Did you know...

COMMUNITY CENTER
The Community Center is a participating Silver Sneakers location and has over 2,780 SilverSneaker members.

GRISWOLD CENTER
This year 56 handmade blankets have been donated to Project Linus and distributed to children in hospitals, shelters and social service agencies.

PARKS
Stay up to date on the McCord Park renovations at worthington.org/McCord
Child Care is intended for children age 1 through 9 years old (child must be able to walk independently without stumbling). The playroom is furnished with child-sized tables and chairs, fun toys, and a television with videos. A child-sized bathroom facility is attached to the playroom. Hours may be adjusted based on use of the facility.

**Child Care Fees**
- Monthly Membership: $15 for first child, $10 each additional child
- Electronic Punch Card: $1.25/half hour (Purchased in 10 hour bundles for $25)
- One Hour Drop-In: $3/child

**Holiday Hours**
- Christmas Eve: 5:30 AM–12:00 PM
- Christmas Day: CLOSED
- New Years Eve: 5:30 AM–4:00 PM
- New Years Day: 10:00 AM–4:00 PM
- Martin Luther King Jr. Day: Normal Hours
- Presidents Day: Normal Hours
Throughout this brochure, different fees are listed for Residents (R) and Non–Residents (NR). Resident fees apply to those who live or work in the city limits of Worthington, including spouses and children of those households. These households and companies pay taxes that support the Worthington Parks and Recreation Department and therefore pay the resident rate for memberships, programs, and rentals. All others pay the listed non–resident rate.

Two proofs of residency are required at the time of registration to receive the resident rate. Examples of proof are a valid driver’s license, check with address, utility bill, or bank statement. Working Residents must work a minimum 20 hours per week for a company in the City limits of Worthington. Verification of payment of Worthington City taxes is required at the time of registration to receive the resident discount price. Acceptable verification is an original pay stub, dated within 30 days, that specifically denotes Worthington City taxes being withheld.

Members who are non–residents may register for programs two days earlier, and receive the lowest pricing on all group fitness classes, Spinning®, Yoga, and Pilates. See page 28 for group fitness pricing.

Through the Member Referral Program, annual members may earn $25 off services or activities by referring new annual members to the Community Center. Not valid for members in the same household.

Please ask for all Membership details at the Community Center Customer Service Desk.

**CORPORATE MEMBERSHIPS are also available!**

There are many benefits to employers whose employees exercise regularly. Exercise can lower health care costs, reduce stress, improve productivity, concentration, morale, and reduce the number of absences. Please contact Customer Service Coordinator Jennifer Button at jennifer.button@worthington.org or by calling (614) 436–2743 for rates or more information.

**INSURANCE BASED MEMBERSHIPS**

The Community Center and Griswold Center offer several insurance-based free memberships for Medicare-eligible customers. These memberships include all member benefits. Eligibility can be confirmed at our customer service desks.

- Tivity SilverSneakers and Prime Programs
- Renew Active Program

For more detailed information about the SilverSneakers program, please see page 36-37

**ANNUAL MEMBERSHIP RATES**

<table>
<thead>
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<th>R</th>
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<tbody>
<tr>
<td>Teen (12–17 yrs.)</td>
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<td>Individual + child (3-11 yrs.)</td>
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<tr>
<td>Senior Citizen**</td>
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A “household” is defined as up to three adults in the same household and their dependents up to and including the age 22, residing on the premises.

Annual Memberships are valid for one year from date of purchase. Monthly payment options, debited directly from your bank account, are available for the purchase of Annual Memberships for a small additional fee. See Customer Service Desk for complete details.

**MONTHLY MEMBERSHIP RATES**

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**DAY PASS BUNDLES**

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*Day Pass Bundles expire one year after purchase. **A Senior Citizen is defined as someone 60 years of age or older.

**Worthington Residency**

Throughout this brochure, different fees are listed for Residents (R) and Non–Residents (NR). Resident fees apply to those who live or work in the city limits of Worthington, including spouses and children of those households. These households and companies pay taxes that support the Worthington Parks and Recreation Department and therefore pay the resident rate for memberships, programs, and rentals. All others pay the listed non–resident rate.

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Working Residents must work a minimum 20 hours per week for a company in the City limits of Worthington. Verification of payment of Worthington City taxes is required at the time of registration to receive the resident discount price. Acceptable verification is an original pay stub, dated within 30 days, that specifically denotes Worthington City taxes being withheld.
The Worthington Community Center offers a wide variety of free and fee-based programs along with state of the art facilities. Membership is not necessary to participate in any of our programs or events.

**WHEN**

- **ONLINE**
  - Online registration begins at midnight for each respective registration date at https://apm.activecommunities.com/worthington

  If you are new to the Community Center please create an account online. Those who work in the City of Worthington qualify for the resident rate and are required to show proof that they pay Worthington City taxes. Please stop by the Community Center to set up your account prior to registration.

- **IN PERSON**
  - In–person registration begins at 5:30 AM.
  - Payment is due at the time of registration.
  - We accept all major credit cards.

  Participants may register for three additional households other than their own.

- **BY MAIL**
  - Mail a completed registration form and your check made payable to: Worthington Parks and Recreation Department.

  A printable PDF version of our registration form may be found on our web site under Registration Information.

  Please note any mailed or dropped off registration forms will be processed after 6:00 PM on your respective registration day.

  Call the front desk staff at 614-436-2743 with any questions.

**HOW**

- **ONLINE**
  - Online registration begins at midnight for each respective registration date at https://apm.activecommunities.com/worthington

**WINTER REGISTRATION**

**PROGRAM & SWIM REGISTRATION DATES**

- **DECEMBER 16 | RESIDENTS / MEMBERS**
- **DECEMBER 18 | OPEN REGISTRATION**

**SWIM 2 REGISTRATION DATES**

- **FEBRUARY 17 | RESIDENTS / MEMBERS**
- **FEBRUARY 19 | OPEN REGISTRATION**

REGISTRATION CAN BE DONE ONLINE STARTING AT MIDNIGHT, AND THERE IS NO CONVENIENCE FEE FOR ONLINE REGISTRATION.

VISIT WORTHINGTON.ORG AND CLICK ON RECREATION REGISTRATION TO SET UP OR UPDATE YOUR ACCOUNT. QUESTIONS? CALL 614-436-2743

**Aquatics Registration Information**

There are only age restrictions when registering for Parent/Child or beginning level classes. These classes include: Tiny Tots, Little Nemos, Flounder, Guppy I and Guppy II.

If you are planning to register for an advanced class, you must meet the prerequisites in order to register online. Advanced classes include: Tadpole I, Tadpole II, Jr. Turtle, Turtle, Minnow, Porpoise, and Whale.

If you have never taken a swim class at the Worthington Community Center, you may be required to come in and be tested by someone on our aquatics staff.

There are no make up classes, so please schedule accordingly.

**Make Up Classes**

In most cases, missed classes cannot be made up. Classes are planned for a specific participant/instructor ratio to allow maximum participation and individual attention.

**Program Refund Policies**

If your course is cancelled by Worthington Parks and Recreation, you will be notified by phone and your refund options. If you request a refund one week prior to the course start date, you will receive a full refund with the exception of an $8 processing fee.

Missing any portion of a course or event due to vacation, schedule conflict, or other non–emergency situation does not justify receiving a refund or proration. Please allow two weeks for refunds to be processed.

**Waiting List Procedures**

Waiting lists are taken when programs are filled and efforts are made to accommodate those individuals. Those waitlisted for a program will be notified by phone if a spot becomes available. If notified, customers are encouraged to call back as soon as possible so that the spot may be reserved for them.

If you have never taken a swim class at the Worthington Community Center, you may be required to come in and be tested by someone on our aquatics staff.

If you are planning to register for an advanced class, you must meet the prerequisites in order to register online. Advanced classes include: Tadpole I, Tadpole II, Jr. Turtle, Turtle, Minnow, Porpoise, and Whale.

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If you have never taken a swim class at the Worthington Community Center, you may be required to come in and be tested by someone on our aquatics staff.

There are no make up classes, so please schedule accordingly.

**Program Age Requirements**

In order to support the success and safety of all individuals it is important that participants are indeed “Program Ready.” This means that the participant is:

- Age appropriate (is the age/grade listed with the program description by the start date of the program)
- Able to use the restroom independently or with minimal verbal prompting
- Able to take direction and instruction from a staff person
- Comfortable with, and able to interact in, a group environment
- Interacts and participates in the program in a manner that is physically and emotionally safe for themselves and others
- Able to participate in the program independently or with reasonable accommodations (For accommodations, please call Celia Thornton at (614) 436–2743 at least two weeks prior to the start of the program)
- Can function in a program with an approximate staff to participant ratio of:

  - **Age 3:** 1 staff to 7 participants
  - **Ages 4–6:** 1 staff to 8 participants
  - **Ages 7+:** 1 staff to 15 participants

Those interested in registering for a program who don’t meet the age/grade requirement may fill out a Registration Request Form for consideration by the program supervisor. Priority will be given to age appropriate participants first. If space is available, supervisors can then choose to add those participants that are younger or older, if appropriate.
Swim Lesson Requirements
Safety is our first priority, so the WPRD staff reserves the right to withdraw or transfer your child from the registered course if he or she does not meet the prerequisites. To receive a refund for swim lessons a 48 hour notice of cancellation is required.
**Guppy 1**
*Preschool Aquatics Level 1*

**Ages: 3Y-5Y • Leisure Pool**

This class is for preschool children who are beginning swimmers and are comfortable in the water by themselves. They will learn to enter and exit the water, submerge, and begin floating and swimming on their front and back. At the end of the session the instructor will determine the participant’s progression to the next level.

**Prerequisites -** Children should be comfortable in the water by themselves. PARENTS ARE NOT PERMITTED IN THE WATER WITH THE CHILDREN IN THIS CLASS.

**SESSION 1**
6 wks. R $48 | NR $62

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<thead>
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**SESSION 2**
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**Safety is our first priority, so the WPRD staff reserves the right to withdraw or transfer your child from the registered course if he or she does not meet the prerequisites. To receive a refund for swim lessons a 48 hour notice of cancellation is required.**

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**Tadpole 1**
*Preschool Aquatics Level 2*

**Ages: 3Y-5Y • Leisure Pool**

This level marks the beginning of independent aquatic locomotion skills. We will enter and exit the pool in slightly deeper water and they will learn to swim farther on their front and learn to swim on their back. Treading water motions will also be introduced. At the end of the session the instructor will determine the participant’s progression to the next level.

**Prerequisites -** Completion of Preschool Aquatics 1 or Learn To Swim Level 1 (Introduction To Water Skills) or, demonstrate the following skills: Enter the water on their own, travel 5 yards and bob 3 times and return and exit the pool. Swim on front with face in water for 2 body lengths, float on back for 3 seconds.

**SESSION 1**
6 wks. R $48 | NR $62

<table>
<thead>
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**SESSION 2**
6 wks. R $48 | NR $62

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</table>
Jr Turtle
Preschool Aquatics Level 3

**Ages: 3Y-5Y • Fitness Pool**

In this level, we will provide additional guided practice at slightly more proficient performance levels and greater distances and times. This class is for younger children who have passed level 2 but may not be old enough or ready for the Turtle class in the lap pool. At the end of the session the instructor will determine the participant’s progression to the next level.

**Prerequisites- Completion of Preschool Aquatics Level 2 (Tadpole 1) or Learn To Swim Level 2 (Fundamental Aquatic Skills), or demonstrate the following skills: Enter in water chest deep and glide 2 body lengths, roll over and float for 5 seconds and return to a standing position. Must do each of these skills on front and back. Also, swim 5 body lengths on front and back.**

**SESSION 1**

<table>
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<tr>
<td>14075</td>
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**SESSION 2**

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<td>14168</td>
<td>Wed</td>
<td>4:30 PM-5:15 PM</td>
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<tr>
<td>14169</td>
<td>Thu</td>
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<tr>
<td>14170</td>
<td>Thu</td>
<td>6:15 PM-7:00 PM</td>
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</tbody>
</table>

Jr Minnow
Preschool Aquatics Level 4

**Ages: 3Y-5Y • Fitness Pool**

In this level, we will provide continued instruction on the front stroke, and back strokes working at becoming more proficient as well as swimming greater distances. This class will be held in the lap pool, and is for children who have passed Jr. Turtle, but may not be old enough for the Turtle class. At the end of the session the instructor will determine the participant’s progression to the next level.

