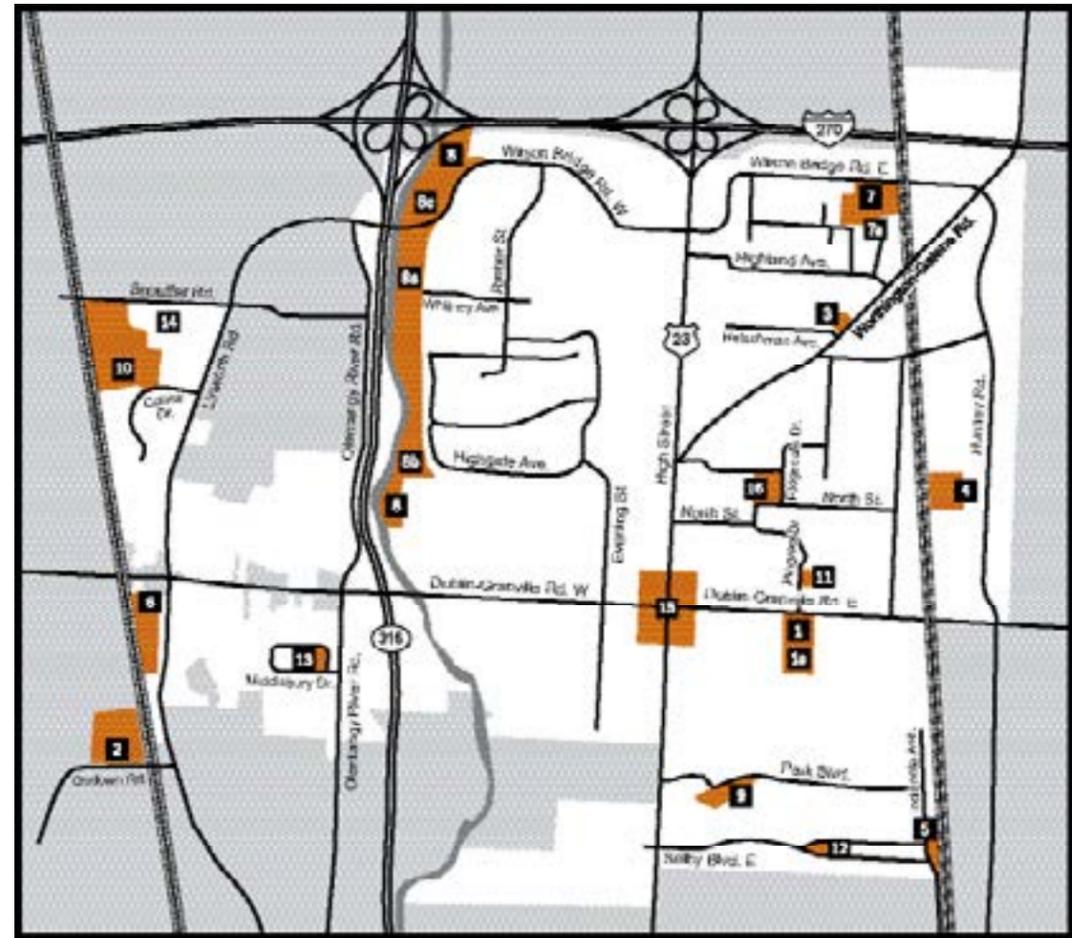
- Bonnie Michael, President
- Rachael Dorothy, Scott Myers
- Doug Foust, David Robinson
- Beth Kowalczyk, Doug Smith

#### Parks and Recreation Commission

- Rob Wendling (Chair), Rachel DeNoewer
- Dan Armitage, Dave Kessler
- Laura Ball, Michele Miller

Meetings are held the third Tuesday of each month at the Community Center at **6:00 PM**.

Scheduled Winter meeting dates are:  
April 21, May 19, June 16



## Worthington Parks Improvement Fund

The Worthington Parks Improvement Fund was created to preserve and enhance the city's sixteen neighborhood parks. This fund allows gift donations to be used for a variety of needs ranging from plants to park structures.

Citizens and friends of Worthington interested in donating are invited to read our informative donation brochure. For additional information please contact Celia Thornton at the Community Center at celia.thornton@worthington.org (614) 436-2743.