**Prerequisites- Completion of Preschool level Aquatics 3 (Jr. Turtle), or demonstrate the following skills: Swim at least 5 body lengths using Elementary backstroke, push off and swim front crawl for 5 body lengths, roll to back, float on back for 15 seconds, roll to front and then continue swimming 5 body lengths, and demonstrate a comfort level in deeper water such as the lap pool.**

**SESSION 1**

<table>
<thead>
<tr>
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**SESSION 2**

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<tr>
<td>14165</td>
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</tr>
<tr>
<td>14166</td>
<td>Tue</td>
<td>7:15 PM-8:00 PM</td>
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</table>
Guppy 2
Learn To Swim Level 1 - Introduction to Water Skills
Ages: 6Y-12Y • Leisure Pool
This class is designed for school age children who are beginning swimmers and are comfortable in the water by themselves. In this level, we will help the children become more comfortable in the water. They will learn to enter and exit the water, submerge, and begin floating and swimming on their front and back. At the end of the session the instructor will determine the participant’s progression to the next level.
Prerequisites - Children should be comfortable in the water.

SESSION 1
6 wks. R $48 | NR $62
14078 Mon 4:30 PM-5:15 PM Jan 6-Feb 10
14079 Tue 3:30 PM-4:15 PM Jan 7-Feb 11
14080 Tue 7:15 PM-8:00 PM Jan 7-Feb 11
14081 Thu 4:15 PM-5:00 PM Jan 9-Feb 13
14082 Sat 11:00 AM-11:45 AM Jan 11-Feb 15

SESSION 2
6 wks. R $48 | NR $62
14160 Mon 4:30 PM-5:15 PM Feb 24-Mar 30
14161 Tue 3:30 PM-4:15 PM Feb 25-Mar 31
14162 Tue 7:15 PM-8:00 PM Feb 25-Mar 31
14163 Thu 4:15 PM-5:00 PM Feb 27-Apr 2
14164 Sat 11:00 AM-11:45 AM Feb 29-Apr 4

Tadpole 2
Learn To Swim Level 2- Fundamental Aquatic Skills
Ages: 6Y-12Y • Leisure Pool
In this class, students will begin to swim more independently. They learn to swim farther on the front and learn to swim on their back. Treading water motions will also be introduced. At the end of the session the instructor will determine the participant’s progression to the next level.
Prerequisites - Completion of Preschool Aquatics Level 1 or Learn To Swim Level 1 (Introduction To Water Skills) or demonstrate the following skills: Enter the water on their own and travel 5 yards, bob 3 times and return to the side and exit the pool, Swim on front with face in the water for 2 body lengths and float on back without support for 3 seconds.

SESSION 1
6 wks. R $48 | NR $62
14083 Mon 3:30 PM-4:15 PM Jan 6-Feb 10
14084 Tue 4:15 PM-5:00 PM Jan 7-Feb 11
14085 Thu 4:15 PM-5:00 PM Jan 9-Feb 13
14086 Sat 9:00 AM-9:45 AM Jan 11-Feb 15
14087 Sat 10:00 AM-10:45 AM Jan 11-Feb 15

SESSION 2
6 wks. R $48 | NR $62
14194 Mon 3:30 PM-4:15 PM Feb 24-Mar 30
14195 Tue 4:15 PM-5:00 PM Feb 25-Mar 31
14196 Thu 4:15 PM-5:00 PM Feb 27-Apr 2
14197 Sat 9:00 AM-9:45 AM Feb 29-Apr 4
14198 Sat 10:00 AM-10:45 AM Feb 29-Apr 4

Safety is our first priority, so the WPRD staff reserves the right to withdraw or transfer your child from the registered course if he or she does not meet the prerequisites. To receive a refund for swim lessons a 48 hour notice of cancellation is required.

The Worthington Community Center is now hiring lifeguards and is willing to provide free training to certify potential staff.

STARTING HOURLY RATE IS $12.34 PER HOUR.
Please contact Kevin Timmons at 614-436-2743 or Kevin.Timmons@worthington.org for more information.
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Swim Lesson Requirements
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**Porpoise**

**Learn To Swim Level 5 - Stroke Refinement**

**Ages: 6Y-14Y • Fitness Pool**

Students will continue to refine stroke technique for all 6 strokes in this level. Students will also gain endurance during this level by swimming longer distances.

**Prerequisites:** Learn To Swim Level 4 (Stroke Improvement) or demonstrate the following skills: Feet first entry in deep water and swim front crawl for 25 yards, change direction and position and swim elementary backstroke 25 yards. Also swim backstroke 25 yards, Swim side stroke for 15 yards and change direction and position and swim breast stroke 15 yards. At the end of the session the instructor will determine the participant’s progression to the next level.

**SESSION 1**

<table>
<thead>
<tr>
<th>6 wks.</th>
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<tr>
<td>14103 Thu 6:15 PM-7:00 PM</td>
<td>Jan 9-Feb 13</td>
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**Teen / Adult**

**Ages: 13Y and up**

This class is designed for older teens and adults from beginning to advanced levels. The instructor will develop a program for each participant based on their skills and needs.

**SESSION 1**

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<tr>
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<th>NR $62</th>
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<tbody>
<tr>
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**SESSION 2**

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<tr>
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**Whale**

**Learn to Swim Level 6 - Swimming and Skill Proficiency**

**Ages: 6Y-14Y • Fitness Pool**

In this level, students will continue to refine stroke technique and increase their endurance greatly.

**Prerequisites:** Learn to Swim Level 5 (Stroke Refinement) or demonstrate the following skills: Feet first entry in deep water and swim front crawl 50 yards, change position and direction and swim elementary backstroke 50 yards. Swim breaststroke 25 yards, change position and direction and swim back crawl 25 yards. Swim the butterfly and sidestroke for 25 yards. Use a flip turn to change direction at the wall. At the end of the session the instructor will determine the participant’s progression to the next level.

**SESSION 1**

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**SESSION 2**

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<td>14212 Thu 6:15 PM-7:00 PM</td>
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**Stroke Clinic**

**Ages: 6Y-17Y**

This program is for children who may have been on a summer swim team or have completed Level 4 of the learn to swim program and are looking to join a swim team. In this class, we will take the 4 competitive strokes and work on technique and endurance.

**SESSION 1**

<table>
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<tr>
<td>14183 Mon 4:30 PM-5:15 PM</td>
<td>Feb 24-Mar 30</td>
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</table>
**Water Aerobics: Aqua Fitness Medley**

**Ages: 16Y and up**

Boost your energy level and experience increased strength and flexibility with ‘Aqua Fitness Medley’. This class combines the benefits of aerobic conditioning with resistance training through use of noodles, hand bells, boards and balls. Deep-water work will also be incorporated into the medley, but you have the option of remaining in the shallow end for your segment of the deep-water work. Class suitability can be adjusted to all ages and abilities. Be prepared to see your strength and endurance grow.

Enjoy the class camaraderie as you work your muscles in easy-to-follow patterns. This workout can be as challenging as you wish to make it.

Instructor: Darlene Brady

**SESSION 1**

7 wks.  
R $67 | NR $86

14289 Mon,Wed 8:00 PM-8:55 PM  Jan 6-Feb 19

14290 Sat 10:00 AM-10:55 AM  Jan 11-Feb 22

**SESSION 2**

7 wks.  
R $67 | NR $86

14300 Mon,Wed 8:00 PM-8:55 PM  Feb 24-Apr 8

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**Water Aerobics: Complete Aquatic Workout**

**Ages: 16Y and up**

Start your day with a complete aquatic workout that includes stretching, aerobic conditioning and interval training using a variety of equipment. You will use the resistance of the water to help strengthen your core; while it increases your flexibility, range of motion, and endurance. Participants work at whatever level that is right for them. This class is for everyone.

Instructor: Karen Dawson

**SESSION 1**

7 wks.  
R $100 | NR $130

14290 Mon,Wed,Fri 8:00 AM-8:55 AM  Jan 6-Feb 21

14303 Sat 10:00 AM-10:55 AM  Feb 29-Apr 11

**SESSION 2**

7 wks.  
R $100 | NR $130

14303 Mon,Wed,Fri 6:00 AM-6:55 AM  Feb 24-Apr 10

14306 Fri 9:00 AM-9:55 AM  Feb 28-Apr 10
Water Aerobics: Low Impact
Ages: 16Y and up
This class will concentrate on an ease of motion and flexibility and the use of water resistance. A great workout for those who want to improve range of motion and flexibility with a cardiovascular workout.
Instructor Sally Spanitz

SESSION 1
7 wks.  R $67 | NR $86
14296  Tue,Thu  9:00 AM-9:55 AM  Jan 7-Feb 20

SESSION 2
7 wks.  R $67 | NR $86
14307  Tue,Thu  9:00 AM-9:55 AM  Feb 25-Apr 9

Water Aerobics: River Run
Ages: 16Y and up
Join us in the Lazy River for fitness and fun. A typical class begins with a brief warm-up of walking, jogging and running with the current. We will then do some stretching to get ready for the cardio segment. The use of buoyant equipment adds variety and increases the intensity of our workout and the level of laughter. We may travel to other areas of the pool to further enhance our workout. We end our session with abdominal work and more stretching. Get a great water workout with us in the river. It’s fun. It’s different. This is a high level intensity class and is not recommended for people that are just beginning or who have not participated in a high level water aerobics class before. Also, water shoes are required for class.
Instructor: Barbara Byrum

SESSION 1
7 wks.  R $33 | NR $43
14299  Sat  11:00 AM-11:55 AM  Jan 11-Feb 22

SESSION 2
7 wks.  R $33 | NR $43
14308  Sat  11:00 AM-11:55 AM  Feb 29-Apr 11

Water Aerobics: Step Into Aquatic Fitness
Ages: 16Y and up
This program is designed for people who can’t stand still! Each class will vary by using different equipment and techniques to provide a full body workout. With the use of aqua steps, core strengthening, cardio kickboxing, barbells, noodles and variety of other water exercises, the participants will increase muscular endurance while providing cardio toning and flexibility.
Instructor Shari Wheeler

SESSION 1
7 wks.  R $67 | NR $86
14297  Mon,Wed  7:00 PM-7:55 PM  Jan 6-Feb 19

7 wks.  R $67 | NR $86
14309  Mon,Wed  7:00 PM-7:55 PM  Feb 24-Apr 8

Water Aerobics: Yoga Fit
Ages: 16Y and up
This class will be divided equally between an aerobic workout in the lap pool and yoga stretching and relaxation in the warmer water of the leisure pool. We will incorporate basic yoga poses adapted for the water to provide dynamic strengthening, stretching, balance and relaxation. What a great way to end the day and get a good night’s sleep.

SESSION 1
7 wks.  R $37 | NR $48
14298  Tue  8:00 PM-8:55 PM  Jan 7-Feb 18

7 wks.  R $37 | NR $48
14310  Tue  8:00 PM-8:55 PM  Feb 25-Apr 7
### Gym Jam
**Ages:** 2Y-3Y

Have fun with your little one during this parent-child sport themed gym program. Each week various sport stations will be set up with age appropriate equipment for you to engage in active play with your child. We will conclude each class with a fun game or activity.

<table>
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<td>Feb 24-Mar 30</td>
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6 wks.  
*R $21 | NR $27*

### Tumbling for Two
**Ages:** 18M-2Y

Get ready to move on the mats in this parent-child tumbling class. Your child will be able to work on coordination, balance, strength and flexibility as they walk on balance beams, crawl through tunnels, jump on a trampoline and roll down a mat. Each week will feature a variety of obstacle courses and fun games for you and your child.

<table>
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<tr>
<td>14221</td>
<td>Tue</td>
<td>10:30 AM-11:00 AM</td>
<td>Feb 25-Mar 31</td>
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6 wks.  
*R $18 | NR $23*

### Preschool Playtime
**Ages:** 1Y-6Y

Come and join your child for an hour of parent/child playtime fun. Waiting for you each week will be a wide variety of toys and equipment that will allow you and your child(ren) a chance to ride, run, slide and have fun. Siblings of registered participants who are 11 months and younger may attend at no charge.

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<th>Ref</th>
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<td>Feb 24-Mar 30</td>
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6 wks.  
*R $24 | NR $31*

### See Me Run
**Ages:** 18M-3Y

Once children learn to walk, it’s hard to slow them down! Join your child in this busy parent/child class designed to encourage learning through play. We will also sing songs in circle time and do a craft. These activities, along with open play, will help to enhance listening, language and thinking skills, imagination, coordination, and more - all while having fun! This program is designed to offer one on one time with your toddler, so please, no older or younger siblings. No class Nov 27

**Instructor:** Beth Martineau

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<th>Ref</th>
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<td>14138</td>
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<td>9:15 AM-10:15 AM</td>
<td>Feb 26-Apr 1</td>
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6 wks.  
*R $33 | NR $43*

### Sports, Smiles, Fitness, and Fun
**Powered by JumpBunch**

**Ages:** 18M-36M

Your little one needs to get out and get moving and you need a sports program just right for their size. Search no more, JumpBunch has been bringing child-centered sports programs to toddlers and preschoolers that are just the perfect match for their needs. Each week, class begins with kid-friendly warm ups and exercises. We then introduce them to individual skills, equipment and simple rules of a different sport each week. Coaches will praise and encourage children while helping them develop coordination, teamwork and confidence. Each session concludes with games, obstacle courses and cool downs to keep kids engaged and moving throughout the session. Adult/parent participation is required for all children under 3.

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<th>Ref</th>
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<td>14280</td>
<td>Sat</td>
<td>9:30 AM-10:00 AM</td>
<td>Feb 29-Apr 4</td>
</tr>
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</table>

6 wks.  
*R $60 | NR $78*

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**Friday Preschool Open Gym**

**Time:** January 10-March 27

**$2.00 per child**

**Parents must stay with children**
The Worthington Kidstuff Preschool program has been going strong for over 35 years. We have adapted each program to ready children for their next step and although we cover many academic needs to help the children transition to kindergarten, we have always held true to our core belief that socialization and learning through play are important foundations for all.

**Kidstuff**  
**Ages: 3Y-4Y**
Kidstuff is a recreational preschool program full of fun and exciting activities. Your child will participate in art, music, games, large muscle activities, small group, fine motor play, calendar and sharing. Most of all, we encourage children to socialize with others and to feel comfortable in social situations with their peers. Children need to be 3 on or before September 30, 2020 and need to be potty trained. Registration for this program can be made in person at the Worthington Community Center or online at www.worthington.org. A monthly payment plan is available.

14131 Tue,Fri 10:30 AM-12:30 PM Sep 11-May 14  
33 wks. R $720 | NR $792  
8 payments R $90 | NR $99

**Kidstuff Afternoon Superstars**  
**Ages: 4Y-5Y**
The Superstars program offers the same variety of activities offered in our Kidstuff program. In addition, we will introduce the basic fundamentals needed to help make their transitions to kindergarten a little easier. Some of these skills include letter, number and name recognition, writing of names, counting, listening skills and social encouragement. Children need to be 4 on or before September 30, 2020. Registration for this preschool program maybe be done in person at the Community Center or online at www.worthington.org. A monthly payment plan is available.

14132 Mon,Wed,Thu 1:15 PM-3:45 PM Sep 10-May 13  
33 wks. R $944 | NR $1,016  
8 payments R $118 | NR $127

**Kidstuff Superstars**  
**Ages: 4Y-5Y**
The Superstars program offers the same variety of activities offered in our Kidstuff program. In addition, we will introduce the basic fundamentals needed to help make their transitions to kindergarten a little easier. Some of these skills include letter, number and name recognition, writing of names, counting, listening skills and social encouragement. Children need to be 4 on or before September 30, 2020. Registration for this preschool program maybe be done in person at the Community Center or online at www.worthington.org. A monthly payment plan is available.

14133 Mon,Wed,Thu 10:30 AM-12:30 PM Sep 10-May 13  
33 wks. R $840 | NR $912  
8 payments R $105 | NR $114

**Youngstars**  
**Ages: 3Y-4Y**
Is your child ready for preschool but not quite old enough? In this program children will participate in art, music, large muscle activities and group play. For many, this will be the first class experience on their own. Our goals will be to introduce independence, sharing, social interaction and most important... fun! This program beginnings Friday, September 18 with a day for parents to join their child. It runs through December 11, 2020 and will resume January 5th through May 7, 2021. Children must be turning 3 by December 31, 2020 to enroll in this program. A two payment plan is available for this program. Registration may be done in person or online at www.worthington.org.

14134 Tue,Fri 9:00 AM-10:15 AM Sep 18-May 7  
30 wks. R $350 | NR $400  
2 payments R $175 | NR $200
Sporties for Shorties
Ages: 4Y-7Y
This class is great for the youngster who wants to learn a little bit about a lot of different sports. We will learn the basics of soccer, basketball, T-ball, hockey, track & field and football. Your child will also be introduced to a variety of general gym games.

13891 Mon 10:30 AM-11:15 AM Jan 6-Feb 10
13899 Thu 10:30 AM-11:15 AM Feb 27-Apr 2
6 wks. R $30 | NR $39

Little Dunkers
Ages: 4Y-7Y
This class will stress lead-up games and activities to teach the fundamental skills of basketball. These skills will be taught in a fun environment to give your child a positive first experience with basketball.

14225 Mon 1:00 PM-1:45 PM Jan 6-Jan 20
3 wks. R $15 | NR $20

Little Sluggers
Ages: 4Y-7Y
This class is designed to teach boys and girls the basics of T-Ball. The class will use child-friendly, soft balls. Your child will learn how to hit, throw, catch and slide. We will play fun games to teach the different positions and run bases. No gloves are needed. This class is a home run!

13947 Tue 1:00 PM-1:45 PM Mar 17-Mar 31
3 wks. R $15 | NR $20

Muscles in Motion
Ages: 4Y-7Y
This program will focus on keeping you moving through games and exercises focused on physical fitness. Participants will keep their muscles in motion through a variety of activities including running games, obstacle courses, relay races and playing on our preschool bikes.

13890 Tue 1:00 PM-1:45 PM Jan 7-Feb 11
6 wks. R $30 | NR $39

Dash & Splash
Ages: 4Y-7Y
Dash and splash your way through Thursday afternoons. Each week we will complete different activities including dashing to the gym, completing art projects, and other themed activities! Then we are off to the pool to cool down and splash with our friends. Please have your child wear their swim suit to class.

13851 Thu 1:00 PM-3:00 PM Jan 9-Feb 13
13852 Thu 1:00 PM-3:00 PM Feb 27-Apr 2
6 wks. R $54 | NR $70

Dash & Splash Lunch Bunch
Ages: 4Y-7Y
Have lunch with your friends each Thursday prior to Dash & Splash. Pack your lunch and enjoy dining with your friends. If your child is in the Kid Stuff program, we will transport them to the lunch bunch and eat prior to dash and splash.

13853 Thu 12:30 PM-1:00 PM Jan 9-Feb 13
13854 Thu 12:30 PM-1:00 PM Feb 27-Apr 2
6 wks. R $12 | NR $16
**Ballet and Tap Combo**  
**Ages: 3Y-5Y**  
In this 45 minute class, little ones will learn basic ballet and tap terminology and concepts, work on gross motor skills, balance, rhythm and enjoy dances of their own.  

**Instructor: Lisa Barry**  

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<th>Date</th>
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<td>13916</td>
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<tr>
<td>13917</td>
<td>Wed</td>
<td>11:45 AM-12:30 PM</td>
<td>Feb 26-Apr 1</td>
<td>6 wks.</td>
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</tbody>
</table>

**Art & Action**  
**Ages: 4Y-7Y**  
Get the best of both worlds in this active and creative program. Whether it is going on a safari or searching for treasure your child will have loads of fun! Each week will consist of gym activities and art projects that will match the theme for the day.  

**Instructor:**  

<table>
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<th>Date</th>
<th>Day</th>
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<tr>
<td>13942</td>
<td>Fri</td>
<td>1:00 PM-2:30 PM</td>
<td>Jan 10-Feb 14</td>
<td>R $55</td>
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</table>

**Pee Wee Football**  
**Ages: 4Y-7Y**  
In this class we will teach your child the basics of football in a fun and encouraging environment. We will throw, kick and run throughout the gym with the football. We will play games and use drills to help make your child's experience with football one which will keep them coming back for more.  

**Instructor: Lisa Barry**  

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
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<th>Fee</th>
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<tr>
<td>14275</td>
<td>Mon</td>
<td>1:00 PM-1:45 PM</td>
<td>Jan 27-Feb 10</td>
<td>R $15</td>
</tr>
</tbody>
</table>

**Jedi® Academy**  
**Ages: 4Y-7Y**  
Join us for a fun day at our Jedi® academy. After making our custom light sabers we will complete a Jedi® obstacle course to train for our missions we will complete in the academy. We will also make a treat you can take home!  

**Instructor: Lisa Barry**  

<table>
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<tr>
<th>Date</th>
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<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>13861</td>
<td>Wed</td>
<td>1:00 PM-2:30 PM</td>
<td>Jan 22</td>
<td>R $10</td>
</tr>
</tbody>
</table>

**Storytime Adventures**  
**Ages: 4Y-6Y**  
Come join us as we bring a book to life each week in this program that has a little bit of everything. Each week we will read a story followed by a craft and activities related to the story. This program will consist of both active and creative play opportunities for your child.  

**Instructor: Lisa Barry**  

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<tr>
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<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>14223</td>
<td>Mon</td>
<td>1:00 PM-2:00 PM</td>
<td>Feb 24-Mar 30</td>
<td>6 wks.</td>
</tr>
</tbody>
</table>

**Tiny Tot Soccer**  
**Ages: 4Y-7Y**  
This class will focus on teaching your child the basics of soccer. We'll cover passing, dribbling, shooting goals and goalkeeping. We will also scrimmage and participate in fun drills.  

**Instructor: Lisa Barry**  

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
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<tr>
<td>13948</td>
<td>Tue</td>
<td>1:00 PM-1:45 PM</td>
<td>Feb 25-Mar 10</td>
<td>3 wks.</td>
</tr>
</tbody>
</table>

**Wild about Wednesdays**  
**Ages 4Y-6Y**  
We’re getting wild on Wednesdays this winter so join us for an hour of fun with your friends. This program will include playing with our preschool toys and bikes, completing wild experiments, crafts and gym games. What day is it....?  

**Instructor: Lisa Barry**  

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<thead>
<tr>
<th>Date</th>
<th>Day</th>
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<tbody>
<tr>
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<td>10:30 AM-11:30 AM</td>
<td>Feb 26-Apr 1</td>
<td>6 wks.</td>
</tr>
</tbody>
</table>

**Bally Sports Group**  
**Worthington Little Ballers Basketball**  
**Ages: 4Y-6Y**  
Bally Sports Group provides children with a fun and educational first basketball experience! Players are taught the fundamentals of dribbling, shooting, passing, rebounding, defense, and the concept of game play. A positive and encouraging atmosphere is created in which kids learn proper sportsmanship. Each week players participate in developmentally appropriate instruction and modified, recreational game play.  

**Instructor: Lisa Barry**  

<table>
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<tr>
<th>Date</th>
<th>Day</th>
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<th>Fee</th>
<th>Notes</th>
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<tbody>
<tr>
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<td>5:30 PM-6:30 PM</td>
<td>Jan 15-Feb 19</td>
<td>6 wks.</td>
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</tbody>
</table>

**Bally Sports Group - Have a Ball**  
**Ages: 4Y-6Y**  
Bally Sports Group provides children with a fun and educational first experience with a different sport each week. Participants will receive developmentally appropriate instruction and modified, recreational game play.  

**Instructor: Lisa Barry**  

<table>
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<tr>
<th>Date</th>
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<th>Time</th>
<th>Fee</th>
<th>Notes</th>
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<tr>
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<td>Mar 4-Apr 1</td>
<td>5 wks.</td>
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</tbody>
</table>

For more information and to register visit www.ballysportsgroup.com
Gym & Swim
Ages: 4Y-7Y
Have fun on Fridays at the Community Center! We will spend an hour in the gym playing with our preschool toys and bikes followed by active games! The final hour will be spent in the pool trying out all of its fun features. Please have your child wear a bathing suit under their clothes and bring a towel.

13876 Fri 1:00 PM-3:00 PM Feb 28-Apr 3
6 wks. R $48 | NR $62

Sports, Smiles, Fitness, and Fun
Powered by JumpBunch
Ages: 3Y-5Y
Your little one needs to get out and get moving and you need a sports program just right for their size. Search no more, JumpBunch has been bringing child-centered sports programs to toddlers and preschoolers that are just the perfect match for their needs. Each week, class begins with kid-friendly warm ups and exercises. We then introduce them to individual skills, equipment and simple rules of a different sport each week. Coaches will praise and encourage children while helping them develop coordination, teamwork and confidence. Each session concludes with games, obstacle courses and cool downs to keep kids engaged and moving throughout the session. Adult/parent participation is required for all children under 3.

14273 Sat 10:00 AM-10:30 AM Jan 11-Feb 15
14281 Sat 10:00 AM-10:30 AM Feb 29-Apr 4
6 wks. R $60 | NR $78

Gym & Swim
Ages: 4Y-7Y
Have fun on Fridays at the Community Center! We will spend an hour in the gym playing with our preschool toys and bikes followed by active games! The final hour will be spent in the pool trying out all of its fun features. Please have your child wear a bathing suit under their clothes and bring a towel.

13876 Fri 1:00 PM-3:00 PM Feb 28-Apr 3
6 wks. R $48 | NR $62

Creative Preschool Programs

Chocolate Chips & Kisses
Ages: 4Y-6Y
Chocolate is the perfect ingredient for most of our recipes. A couple of our specialties will be Secret Kiss Cupcakes, Hershey Kiss Treats and a very special Valentine Pound Cake. Join me in the bakery (kitchen) where we will whip up some mouth watering and delicious temptations.