## Village Green Signs

Non-profit community organizations with events in Worthington may apply for a permit to post a sign on the Village Green. Permits and more information are available on our website [www.worthington.org](http://www.worthington.org) and at the Community Center customer service desk.

This is a free service.

Worthington Parks		Basketball Court / Hoop	Bike / Recreation Path	Drinking Fountain	Nature Area / Lacrosse Field	Picnic Tables	Shelter House	Soccer Field	Tennis Court	Volleyball	Wildflowers	Acres
<b>East Granville Rd. Park: 245 E. Granville Rd.</b>	1				■	■	■	■		■	■	8
<b>1a: Moses Wright Nature Area</b>					■							
<b>Godown Park: 6099 Godown Rd.</b>	2			■	■							10
<b>Heischman Park: 6755 Worthington-Galena Rd.</b>	3				■		■	■		■		1
<b>Huntley Bowl Park: 6199 Huntley Rd.</b>	4						■		■			7
<b>Indianola Park: 5500 Indianola Ave.</b>	5		■				■	■	■	■		3
<b>Linworth Park: 5971 Linworth Rd.</b>	6	■	■	■	■		■	■	■	■	■	13
<b>McCord Park: 333-345 East Wilson Bridge Rd.</b>	7	■	■		■		■	■	■	■	■	30
<b>7a: Community Center &amp; All Children's Playground</b>												
<b>Olentangy River Parklands: 600 W. Wilson Bridge Rd.</b>	8				■	■	■	■	■	■	■	104
<b>8a: Whitney Playground 8b: Highgate Playground</b>												
<b>8c: Winding Adventure Skate Park</b>												
<b>Park Boulevard Park: 125 Park Blvd.</b>	9						■		■			7
<b>Perry Park: 2300 Collins Dr.</b>	10	■		■	■		■	■	■	■		21
<b>Pingree Park: 374 Pingree Dr.</b>	11		■	■	■		■	■	■			1
<b>Selby Park: 358 Selby Blvd. South</b>	12		■		■		■	■	■	■		2
<b>Shaker Square Park: 888 Middlebury Ct.</b>	13		■				■	■		■		1
<b>Snouffer Road Park: 2341 Snouffer Rd.</b>	14	■			■		■		■		■	10
<b>Village Green: Corners of High St. &amp; Dublin-Granville Rd.</b>	15				■							3
<b>Wilson Hill Park: 1025 Ridgedale Dr. East</b>	16		■	■	■		■	■		■	■	3



## Nova Scotia & Maritimes of Canada

July 9-16, 2020

### HIGHLIGHTS INCLUDE:

- Saint John
- Bay of Fundy
- Reversing Falls
- Grand Pre Historic Site
- Annapolis Valley
- Halifax
- Citadel
- South Shore
- Peggy's Cove
- Cape Breton Island
- Bras d'Or Lake
- Alexander Graham Bell Museum
- Cabot Trail
- Gaelic College
- Charlottetown
- Green Gables



**Trip Preview: Monday, April 20, 2020 1:30 p.m.**

## Paris to Normandy

Sept 14-22, 2020



### HIGHLIGHTS INCLUDE:

- Vernon-LesAndelys
- Caudebec
- "A Taste of Normandy" excursion
- Guided sightseeing in Rouen
- Conflans:
- ExcursionstoAuvers-sur-Olse
- "Heart of Paris" walking tour

### TOUR INCLUDES:

- Land/cruise
- Portcharges
- Meals and accommodations
- Sightseeing and services of a professional cruise director

## A Nashville Musical Christmas

### November 29 - December 2, 2020 4 Days/3 Nights

November 29: Coach to Nashville, TN; Evening at Leisure to Shop

and Explore the Resort's Christmas Decor; Dinner on Own.

Overnight Nashville

November 30: RCA Studio B; ICE! Christmas Exhibit; Delta River

Flatboat Ride; Country Christmas Dinner and Show.

Overnight Nashville, B/D

December 1: Belle Meade Mansion and Winery including Wine

Tasting; Wildhorse Saloon Lunch; Afternoon Concert at Ryman

Auditorium; Evening at Leisure and Dinner on Own.

Overnight Nashville, B/L

December 2: Return to Columbus, with comfort stops and lunch en route. B