13952 Mon 9:15 AM-10:15 AM Jan 6-Feb 10
6 wks. R $33 | NR $43

Winter Clay Creations
Ages: 3Y-6Y
Create special winter clay pieces by rolling, pinching and coiling. We will create snowmen that will melt your heart, a special Valentine for someone you love and much more.

13961 Mon 1:00 PM-2:00 PM Jan 6-Feb 10
6 wks. R $33 | NR $43

Dragon Scales & Castle Tales
Ages: 3Y-6Y
Be a King or Queen of the castle. Become a knight of the round table and have some magical friends to help guard you kingdom. Design your castle and create your own dragon and wizard. We will also enjoy some royal tales.

13970 Wed 9:15 AM-10:15 AM Jan 8-Feb 12
6 wks. R $33 | NR $43

Down on the Farm
Ages: 3Y-6Y
Wanted: Help on the farm. Lots of crazy things happening here. The animals are going on strike, writing and typing letters and making demands. We need your help to unruffle their feathers and set everything right. Lots of laughs and art fun to be had.

13969 Wed 10:30 AM-11:30 AM Jan 8-Feb 12
6 wks. R $33 | NR $43
**Zoo-opolis**  
**Ages: 3Y-6Y**  
Lions and tigers and bears, oh my! In our zoo there is an escaping elephant, a painting gorilla and silly penguins playing follow the leader. Find out why all the animals are sleeping when you go see them. Lots of fun to be found in zany zoo-opolis!  
13992 Fri 9:15 AM-10:15 AM Jan 10-Feb 14  
13993 Wed 1:00 PM-2:00 PM Jan 8-Feb 12  
6 wks. R $33 | NR $43  

**Animals of Ice & Snow**  
**Ages: 3Y-6Y**  
Travel to the top of the world and discover arctic wildlife. On the snow and ice, polar bears, seals and walrus can be found. In the icy waters are where the orca's and narwhals are. Inland, you might find the artic fox, white hare and the snowy owl. They are hard to find since they blend in. Let's make some new friends and learn some amazing things about them.  
13967 Thu 9:15 AM-10:15 AM Jan 9-Feb 13  
6 wks. R $33 | NR $43  

**Clay Kritters**  
**Ages: 3Y-6Y**  
Just a little pinch here and a little roll there and end with a twist to transform an ordinary ball of clay into clay kritters and pinch pot animals. Cleverly mold a clay tube into an imaginary kritter and much more.  
13953 Mon 1:00 PM-2:00 PM Feb 24-Mar 30  
6 wks. R $33 | NR $43  

**Cupcakes, Cookies & Tarts**  
**Ages: 4Y-6Y**  
Do you have a sweet tooth? If you like to help mix and stir your help is needed in creating our delicious delights. While our creations are baking and cooling we will clean up the bakery and play games. Then the best part comes when we get to taste test our yummy creations. Two recipes to come will be Orange Kiss-Me cupcakes and I cannot tell a lie tarts...Yum.  
13954 Mon 9:15 AM-10:15 AM Feb 24-Mar 30  
6 wks. R $33 | NR $43  

**Dino-riffic**  
**Ages: 3Y-6Y**  
Be an archaeologist and help reassemble a stegosaurus and create your own dinosaurs out of clay and recyclables. We'll even make dino fossils and dino wind chimes. It will be dino-riffic fun!  
13968 Wed 9:15 AM-10:15 AM Feb 26-Apr 1  
6 wks. R $33 | NR $43  

**Enchanted Friends**  
**Ages: 3Y-6Y**  
In the enchanted forest you'll meet all kinds of fairie folk. There will also be leprechauns and witches. You might also be lucky enough to catch a glimpse of some Enchanted unicorns or a friendly dragon. Our art projects will be made with flowers, wood, clay, paint, and imaginations of course.  
13994 Wed 1:00 PM-2:00 PM Feb 26-Apr 1  
13995 Fri 9:15 AM-10:15 AM Feb 28-Apr 3  
6 wks. R $33 | NR $43  

**Time Travelers**  
**Ages: 3Y-6Y**  
The time machine has been programmed to take us to different places in time. We'll drop in at the castle and meet the Wizards, Kings & Knights of the Round table. Go back further to prehistoric times and visit cave people and dinosaurs. Take a quick trip forward and meet some alien life forms. Who knows what or who we'll find!  
13971 Thu 9:15 AM-10:15 AM Feb 27-Apr 2  
6 wks. R $33 | NR $43  

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**Family Night**  
**Fridays 6:30 PM–9:00 PM**  
**January: 10, 17, 24, 31**  
**February: 7, 14**  
**March: 8, 13**  
*Bring the Farm to You will bring farm animals and homesteading activities on January 31*  
Leave the electronics at home and come to the Community Center for a free night of crafts, games, and connecting as a family!  
(Children must be accompanied by an adult and vice versa)
Junior Badminton League
Ages: 7Y-15Y
Smash it! Come and experience the speed! Badminton is a full-body workout sport that builds quick reflexes, aerobic endurance, and rapid hand-eye coordination. Basic knowledge of badminton rules is required. Player evaluations will take place on the first day of the league. Rackets are not provided by the instructor. For more information you can email Derek Lee at ckdlee01@hotmail.com.

13889 Sat 2:15 PM-7:30 PM Jan 11-Mar 28
10 wks. R $75 | NR $98

Badminton Clinic
Ages: 7Y and up
Come and experience the world’s fastest racket sport. Badminton is no longer just a backyard game. It has been recognized as a full medal sport by The IOC (International Olympic Committee) since 1992. Badminton is a full-body workout sport that builds quick reflexes, aerobic endurance, and rapid hand-eye coordination. The class covers the basic strategies for doubles and single players, proper hand grips, service, basic footwork, and how to execute various net shots such as clears, drives, smashes, and drops. It is a fun sport for all ages. A $12 material fee will be due to instructor at the first class.

13919 Sat 1:00 PM-2:00 PM Jan 11-Feb 15
6 wks. R $55 | NR $72

Dodge Ball
Grades: 1-6
Duck-Dive-Dodge-Throw! Who will be the last one standing during our dodge ball games? Each week we will introduce new varieties of dodge ball games using soft and safe balls.

13862 Mon 4:00 PM-5:00 PM Jan 6-Feb 10
14255 Mon 4:00 PM-5:00 PM Feb 24-Mar 30
6 wks. R $33 | NR $43

Flag Football
Grades: 1-4
We will bring football indoors this winter for fast pace action with your friends. In this program we will learn different pass routes, kick field goals, learn plays and scrimmage.

14268 Wed 4:00 PM-5:00 PM Jan 8-Feb 12
6 wks. R $33 | NR $43

Junior Hoops
Grades: 1-4
This class will consist of teaching basketball skills through drills and games. These skills will be taught in a fun environment to give your child a positive experience. We will use adjustable backboards to meet your child’s comfort level.

14232 Tue 4:00 PM-5:00 PM Feb 25-Mar 31
6 wks. R $33 | NR $43

Junior Tennis
This class is designed to teach the basics of tennis and eye-hand coordination. This will be done in a fun fashion with stretching and warm-up exercises followed by drills and games. The basics include forehand, backhand, forehand and backhand volley, and the serve.

Grades: K-3

13882 Wed 4:00 PM-5:00 PM Feb 26-Apr 1
14235 Thu 4:00 PM-5:00 PM Jan 9-Feb 13

Grades: 4-6

13883 Wed 4:00 PM-5:00 PM Feb 26-Apr 1
14239 Thu 4:00 PM-5:00 PM Jan 9-Feb 13

6 wks. R $33 | NR $43

NERF® Dart Games
Grades: 3-6
Get out of the house and bring your NERF® dart shooter to the community center for a showdown with your friends. We will engage in a variety of activities including shooting at targets and breaking into teams for an all out showdown. We will set up barriers in the gym and build forts. Participants must bring their own NERF® dart shooter and darts. Please make sure all your equipment is labeled.

13873 Fri 4:00 PM-5:30 PM Jan 24
13874 Fri 4:00 PM-5:30 PM Feb 28
13875 Fri 4:00 PM-5:30 PM Mar 27
R $10 | NR $13

Street Jackets Skills & Drills
Ages: 6Y-13Y
This course aims to provide a safe and fun hockey program for boys and girls. The course will progress each week covering stickhandling, passing, shooting, coordination, movement and game play. Classes will consist of a warm up followed by skill development drills and game play. Hockey sticks will be provided, but class members may use their own equipment.

13859 Tue 4:00 PM-5:00 PM Jan 7-Feb 11
6 wks. R $33 | NR $43

Volleyball: Beginner
Grade: 1-4
Learn about volleyball and have a lot of fun in this beginner volleyball class. Volleyball is a fast paced sport that all ages can enjoy! We will learn how to bump, set, serve, and play a variety of games. We will use two courts divided by age and skill. Come over to the Community Center and learn a new sport!

13860 Thu 4:00 PM-5:00 PM Feb 27-Apr 2
6 wks. R $33 | NR $43
Kids n Clay
**Ages: 6Y-12Y**
You can create all kinds of projects with a little clay and a lot of imagination. We will use balloons, tubes, slabs and more. The possibilities are endless! Please wear old clothes, this is a very messy class.

13959 Mon 4:00 PM-5:15 PM Jan 6-Feb 10
13960 Mon 4:00 PM-5:15 PM Feb 24-Mar 30
6 wks.  R $42 | NR $55

**Supervised Elementary Swim**
**Grades: K-6**
During this program participants will have an hour and a half to enjoy our leisure pool and interact with friends under the supervision of Community Center staff. You may pack a snack to eat in the Fishbowl during rest period. All participants will be required to check out with a parent at the 5:00 rest break.

13868 Fri 3:30 PM-5:00 PM Jan 10-Feb 14
13869 Fri 3:30 PM-5:00 PM Feb 28-Apr 3
6 wks.  R $33 | NR $43

**The Last Case of Sherlock Holmes, Or is it?**
This winter we will be solving crimes with the infamous Sherlock HOLMES. To spice up his mysteries we are adding comedy, commedia del arte. The younger cast members become the Baker Street Irregulars. You will learn how to make the audience roar with laughter. Performance will be on the last class.

Instructor: Candace of Dramatic-Impact
**Ages: 6Y-9Y**
14000 Thu 6:15 PM-7:00 PM Jan 16-Mar 12
9 wks.  R $65 | NR $85

**Ages: 10Y-14Y**
14130 Thu 7:15 AM-8:15 AM Jan 16-Mar 12
9 wks.  R $65 | NR $85

**American Red Cross Babysitting Clinic**
**Ages: 11Y and up**
In this class, boys and girls learn to handle many problems encountered while babysitting. We will cover such topics as infant and toddler care, safety, emergency situations, both disciplining and entertaining children, basic first aid, age-appropriate toys and games, your responsibilities as a sitter and more. Topics will be covered in the form of movies, discussion, demonstrations, work sheets and practice. Participants must be 11 years old.

*Participants are encouraged to bring a lunch and drink to class.*
Instructor: Deb Pound
14270 Sat 8:30 AM-3:30 PM Jan 18
14271 Sat 8:30 AM-3:30 PM Feb 15
R $45 | NR $59

**Kidz Home Alone**
**Ages: 9Y-13Y**
Are you ready to educate your child about the responsibilities of being home alone? Our goal is to assist every student to feel more comfortable while home alone. This interactive course teaches topics such as First Aid, Self Heimlich maneuver, reasons to call 911, fire escape plans, microwave safety and how to problem solve out of the ordinary situations. A parent guide is included in the student manual which provides helpful discussion points between parent and child. Parents do not need to attend the class. Offered by Enriching Kidz

14222 Tue 4:00 PM-6:00 PM Feb 4-Feb 11
2 wks.  R $75 | NR $97

**LEGO® Maniacs**
**Grades: 1-6**
If you like building with and using your imagination, then join us and dig into our big boxes of LEGO® bricks and build, build, build. Each week, builders will be given a theme at the beginning of class, and then build a LEGO® creation of their own design.

13950 Tue 4:00 PM-5:00 PM Feb 25-Mar 31
6 wks.  R $33 | NR $43

**Bally Sports Group - Spring Break Camp**
**Ages: 6Y-11Y**
Campers will have a ball at the Worthington Spring Break Camp! Children will be introduced to a variety of sports that will include soccer, basketball, flag football, ultimate frisbee, volleyball, and floor hockey. We will also engage in games such as kickball, dodge ball and capture the flag. This camp will swim each day in the pool. Bally Sports will emphasize sportsmanship, respect, teamwork and more in a positive, engaging way. Full and Extended Day options are available. For more information and to register visit www.ballysportsgroup.com

13880 Mon-Fri 9:00 AM-4:00 PM Apr 6-Apr 10
1 wk.

**Winter Break Day Camp**
**Grades: 1-6**
Spend a day of winter break with your friends at the Community Center. We will be playing gym games, completing a winter themed craft and swimming in the leisure pool. Please make sure your child brings a packed lunch, snack, water bottle, swimsuit and towel.

13865 Mon 9:00 AM-4:00 PM Dec 30
13866 Thu 9:00 AM-4:00 PM Jan 2
13867 Fri 9:00 AM-4:00 PM Jan 3
R $39 | NR $51
**Worthington Parks Improvement Fund**

The Worthington Parks Improvement Fund was created to preserve and enhance the city’s sixteen neighborhood parks. This fund allows gift donations to be used for a variety of needs ranging from plants to park structures.

Citizens and friends of Worthington interested in donating are invited to read our informative donation brochure. For additional information please contact Celia Tincher at the Community Center at ctincher@ci.worthington.oh.us or (614) 436–2743.

**Village Green Signs**

Non–profit community organizations with events in Worthington may apply for a permit to post a sign on the Village Green. Permits and more information are available on our website www.worthington.org and at the Community Center customer service desk.

This is a free service.
## Tai Chi for Balance, Strength and Good Health

**Ages: 16Y and up**

Tai Chi is a slow moving meditation based in a series of moves that build balance and strength, provide the opportunity for full-body stretching and improve mental clarity. The ancient form of movement is Guang Ping style of Tai Chi Chuan. Students experience stretching in every class followed by learning and/or practicing parts of the Tai Chi Chuan form of movement a few steps at a time. Open to all levels!

**Instructor: Paki Sukwattana**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Days</th>
<th>Time</th>
<th>Start Date</th>
<th>End Date</th>
<th>Status</th>
<th>Price: R, M</th>
<th>Price: NR</th>
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</thead>
<tbody>
<tr>
<td>13999</td>
<td>Mon</td>
<td>7:00 PM-8:30 PM</td>
<td>Feb 24-Mar 30</td>
<td></td>
<td>6 wks.</td>
<td>R, M $60</td>
<td>NR $78</td>
</tr>
<tr>
<td>13998</td>
<td>Mon</td>
<td>7:00 PM-8:30 PM</td>
<td>Jan 6-Feb 17</td>
<td></td>
<td>7 wks.</td>
<td>R, M $70</td>
<td>NR $91</td>
</tr>
</tbody>
</table>

## Tai Chi for Health and Meditation

**Ages: 16Y and up**

Based on Sun style, this class is low impact; practice in a higher stance, each step has a follow step to help with balancing. A gentle exercise of flowing movements and deep breathing, helps with balance, range of motion, and release stress.

**Instructor: Paki Sukwattana**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Days</th>
<th>Time</th>
<th>Start Date</th>
<th>End Date</th>
<th>Status</th>
<th>Price: R, M</th>
<th>Price: NR</th>
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</thead>
<tbody>
<tr>
<td>14002</td>
<td>Wed</td>
<td>1:30 PM-2:30 PM</td>
<td>Feb 26-Apr 1</td>
<td></td>
<td>6 wks.</td>
<td>R, M $54</td>
<td>NR $70</td>
</tr>
<tr>
<td>14001</td>
<td>Wed</td>
<td>1:30 PM-2:30 PM</td>
<td>Jan 8-Feb 19</td>
<td></td>
<td>7 wks.</td>
<td>R, M $63</td>
<td>NR $82</td>
</tr>
</tbody>
</table>

## Gentle Hatha Yoga

**Ages: 13Y and up**

Begin your weekend with a gentle morning practice that will open your mind and body. This class focuses on the major postures in Hatha Yoga and developing deep breathing practice, and is a perfect beginning to a new yoga practice as well as for those returning to Yoga. Enjoy improved balance and more confidence in everyday movement. Learn to release stress and tension in the body and mind, and ease stiffness and body aches. You should be comfortable moving from a seated to a standing position. Drop-ins welcome!

**Instructor: Janet Shumaker**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Days</th>
<th>Time</th>
<th>Start Date</th>
<th>End Date</th>
<th>Status</th>
<th>Price: R, M</th>
<th>Price: NR</th>
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</thead>
<tbody>
<tr>
<td>13997</td>
<td>Fri</td>
<td>10:30 AM-11:45 AM</td>
<td>Feb 28-Apr 3</td>
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<td>6 wks.</td>
<td>R, M $57</td>
<td>NR $74</td>
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<td>13996</td>
<td>Fri</td>
<td>10:30 AM-11:45 AM</td>
<td>Jan 3-Feb 21</td>
<td></td>
<td>8 wks.</td>
<td>R, M $76</td>
<td>NR $99</td>
</tr>
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## Pilates/Yoga Fusion

**Ages: 13Y and up**

Enjoy one hour of the best of the Yoga and Pilates worlds with this fusion class. You will find strength, balance, and flexibility all drawn together using deep breathing techniques. Plan to leave class feeling strong and refreshed! This is a mixed-level, session based class.

**Instructor: Janet Braden**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Days</th>
<th>Time</th>
<th>Start Date</th>
<th>End Date</th>
<th>Status</th>
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<th>Price: NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>14227</td>
<td>Thu</td>
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<td>14229</td>
<td>Wed</td>
<td>10:45 AM-11:45 AM</td>
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<td></td>
<td>7 wks.</td>
<td>R, M $63</td>
<td>NR $82</td>
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<tr>
<td>14230</td>
<td>Wed</td>
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<td></td>
<td>6 wks.</td>
<td>R, M $54</td>
<td>NR $70</td>
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<tr>
<td>14228</td>
<td>Thu</td>
<td>7:00 PM-8:00 PM</td>
<td>Feb 27-Apr 2</td>
<td></td>
<td>6 wks.</td>
<td>R, M $54</td>
<td>NR $70</td>
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</tbody>
</table>

## Gentle Core and Stretch

**Ages: 13Y and up**

This 45 minute class offers all of the benefits of Pilates, strengthening the body (particularly the core), improving posture and increasing flexibility. Balance work will be incorporated weekly. This class is designed for those beginning their fitness journey or those who prefer a more gentle and mindful approach to fitness. Get ready for a stronger, more balanced you!

**Instructor: Janet Braden**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Days</th>
<th>Time</th>
<th>Start Date</th>
<th>End Date</th>
<th>Status</th>
<th>Price: R, M</th>
<th>Price: NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>14233</td>
<td>Thu</td>
<td>11:00 AM-11:45 AM</td>
<td>Feb 27-Apr 2</td>
<td></td>
<td>6 wks.</td>
<td>R, M $51</td>
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<tr>
<td>14231</td>
<td>Thu</td>
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<td></td>
<td>8 wks.</td>
<td>R, M $68</td>
<td>NR $88</td>
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</table>
Ayurvedic Wellness  
**Ages: 16Y and up**  
Join me for a 6 week journey into wellness! Ayurveda is a 5,000 year old method of naturally and holistically improving your health and longevity by way of improved lifestyle practices (diet, sleep, exercise, meditation etc.). In these fun and interactive classes, you will learn how to bring the ancient teachings of Ayurveda into your life. Course fees are R $135 | NR $160. Registration cutoff is January 20 to allow for ordering supplies; supply fee of $40 to be paid to Janet Braden at the first class (cash/check please). Materials you will receive: Neti pot & salt, eye wash cup, tongue cleaner, massage oil, 2 oz spray bottle, and Healing Your Life Lessons on the Path of Ayurveda book by Dr. Marc Halpern. Please contact jbraden@columbus.rr.com with any questions about the course.

14226 Sun 12:00 PM-1:30 PM Feb 2-Mar 8  
6 wks.  R $135 | NR $160

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Belly Dance Fire and Romance  
**Ages: 12Y and up**  
Break away from the wintertime blahs by boosting your heart’s romance quotient. The genre of belly dance is renowned for its infinite variety of love songs, and in this session we explore an upbeat multicultural hip hop tune featuring declarations of yearning and adoration. Beginners through to experienced belly dance enthusiasts are welcome. Wear comfortable workout clothes. Dance barefoot, or in socks, or in your favorite style of soft dance slippers. No Class March 2

Instructor: Sarah-Jane Core  
14006 Mon 7:30 PM-8:30 PM Feb 17-Mar 30  
6 wks.  R $51 | NR $66

---

Intro to Meditation  
**Ages: 12Y and up**  
Meditation has been practiced for centuries in many traditions and cultures as a technology of the mind, body and heart. Practicing meditation regularly may boost cognitive and emotional resilience. It may improve attention, memory, reasoning, problem solving and decision making. It can increase the capacity to simply be with the intensity of life. There are many types of practices that work with the following: relaxation, breathing, mindfulness, awareness, compassion and loving kindness. Give yourself the gift of time. Simply take a moment to sit, breathe and relax. Give yourself the opportunity to truly tune in with your body and breathe. Connect with yourself so you can more effectively and directly connect with the people and the world around you. This 8 week course is for those interested in simply beginning to meditate and for those developing, maintaining and deepening their practice. Please bring a yoga mat.

Instructor: Brian Soppelsa  
14003 Mon 7:00 PM-8:15 PM Jan 6-Feb 24  
8 wks.  R, M $76 | NR $99

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Unstoppable You Through Belly Dance  
**Ages: 12Y and up**  
Gather your courage and enjoy the life you’re living, no matter what your critics are saying. Keep on shining, and celebrate unstoppable you! This session features an all-cultures-embracing electronic dance number brimming with positivity. Beginners through to experienced belly dance enthusiasts are welcome. Wear comfortable workout clothes. Dance barefoot, or in socks, or in your favorite style of soft dance slippers. No Class January 20

Instructor: Sarah-Jane Core  
14005 Mon 7:30 PM-8:30 PM Jan 6-Feb 10  
5 wks.  R $43 | NR $55

---

Club LIFT  
**Ages: 16Y and up**  
In this small group setting, you will receive coaching on mastering all three main lifts (squat, deadlift and bench). This course will help build strength and find variations that work for you. Have fun lifting while learning proper form and technique. Participants will receive a custom Club Lift Tee Shirt to be worn with pride!

Instructors: Alex Nagai, CPT, and Megan Geller, CPT  
14276 Sat 8:30 AM-9:30 AM Jan 4-Feb 8  
6 wks.  R, M $85 | NR $110

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STRENGTH
Novice Pickleball Clinic

Ages: 18Y and up

This class is for the Pickleball player wanting to learn the basic fundamentals and principles of this fun and active sport. Whether it’s your very first time ever playing the sport or if you’ve just started to play a little bit and want to play with folks of equal novice level (non-competitive), this is for you. Learn all the basic skills, rules and strategies with personalized instruction from our instructors along with fun, open play to improve your skills. **Please Note: Priority registration will be given to those who were on the previous session waiting list.**

- **14316** Tue 7:00 PM-9:00 PM Jan 7-Jan 28
- 4 wks. R $33 | NR $43

Advanced Pickleball

Ages: 18Y and up

**Please note time change: Advanced Pickleball will begin at 7:15am Advanced level Pickleball meets Thursday mornings from 7:15am-9:15am. Drop-in fee of $4. A Pickleball skill level of 4.0 and up is recommended to maintain competitive balance.**

- **14315** Thu 7:15 AM-9:15 AM Jan 2-Apr 2
- 14 wks.

Pickleball

Ages: 18Y and up

Commonly called “indoor tennis,” pickleball is rapidly growing. The rules of the game allow for both fast and slow play and can be played by single players or teams of two. Fun for any level! An overview of the rules and basic strategies can be explained upon request (handouts are available as well). Please note: At least one court is reserved for novice level play but not a clinic/lesson format. Drop-in participants will only be accepted if space is available for a drop-in fee of $4. Times and dates may be subject to change due to gym availability.

- **14317** Mon,Wed,Fri 7:00 AM-9:00 AM Jan 3-Feb 14
- **14318** Mon,Wed,Fri 7:00 AM-9:00 AM Feb 17-Apr 3
- 7 wks. R $40 | NR $51
- **14319** Tue 7:00 PM-9:00 PM Feb 4-Mar 31
- 9 wks. R $27 | NR $35

Volleyball: Open Adult

Ages: 18Y and up

This recreational volleyball program is designed for those individuals interested in fun, fitness oriented, noncompetitive play. If space is available, walk-ins will be accepted. Walk-in fee is $5.

- **13857** Wed 7:15 PM-9:15 PM Jan 8-Feb 19
- **13858** Wed 7:15 PM-9:15 PM Feb 26-Apr 8
- 7 wks. R $27 | NR $35

Badminton League

Ages: 16Y and up

Smash it! Come and experience the speed! Badminton is a full-body workout sport that builds quick reflexes, aerobic endurance, and rapid hand-eye coordination. Basic knowledge of badminton rules is required. Player evaluations and division assignments will take place on the first day of the league. For more information you can email Derek Lee at ckdlee01@hotmail.com.

- **13888** Sat 2:15 PM-7:30 PM Jan 11-Mar 28
- 10 wks. R $75 | NR $98

Men’s Open Basketball

Ages: 18Y and up

The open basketball program is an opportunity for individuals to play organized pick-up games. Walk-in participants will only be accepted if space is available at a cost of $6.

- **13855** Mon 7:15 PM-9:15 PM Jan 6-Feb 17
- **13856** Mon 7:15 PM-9:15 PM Feb 24-Apr 6
- 7 wks. R $32 | NR $42
**CPR Training Healthcare Provider**  
**Ages: 14Y and up**  
The Worthington Fire Department is offering CPR Training through the American Heart Association. This is a certified course for the Healthcare Provider covering one and two-person CPR for infant, child and adults, choking emergencies and the use of barrier devices and the Automated External Defibrillator (AED). Course manuals are not included in the fee and must be purchased before the class. Classes are held at the Worthington Fire Department.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Day</th>
<th>Time</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Sat</td>
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<td>Feb 8</td>
</tr>
<tr>
<td>14108</td>
<td>Sat</td>
<td>10:00 AM-12:00 PM</td>
<td>Apr 11</td>
</tr>
</tbody>
</table>

R & NR | $45

**CPR Training Heartsaver AED**  
**Ages: 14Y and up**  
The Worthington Fire Department is offering CPR Training classes through the American Heart Association. This is a certified course for the lay-person covering one-person CPR for infant, child and adults, choking emergencies and the use of the Automated External Defibrillator (AED). Course manuals are not included in the fee; you will need to order your text books for class. Classes are held at the Worthington Fire Department.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Day</th>
<th>Time</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>14106</td>
<td>Sat</td>
<td>10:00 AM-12:00 PM</td>
<td>Mar 14</td>
</tr>
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</table>

R & NR | $25

**General Estate Planning**  
**Ages: 18Y and up**  
This presentation will cover the importance of an estate plan, including the differences between a Will and a Trust, and the reasons why you want to avoid Probate Court. Attendees will understand the role between a financial advisor and an estate planning attorney and how they can work together to be a part of your planning team. You will also find out the pitfalls of Do-It-Yourself estate planning. Presented by William K. Root, Esq. and Melissa A. Izenson, Esq. of Resch, Root, Philippus & Graham, LLC and Travis Cremeans, Financial Advisor with Ameriprise Financial Services, Inc.

<table>
<thead>
<tr>
<th>Course Code</th>
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<th>Time</th>
<th>Date</th>
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<tbody>
<tr>
<td>14278</td>
<td>Tue</td>
<td>6:00 PM-7:30 PM</td>
<td>Feb 18</td>
</tr>
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</table>

No fee

**Planning Your Garden**  
**Ages: 16Y and up**  
February is a great time to start planning your garden. This interactive class will discuss the following (and will attempt to answer all other participant questions):
- When should I get started?
- What should I plant?
- Where’s the best place for my garden?
- How about my soil?
- Should I add compost or other amendments?
- What should I do about those pesky rabbits and deer?
- How can I protect my plants from frost?
- Should I start seeds or buy plants?
- Is it better to start seeds inside or outside?

Participants will also have the opportunity to discuss their gardening problems, concerns and successes.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Day</th>
<th>Time</th>
<th>Date</th>
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<tbody>
<tr>
<td>14284</td>
<td>Wed</td>
<td>7:00 PM-8:30 PM</td>
<td>Feb 12</td>
</tr>
</tbody>
</table>

R $5 | NR $6.50

**Saturday Adventures**  
**Ages: 13Y and up**  
Teens and Adults ages 13 years old and up will enjoy fun outings designed for individuals who need some level of support. These events offer the opportunity for social experiences in the community. Activities will be held mostly Saturdays day/evening. Participants who require special health care or those who need one-on-one assistance will be required to provide their own attendant and pay all activity fees for the attendant. Transportation for the activities is provided by a lift bus to accommodate 2 wheelchairs. There is a separate program number if you will be participating in a wheelchair. The program fee covers the cost of transportation and supervision. All activity fees are to be paid by the participant. A flyer with complete details of each event will be sent home prior to each activity. Tentative dates for this session are Jan. 11, Feb. 1, 15 & 29, March 14 & 28.

**Instructors:** Tammy Cautela & Sue Hoffmanbeck

<table>
<thead>
<tr>
<th>Course Code</th>
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<th>Time</th>
<th>Date</th>
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<tbody>
<tr>
<td>13990</td>
<td>Sat</td>
<td>5:00 PM-8:00 PM</td>
<td>Jan 11-Mar 28</td>
</tr>
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</table>

6 wks. | R $114 | NR $139

Please use the following program number if you will be joining the Saturday Adventure program and will be attending in a wheelchair.

**Saturday Adventures - Wheelchair**

<table>
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<th>Course Code</th>
<th>Day</th>
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<tbody>
<tr>
<td>13991</td>
<td>Sat</td>
<td>5:00 PM-8:00 PM</td>
<td>Jan 11-Mar 28</td>
</tr>
</tbody>
</table>

6 wks. | R $114 | NR $139

No fee
PERSONAL TRAINING

Where to begin
Tell us about yourself and your goals by filling out the pre-screen form (available on the fitness floor or online at worthington.org) and return to the fitness desk or email it to fitness.WPRD@worthington.org

What happens next
Our certified staff will review your information, goals and availability to determine which of our trainers would be the best fit.

Your selected trainer will contact you within three business days to set up your free consultation. All of our prospective clients receive a free consultation so that you and your trainer can talk about your health history and specific goals. This process allows us to follow ACSM exercise guidelines as well as to make sure all those interested in personal training are connected with a trainer.

At your consultation you will decide on your training package and schedule your first session. Your trainer will give you a purchase agreement to take down to the Front Desk for payment. Please keep your payment receipt to give to your trainer.

Rates & Options

<table>
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<th>Single Sessions:</th>
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<tbody>
<tr>
<td>30-Minute Session</td>
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<td>45-Minute Session</td>
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<td>60-Minute Session</td>
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<table>
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<tr>
<th>30-Minute Packages:</th>
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<td>8 Sessions</td>
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<td></td>
<td>$25/Session</td>
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<table>
<thead>
<tr>
<th>45-Minute Packages:</th>
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</thead>
<tbody>
<tr>
<td>4 Sessions</td>
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<tr>
<td>8 Sessions</td>
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<td>$35/Session</td>
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<table>
<thead>
<tr>
<th>60-Minute Packages:</th>
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</thead>
<tbody>
<tr>
<td>4 Sessions</td>
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<td></td>
<td>$50/Session</td>
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<tr>
<td>8 Sessions</td>
<td>$360</td>
</tr>
<tr>
<td></td>
<td>$45/Session</td>
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</table>

Non-Members must purchase a day pass when working with their WCC personal trainer. Sessions have a one-year expiration date unless otherwise noted.

Assess and Design - $160
Whether you are looking to get started with an exercise routine or just looking to change things up from your “same-old, same-old” the Assess and Design will take you there. Let our nationally certified Personal Trainers create a program designed specifically for you! You will be able to meet one-on-one with a trainer of your choosing (or we can pick one for you) to discuss where you are, but more importantly where you want to be. We will then create a 6-week exercise program tailor-fit just for you. Your second meeting with your trainer will be an hour session to review and explain your program. After that, you have the option for two more 30-minute follow-up meetings with your trainer to further review your plan.

Partner Training

30 Minutes: $45
60 Minutes: $70

Workout with a friend! Studies have shown that working out with a partner is more fun, will keep you motivated, you will be more likely to achieve your goals and more likely to try new things. You know what else helps keep you motivated, try new things and achieve goals? A personal trainer! The sky is the limit when combining the two. Sign up today for a personal trainer for you and a friend.

Trainer Spotlight

Justin Stobbs

Justin is an ACE Certified Personal Trainer with Bachelors degrees in Exercise Science and Communications from Ohio State. He is a proud Army Veteran. Justin has managed college recreation facilities and retirement community wellness programs. He has an extensive personal training background working with clients of all ages and fitness levels. His goal is to teach you how to exercise with confidence to achieve any goal. Justin’s specialties include; strength training, flexibility training, and weight loss. Outside of the gym Justin enjoys attending auctions, gardening, and car shows. Justin is excited to introduce you to the benefits of exercise.
The Community Center offers a wide variety of drop-in Group Fitness Classes to fit all schedules and interests! Visit worthington.org/fitness for a complete schedule and prices.

**Beginner Fit Yoga**
If you are new to yoga and want to focus on correct alignment and getting the most out of each pose, this class is for you! Also great for seasoned yogi’s looking for an alignment tune up!

**Boot Camp 45**
This 45 minute class combines strength conditioning and athletic drills for an all-star workout.

**BOSU FIT**
A total body fitness class used to increase strength, endurance and balance. The BOSU, weights and bands will be used to burn the maximum amount of calories. This class will incorporate cardio and strength training. Modifications will be given to make this class great for all levels.

**Cardio & Weights**
This workout is the perfect solution to end boring workouts. Different cardio formats and strength training exercises will be done in each class offering.

**Dance Fit**
Tone it up, Squat it out, and jam in this class filled with songs from 80,90 and today! Try not to sing along.

**Fit Yoga**
This class uses elements of yoga to increase overall flexibility and strength with a focus on the muscles of the core. Some Yoga experience recommended. Fit Yoga 45 will incorporate all elements of the 60 min class in 45 min

**Hip Hop**
This workout features a hip hop playlist along with easy to follow hip hop moves.

**Low Impact/Low Impact & Weights**
Get a cardio and toning workout that’s nice and easy on the knees; Low Impact & Weights adds sculpting movements for a total body workout.

**Muscle Mix**
Focus on strengthening major muscle groups mixed with short bursts of cardio.

**Sculpt**
Strengthen every major muscle group using a variety of equipment and techniques.

**Strength & Stretch**
This low impact workout will strengthen your core and muscles using weights, resistance, movement and yoga. We will end with a good yoga stretch. Breathe, strengthen and relax!

**STRONG by Zumba®**
STRONG by Zumba® combines body weight, muscle conditioning, cardio and plyometric training moves synced to original music that has been specifically designed to match every single move. Burn calories while toning arms, legs, abs and glutes

**Step & Sculpt**
This class alternates cardio step patterns and strength training for an interval-style workout.

**Tabata + Core**
Tabata is a HIIT (High Intensity Interval Training) program that features exercises that last 4 minutes each. We will do 45 minutes of Tabata Training, followed by 15 of core work.

**Zumba®**
Zumba® exercise classes are “fitness parties” that blend upbeat world rhythms with easy-to-follow choreography, for a total-body workout that feels like a celebration. Classes are 60 minutes unless otherwise noted.

**Spin®Combo**
Get in a powerful 30 minute Spinning® ride followed by a 30 minute weight-training routine.

**Spin®&Flow**
Work hard for the first 30 minutes on the bike, then hop off and experience a total body stretch.

**Spin®Express**
Experience all the benefits of Spinning packed into a 30 minute class, perfect for your lunch break!
Group Fitness Drop-In Pricing

**Drop–In Prices**

<table>
<thead>
<tr>
<th>Daily Drop–In Pass</th>
<th>$12 per Class</th>
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</thead>
<tbody>
<tr>
<td>(paid at the Customer Service desk prior to attending class) for all other Group Fitness and Fit Yoga Classes</td>
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<table>
<thead>
<tr>
<th>Daily Drop–In Pass</th>
<th>$8 per Class</th>
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</thead>
<tbody>
<tr>
<td>(paid at the Customer Service desk prior to attending class) for Spinning®, Session Yoga, Pilates &amp; Pure Strength</td>
<td></td>
</tr>
</tbody>
</table>

**Group Fitness Punch Card Prices**

For savings on Group Fitness Classes (excluding Session Based Fitness Classes: Yoga, Pilates, Pure Fitness, Pure Strength) consider purchasing a Punch Card.

**Our Punch Cards** are available in 8 or 16 classes that allow you to attend a Group Fitness Class when it’s convenient for you.

<table>
<thead>
<tr>
<th>Class Pass</th>
<th>Resident / Members Price</th>
<th>Non-Resident Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 Class Pass</td>
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<td>$47</td>
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<tr>
<td>16 Class Pass</td>
<td>$72</td>
<td>$94</td>
</tr>
</tbody>
</table>

Our Monthly Unlimited option is the best value and allows you to take a wide variety of classes each week. (Monthly Unlimited Cards will be valid each calendar month. Prices will not be prorated for cards purchased mid month.)

<table>
<thead>
<tr>
<th>Monthly Unlimited Pass</th>
<th>Resident / Members Price</th>
<th>Non-Resident Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>$40</td>
<td>$52</td>
<td></td>
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</tbody>
</table>

**Spinning® Punch Card Prices**

For savings on Spinning® Classes.

**Our Spinning® Cards** are available in 6 or 12 classes that allow you to attend a Spinning® Class when it’s convenient for you.

<table>
<thead>
<tr>
<th>Class Pass</th>
<th>Resident / Members Price</th>
<th>Non-Resident Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 Class Pass</td>
<td>$30</td>
<td>$36</td>
</tr>
<tr>
<td>12 Class Pass</td>
<td>$60</td>
<td>$72</td>
</tr>
</tbody>
</table>

**Spinning® Cards:** Group Fitness Punch Cards no longer include Spinning® classes. A Spinning® Card will be required for all Spinning® classes.

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**Lauren Dyas**

Join Lauren for Boot Camp on Mondays at 5:45 PM in the North Gym

I was raised in Worthington and love it so much that my husband and I decided to raise our two children (Jack, 5 and Abby, 2.5) here. Growing up, my mom taught aerobics classes at various gyms (the most prominent in my memory being The Continent) which I believe planted the seed for my interest in fitness. I was certified by ACE last year to teach classes and my main focus is HIIT (High Intensity Interval Training). I love talking to people so please say hi and introduce yourself if you see me!

---

**Kim Osborne**

Kim has a passion for helping others live a healthy and fit lifestyle, and has been teaching yoga and group fitness for over 20 years. She combines her experience in health and fitness with the development of the art of yoga - union of mind, body and spirit - and the fundamental skills of breath, movement and shape. Her classes benefit students of all ages, shapes and skill levels.

When off the mat, Kim enjoys jamming out to music with her husband, playing with her dogs, spending time with her college-aged daughters and taking in the beauty of the Earth’s natural surroundings.

Join Kim for Fit Yoga 45 on Wednesdays at 9:30 AM in the Community Room
Cardio and All Weight Equipment

• Ages 16 and above may use the fitness floor with no restrictions without a parent/guardian or taking the Junior Fitness Class.

• Ages 16 and above are permitted to use the weight circuit and free weights.

• Ages 12-15 must either be with a parent/guardian at all times or must complete our free Junior Fitness Class.

• Ages 12 & 13 may use the weight circuit machines only.

• Ages 14 & 15 may use free weights.

• Ages 11 and under are not permitted on the fitness floor. Please see our Youth programming options in our brochure to get your child involved in physical fitness.

Safety First

• Closed toed shoes are required on the fitness floor and track.

• No bags, coats or other bulky personal items permitted on the fitness floor. Please use a cubby or locker to store your items. Free locks for lockers are available at the front desk.

• A proper shirt or tank top must be worn at all times.

• All devices must be used with headphones and are not to be audible to other fitness floor users.

Track

• Ages 10 and above may use the track without a parent or guardian.

• Youth ages 9 and below may use the track with a parent or guardian supervisor with them on the track at all times.

How to Sign-Up for a FREE Junior Fitness Class

• Visit the Fitness Desk upstairs

• We will work with your schedule to find an appointment time that works for you

• Once the class has been completed and your youth has obtained their Junior Fitness Card they are able to use the fitness floor.

• Please Note: A parent or guardian must attend the class with their youth.
A Set of Sundays
Ages: 16Y and up
Mark your calendar to unwind and let your creativity flow by working with clay in our cheerful, naturally-lit pottery studio. Enjoy an unstructured class with the option of mini-workshops and demonstrations on specific wheel throwing, trimming and glazing topics chosen by those in the class. To accommodate your busy schedule, this class meets every other Sunday afternoon. Basic Wheel-Throwing is the pre-requisite.
Instructor: Lynn Wheeler
14109 Sun 1:00 PM-4:00 PM Jan 5-Mar 15
6 wks. R $117 | NR $142

Twice a Month Tuesdays-Midday Clay
Ages: 16Y and up
Tuesdays are great days to enter the world of wheel-thrown pottery, or enjoy more time if you’re already there. Basic Wheel-Throwing is the pre-requisite.
Meets 1/7 & 21, 2/11 & 18, 3/10 & 24 and 4/7
Instructor: Lynn Wheeler
14122 Tue 11:00 AM-2:00 PM Jan 7-Apr 7
7 wks. R $137 | NR $162

Personal Progress-Wheel-Throwing
Ages: 16Y and up
Enjoy extra time and extra attention to refine and improve your skills on the potter’s wheel. For beginner through intermediate level students. Basic Wheel-Throwing is the pre-requisite. Limited to 3 students.
Instructor: Lynn Wheeler
14121 Mon 6:00 PM-9:00 PM Jan 20
R $30 | NR $39

Slip Trailing
Ages: 16Y and up
Your imagination is the only limit when using this fun and versatile technique to add decoration, texture and dimension to your wheel-thrown or handbuilt work. Don’t miss this once-a-year class. Student provides leather-hard pots (handbuilt or wheel-thrown) to decorate. Basic Wheel-Throwing is the pre-requisite.
Instructor: Lynn Wheeler
14124 Sat 11:00 AM-2:30 PM Jan 25
R $28 | NR $36

Glazing - Science & Art
Ages: 16Y and up
This glazing class will include instruction and assistance as we share information, tips, basic techniques, safety and troubleshooting when using commercial glazes and the multitude of variables to consider when glazing your work. The possibilities are endless and you will increase your chances of successful glazing outcomes by taking this class. Student provides bisqueware to glaze.
Instructor: Lynn Wheeler
14123 Mon 6:00 PM-9:00 PM Jan 27
R $27 | NR $35

Extra Day in Clay
Ages: 16Y and up
We can always use just a little more time to practice and/or complete those pots! So here it is. You must be currently registered in one of the other Tues., Wed., Fri., Sat. or Sun. multiple class sessions or have permission from instructor. Basic Wheel-Throwing is the pre-requisite.
Instructor: Lynn Wheeler
14118 Wed 6:00 PM-9:00 PM Feb 5
R $20 | NR $26
Basic Wheel Throwing - Give it a Try!
Ages: 16Y and up
For ALL level potters (total beginners, or those with varying levels of experience) who wish to learn or strengthen wheel-throwing skills at your level. This class will introduce basic wheel-throwing processes and reinforce specific techniques including wedging, centering, pulling up walls and shaping. New to the potter’s wheel? Bring some friends or family members and enjoy a fun and easy way to give wheel-throwing a try. This class is the pre-requisite to all of Lynn’s other wheel-throwing classes. Subsequent classes will proceed from your individual skill level. Advance registration of at least 1 week prior to the class is required.
Instructor: Lynn Wheeler
14110 Sat 11:00 AM-2:00 PM Feb 15
14111 Sun 1:00 PM-4:00 PM Apr 5
R $33 | NR $43

New! Throwing off the Hump
Ages: 16Y and up
Save a lot of time and amaze yourself with your speed in wheel-throwing small to medium pieces off the top of a large clump of clay. Get tips and lots of practice in this new class. Basic Wheel-Throwing is the pre-requisite.
Instructor: Lynn Wheeler
14112 Wed 6:00 PM-9:00 PM Feb 19
R $27 | NR $35

End of the Day Clay
Ages: 16Y and up
You deserve a middle-of-the-week treat. Work with clay on the potter’s wheel with individualized instruction. Classes will include demonstrations on specific wheel-throwing, trimming and glazing topics chosen by those in the class. Basic Wheel-Throwing is the pre-requisite. No class 2/5, 2/19, 3/4
Instructor: Lynn Wheeler
14118 Wed 6:00 PM-9:00 PM Jan 8-Feb 12
5 wks. R $98 | NR $123

Midday Clay Friday
Ages: 16Y and up
Start the weekend early and enjoy time exploring an endless array of projects and techniques in clay thrown on the potter’s wheel. Progress at your own pace with individualized instruction, optional demonstrations on specific wheel-throwing, trimming and glazing topics in our sun-lit studio. Basic Wheel-Throwing is the pre-requisite. No class 2/7
Instructor: Lynn Wheeler
14120 Fri 11:00 AM-2:00 PM Feb 21-Apr 3
6 wks. R $117 | NR $142
14119 Fri 11:00 AM-2:00 PM Jan 10-Feb 14
5 wks. R $98 | NR $123

Centered in Clay Saturday
Ages: 16Y and up
The instructional focus will be your personal progress and individual goals for throwing on the potter’s wheel, trimming and glazing, with tips, info, and demonstrations designed to help you build your skills. Classes will also include demonstrations on specific wheel-throwing topics chosen by those in the class. Basic Wheel-Throwing is the pre-requisite. No class 1/25, 2/15, 3/7, 3/28
Instructor: Lynn Wheeler
14113 Sat 11:00 AM-2:30 PM Feb 29-Apr 4
4 wks. R $91 | NR $116
14112 Sat 11:00 AM-2:30 PM Jan 11-Feb 22
5 wks. R $114 | NR $139

Fluting, Incising and Faceting fun!
Ages: 16Y and up
These very simple techniques (at both the plastic stage on the wheel, and at the soft leatherhard stage) can transform a very simple pot into something delightful! Basic Wheel-Throwing is the pre-requisite.
Instructor: Lynn Wheeler
14127 Mon 6:00 PM-9:00 PM Feb 24
R $27 | NR $35

Bottles, Jugs and Closed Forms
Ages: 16Y and up
This workshop for intermediate and confident wheel-throwers will provide tips and practice to build your skills for these challenging forms. Learn to master the balancing act between clay wall strength and thinness when making graceful, tall, narrow, and closed-necked bottles of a variety of shapes and sizes. Basic Wheel-Throwing is the pre-requisite.
Instructor: Lynn Wheeler
14128 Mon 6:00 PM-9:00 PM Mar 16
R $27 | NR $35
NEW! Lidded Casseroles
Ages: 16Y and up
Bring your lidded pot skills and/or learn new ones and put together a casserole with a well-fitted lid, functional handles, and pleasing aesthetics. Basic WheelThrowing is the pre-requisite.
Instructor: Lynn Wheeler
14129 Sat 11:00 AM-2:00 PM Mar 28
R $27 | NR $35

Extended Day in Clay-End of Quarter Gathering
Ages: 16Y and up
Your opportunity to work in clay all day! This is also a potluck, so bring a dish to share. Sign-up for either or both sessions (for current students only). Basic Wheel-Throwing is the pre-requisite.
Instructor: Lynn Wheeler
14116 Sun 10:30 AM-1:30 PM Mar 29
R $20 | NR $26
14117 Sun 2:00 PM-5:00 PM Mar 29
R $20 | NR $26

Coffee Mugs
Ages: 16Y and up
A very personal pot and always a welcomed gift - Learn what makes a great mug in this workshop. We'll examine the elements of form, function and aesthetics including size, shape, height, width, handle design (forming, shaping, applying), as well as the finishing touches of the lip and base. Basic Wheel-Throwing is the pre-requisite.
Instructor: Lynn Wheeler
14125 Tue 11:00 AM-2:00 PM Mar 31
R $27 | NR $35

Glass Fusion Fun
Ages: 16Y and up
Find your medium of expression in this ancient process of Glass Fusing. Come join us to explore this art using special glass to create projects of colored beauty. Glass cuttings and the use of powders, frits and rods will help you finish your project. Please wear old clothes: this is a messy class. Supplies are extra, and are available for purchase at class, online, or locally. New students please attend the first class for lecture information.
Instructor: Michelle Brevick
13955 Tue 6:00 PM-8:30 PM Jan 7-Feb 11
6 wks. R $65 | NR $85
13956 Tue 6:00 PM-8:30 PM Feb 25-Mar 31
6 wks. R $78 | NR $100

Hand Building Clay Creations
Ages: 16Y and up
Come join our class and learn many techniques of hand building and sculpting with clay. Whether you want to expand your skills or just want try clay creation for the first time, this class is for you.
Instructor: Michelle Brevick
13957 Thu 6:00 PM-8:30 PM Jan 9-Feb 13
13958 Thu 6:00 PM-8:30 PM Feb 27-Apr 2
6 wks. R $102 | NR $127
General Policies
Permit holder must be present during the time of rental. Groups will not be allowed in their room/gym until the starting time on their permit and must check in with the front desk or building supervisor to get their room unlocked. We are also enforcing the policy on multiple bookings not being refundable.

Please be aware that no alcohol is allowed on the premises of any of our rental sites.

Groups are responsible for providing their own supplies, decorations, table coverings, food, etc.

Groups are responsible for all setup and cleanup, and time for this must be included in the time of the rental.

Application Process
The individual reserving the facility must be present during the entire permitted time. Payment is due at the time of the reservation.

Fee Information
Fees are established based on type of room and residency of person obtaining permit.

Repeated Use, to qualify for resident rates:
Qualified city groups may receive a $5 permit writing fee (per use) that will be honored Monday–Thursday from 5:00–9:00 PM for meeting rooms at the Community Center and Selby Shelter only.

Refund Policies
Requests for refunds must be made 3 weeks in advance for Swim Party Rentals. Refund requests for any other room must be made 1 week in advance.

Refunds will not be granted for inclement weather. There is an $8 processing fee for a refund. Check refund processing may take up to 4 weeks.

Multiple rentals are non-refundable.

New changes for reserving Community Center Facilities:

January, February and March 2020:
Monday, December 2nd - Residents and Members Single Bookings
Wednesday, December 4th – Residents and Members Multiple Bookings*
Monday December 9th – Open Reservations

April & May 2020:
Monday, March 2nd - Residents and Members Single Bookings
Wednesday, March 4 – Residents and Members Multiple Bookings*
Monday March 9th – Open Reservations
*Multiple Bookings mean no more than 1 rental per week is allowed per Community Center account.

Griswold Center Facilities can be reserved on the following dates:
Jan, Feb, Mar – 1st Monday in December
Apr, May, June – 1st Monday in March
July, Aug, Sept – 1st Monday in June
Oct, Nov, Dec – 1st Tuesday in September

Inquiries and requests may be in person at the Griswold Center at least 1 weeks prior to the rental.
BUSINESS HOURS
Monday – Friday: 8:00 AM – 5:00 PM
Registrations can only be processed until 4:00 PM

FITNESS ROOM HOURS
Monday–Thursday.....8:00 AM–NOON, 4:30 PM–6:30 PM
Friday ...................................8:00 AM–2:00 PM
Saturday .............................8:00 AM–11:00 AM

GRISWOLD CENTER MEMBERSHIP
Annual Memberships are valid for one year from date of purchase

<table>
<thead>
<tr>
<th>Age</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 55 and over</td>
<td>$12</td>
<td>$18</td>
</tr>
<tr>
<td>Age 54 and younger</td>
<td>$20</td>
<td>$25</td>
</tr>
</tbody>
</table>

Membership to the Griswold Center entitles you to 2 days of priority registration for Griswold Center programs and trips along with access to free, drop in programming.

- As a member you have the option to receive the quarterly brochures by mail which showcase current information about a wide variety of free and fee based programs available.
- Membership to both the Griswold Center AND the Community Center entitles you to unlimited use of the Griswold Fitness Room for no extra charge (see page 3 for more information).
- SilverSneakers® and Renew Active members also have unlimited use of the Griswold Fitness Room for no extra charge.

SELECT GRISWOLD CENTER ACTIVITIES

The Woodward Opera House & The Alcove Restaurant, Mt. Vernon
Research has shown that the Woodward is America’s oldest authentic 19th century theater still standing. Historical investigation has placed the first event to at least Dec 1851. Enjoy a guided tour of the theater and marvel at the $22.5 million dollar restoration. Lunch will be on your own at the Alcove restaurant. Founded in 1911 as a small ice cream and candy shop in the heart of downtown Mount Vernon. Program price includes transportation.

14329 Tue 9:15 AM-3:15 PM Jan 14
R $9 | NR $12

Acorn Adventures, Ohio Caverns, West Liberty
It may be the middle of Winter but we will hike the caverns in a steady 54 degrees and check out some of the most unique cave formations in America. This hike is 1 mile and lasts about an hour. After the hike, head to a late lunch, on your own. Program price includes admission and transportation.

14330 Fri 10:00 AM-4:00 PM Feb 21
R $25 | NR $33

My Fair Lady, Broadway Across America
From Lincoln Center Theater that brought you The King & I and South Pacific, comes “a sumptuous new production of the most perfect musical of all time” (Entertainment Weekly), Lerner & Lowe’s MY FAIR LADY. Boasting such classic songs as “I Could Have Danced All Night,” “The Rain in Spain,” “Wouldn’t It Be Loverly” and “On the Street Where You Live,” MY FAIR LADY tells the story of Eliza Doolittle, a young Cockney flower seller, and Henry Higgins, a linguistics professor who is determined to transform her into his idea of a “proper lady.” But who is really being transformed? Performed at the Ohio Theatre. Program price includes ticket and transportation. Registration deadline is Jan 15, 2020 due to ticket purchase deadline.

14331 Wed 6:30 PM-10:30 PM Mar 11
R $109 | NR $134

Pick up a copy of the Griswold Center Activity Brochure for a full listing of Active Senior Opportunities.

Winter Registration Dates
- December 18
  Resident Members/Working Resident/Griswold Volunteers
- December 19
  NonResident/Members
- December 20
  Open to all
Nova Scotia & Maritimes of Canada
July 9-16, 2020

Highlights include:
- Saint John
- Bay of Fundy
- Reversing Falls
- Grand Pre Historic Site
- Annapolis Valley
- Halifax
- Citadel
- South Shore
- Peggy's Cove
- Cape Breton Island
- Bras d'Or Lake
- Alexander Graham Bell Museum
- Cabot Trail
- Gaelic College
- Charlottetown
- Green Gables

South Florida & Keys
February 25 - March 1, 2020

Highlights include:
- Miami-Miami Beach
- Art Deco District
- Biscayne Bay
- Atlantic Ocean
- Everglades Airboat Ride
- Key West
- Marathon
- Conch Tour Train
- Mallory Square
- Ernest Hemingway Home & Museum
- Duval Street
- Discovery Undersea Glass Bottom Boat Cruise
- Little White House

Paris to Normandy
Sept 14-22, 2020

Highlights include:
- Vernon–LesAndelys
- Caudebec
- “A Taste of Normandy” excursion
- Guided sightseeing in Rouen
- Conflans: Excursions to Auvers-sur-Oise
- “Heart of Paris” walking tour

Tour includes:
- Land/cruise
- Portcharges
- Meals and accommodations
- Sightseeing and services of a professional cruise director

Stop by the front desk or visit worthington.org/trips to learn more
About SilverSneakers®
Tivity SilverSneakers® Fitness program is the nation’s leading fitness program designed exclusively for older adults. This comprehensive program addresses the physical, mental and social needs of Medicare-eligible members (usually 65-plus). Adults over age 65 who adopt a physically active lifestyle can substantially improve their health to get more out of life. PRIME is available to adults ages 18–64 whose health insurance includes this program as a wellness benefit.

For SilverSneakers® participants this also includes the opportunity to participate in the signature SilverSneakers® group exercise classes. Both programs offered at both the Community Center and Griswold Center are listed below. For PRIME participants this includes the opportunity to participate in the SilverSneakers® BOOM classes.

Renew Active®
Renew Active is a fitness program for body and mind designed to help people live their best lives and achieve their health and wellness goals. Through Renew Active, people age 65 and older can take advantage of an in-person fitness orientation to help them get started toward reaching their goals as well as all of the benefits of a standard membership. Renew Active is available at no additional cost to people enrolled in eligible UnitedHealthcare Medicare Advantage plans.

Memberships
Tivity SilverSneakers®, PRIME and REnew Active® members receive a no-cost Community Center and/or Griswold Center membership, which includes all member benefits. Eligibility for these insurance-based programs can be confirmed at the Community or Griswold Center customer service desks.

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### SilverSneakers BOOM™ MOVE
This fun, dance-inspired workout improves your cardio fitness with easy-to-follow moves set to energizing music.

<table>
<thead>
<tr>
<th>Location</th>
<th>Time</th>
<th>Instructor</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Griswold Center</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mon</td>
<td>1:00 PM – 1:30 PM</td>
<td>Sandy Hull</td>
<td>30</td>
</tr>
<tr>
<td>Fri</td>
<td>8:30 AM – 9:00 AM</td>
<td>Sandy Hull</td>
<td>30</td>
</tr>
<tr>
<td><strong>Community Center</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tues</td>
<td>10:30 AM – 11:00 AM</td>
<td>Judy Hunter</td>
<td>25</td>
</tr>
<tr>
<td>Thu</td>
<td>2:00 PM – 2:30 PM</td>
<td>Bev Tabb</td>
<td>30</td>
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</tbody>
</table>

### SilverSneakers BOOM™ MUSCLE
This class incorporates athletic exercises that boost your overall fitness. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill.

<table>
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<tr>
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<th>Time</th>
<th>Instructor</th>
<th>Max.</th>
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</thead>
<tbody>
<tr>
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<td>Bev Tabb</td>
<td>25</td>
</tr>
</tbody>
</table>

### SilverSneakers BOOM™ MIND
The best from yoga and Pilates are combined into one fusion class designed to relax your body and mind. The focus is on core muscles, lowe-body strength and balance.

<table>
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<tr>
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<td>Mon</td>
<td>2:00 PM – 2:30 PM</td>
<td>Sandy Hull</td>
<td>30</td>
</tr>
<tr>
<td>Fri</td>
<td>9:30 AM – 10:00 AM</td>
<td>Sandy Hull</td>
<td>30</td>
</tr>
</tbody>
</table>
*Circuit, Classic, Yoga & Splash programs are offered only to members 65 and up of SilverSneakers®.

**BOOM programs are offered to PRIME & Silversneakers® members ages 50 and up.

Visit www.TivityHealth.com for more information regarding the Tivity SilverSneakers® Fitness program.
Mission Statement

To create community through exceptional parks, programs, facilities, and events.

Vision

WORTHINGTON PARKS & RECREATION WILL:

Provide safe, family friendly environments.

Be a leader in customer service.

Provide exceptional maintenance and cleanliness.

Lead in community health and wellness.

Provide innovative parks and recreation.

Be positive people providing fun interactions.

Strive for sustainable practices.

Inclement Weather Policy

Sports Line (weather info) (614) 786–7366

During inclement weather Worthington Parks and Recreation facilities will maintain normal operating hours for general recreation unless directed otherwise by the City Manager. We know you and your families need a place to play, so we maintain facility and program operations as long as instructors and staff are available. Program cancellation decisions are made independent of Worthington school closures. When possible, cancellations will be posted on Worthington’s Facebook page and on the WPRD sports line beginning at 8:30 AM for morning classes and 2:00 PM for afternoon and evening classes. Should weather conditions worsen after the indicated times, cancellation decisions will be made and communications handled in the best possible way according to the situation and staff resources. In the event of a weather related closure, programs and permit groups will be rescheduled, Community Center accounts credited or refunded.

For field closures in April through October, the sportsline will be updated by 3:30 PM.

WPRD Photograph Policy

Photographs/videos are occasionally taken of participants of activities and visitors to facilities of the Worthington Parks and Recreation Department. These photographs/videos are used to promote Parks and Recreation programming and facilities in future Activity Brochures and a variety of other City of Worthington publications and social media. If you prefer that you or your child not be photographed during a registered program, you must “opt-out” on or before the first day of each listed course by completing an “opt-out” form at the Department’s registration desk. For any non-registered activities or visits to our parks or facilities, please notify the photographer if you prefer that you or your child not be photographed.

Meetings are held the third Tuesday of each month at the Community Center at 6:00 PM.

Scheduled Winter meeting dates are:
Dec 17, Jan 21, Feb 18, March 17
**Egg Scramble**

Friday, April 3 | 6:30 PM
Hop on over Friday, April 3 for the Worthington Community Center’s annual egg hunt at McCord Park! Children will be able to hunt for candy and toy filled eggs at 6:00 PM sharp! The egg hunt is rain or shine and will start at 6:00 PM, so please allow time to park and walk to the park! Egg hunt areas will be divided by the following ages: 2 years and under, 3–4 years, 5–6 years, 7–10 years.

**Summer Camp Fair Expo**
Presented by KidsLinked
February 21 | 5:00 PM–8:00 PM
Community Center North and South Gyms

Start planning your summer adventure! Visit with area camp providers and learn about summer camp programs for all ages.

**Worthington Weddings**

FEBRUARY 23, 2020
NOON–4 PM ✨ FREE BRIDAL SHOW

Worthington Community Center • register at worthington.org/weddings

Your Dream Wedding...Begins Here!

On February 23, 2020 the Worthington Community Center will be hosting their Worthington Weddings Bridal Show. Planning your wedding will be easy when you meet with over 70 wedding professionals under one roof...taste delicious cakes, see beautiful flowers, and find your perfect wedding day look. You'll be inspired as you discover new ideas, see amazing decor options, and uncover the latest trends. Admission is free but the first 200 pre-registered brides will receive a complimentary copy of Devoted-Wedding Planning Guide, a free tote bag full of goodies and can enter to win raffle prizes.
**Worthington Tri**

**Ages: 13Y and up**

The Worthington Community Center’s second indoor triathlon! Participants will compete in a 15 minute swim, followed by a 15 minute bike in our fitness studio, and will finish with a 15 minute run on our treadmills. The goal for each participant is to cover as much distance as possible during the swim, bike, and run within the 15 minute time limit. All levels of experience are welcome for this indoor triathlon. Awards will be given to overall finishers as well as other categories. All participants will receive a race goodie bag and tee shirt. Register by January 5 for Early Bird Pricing: $30. Register January 6-26: $40. After January 26: $50.

**Team registration available, please email ryan.cooper@worthington.org for more information.**

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**REGISTRATION FEE**

- **before January 5**
  - $30
- **January 6—26**
  - $40
- **after January 26**
  - $50

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**2020 INDOOR TRIATHLON**

**swim • bike • run**

**SUNDAY**

**FEBRUARY 16**

**FIRST HEAT STARTS AT 7:00 AM**

registration begins Dec 16 at worthington.org/tri