



NAME _____

ADDRESS _____

CITY _____ ZIP _____

BIRTHDAY ____/____/____ MALE _____ FEMALE _____

PHONE _____

EMAIL ADDRESS _____

RESIDENCY—CHECK ONE

RESIDENT _____ NON-RESIDENT _____ VOLUNTEER _____

WORK/ADDRESS _____

PROGRAMS (Please circle the correct amount)

FREE!	11431	Armchair Travel 9/19
\$31 40	11005	Feldenkrais Method
FREE!	11079	Lunch & Learn 9/12
\$5 7	11065	Unfinished Objects 9/12
\$5 7	11066	Unfinished Objects 9/26

Tech Help with Teens (Sept 12)

FREE!	11161	1:00 - 1:30pm
FREE!	11162	1:30 - 2:00pm
FREE!	11163	2:00 - 2:30pm
FREE!	11164	2:30 - 3:00pm
FREE!	11165	3:00 - 3:30pm
FREE!	11166	3:30 - 4:00pm

FITNESS ROOM

\$40 52	Fitness Room
\$45 59	Fitness Assessment

PERSONAL TRAINING

\$14 18	30 min.
\$24 31	1 hour
\$65 85	3 one hr. sessions

STRENGTH CLASS

\$26 34	10 Class Punch Card
\$39 51	15 Class Punch Card

TRIPS & EVENTS

\$10 13	11108	Downtown Cbus & Caribbean Fest 9/16
\$8 10	11110	Fall Fashion Show 9/19
\$34 44	11109	Golden Lamb & Lebanon 9/29
\$7 9	11101	Green Lawn Abbey 9/18
\$6 8	11094	Mystery Lunch 9/11
\$9 12	11095	On the Road with Mary Kay 9/20
\$9 12	11096	On the Road with Mary Kay 9/28
\$32 42	11070	Queen City Underground Tour 9/25
\$8 10	11106	Utica Discovery Tour 9/7

SHOPPING (Monday)

FREE!	11168	Kroger 9/5 (Wednesday)
FREE!	11168	Meijer 9/10
FREE!	11168	Walmart 9/17
FREE!	11168	Kroger 9/24



Fall Fashion Show

Wednesday, September 19

12:30 - 2:30pm

Town Hall

MEMBERSHIP — Only Check if Purchasing a Membership

\$12	Resident
\$18	Nonresident
\$12	Works in Worthington
	SilverSneakers®

Office Use Only					
Check	Cash	Charge	Account	Gift Card	

TOTAL \$ _____



To Register For Programs

- On or after the day you are eligible to register, sign up for programs at the Griswold Center between the hours of 9:00am and 4:00pm.
- Make checks payable to Worthington Parks and Recreation Department. Use the Resident Discount Fee if you live or work within the corporate city limits.
- After the third day of registration, anyone 18 years of age or older may sign up for available activities. You may also register by mailing or dropping off your registration. The form will be held and processed at the end of the appropriate registration day. If an activity fills up before a "held registration" is processed, you will be enrolled on the waiting list and called.
- **Online registration** for Griswold Center Programs opens at 9am the day you are eligible to register. You can register online at <https://apm.activecommunities.com/worthington> (or go to worthington.org and click on Recreation Registration). You will need to have a valid email address on file to register online.

HOLIDAYS

The Griswold Center will be closed:

Mon Sep 3 Labor Day

SEPTEMBER PROGRAMS

MEMBER REGISTRATION DATES

Wed Aug 29 Residents/Volunteer
& Works in Worthington

Thu Aug 30 Non-Residents

NON-MEMBER REGISTRATION DATE

Fri Aug 31 Open Registration

EMERGENCY CONTACT INFORMATION

Please provide two separate contacts that we may be able to reach in the event of an emergency.

	<u>NAME</u>	<u>RELATIONSHIP</u>	<u>HOME</u>	<u>WORK</u>	<u>CELL</u>
1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____

RELEASE OF ALL CLAIMS AND PROMISE NOT TO SUE

As a participant in this and any other program of the City of Worthington, I recognize and acknowledge that there are certain risks and I agree to assume all such risks including any damages resulting from physical injuries, death, loss of services or consortium, loss or damage to property, or any other loss which I may sustain as a result of participating in any and all activities connected with or associated with such programs. In consideration of the City of Worthington accepting me or my child's registration and with the intent to be legally bound, I hereby for myself, for my child all heirs, executors, administrators, and assigns, do hereby forever release, waive and relinquish all claims I have or may have as a result of participating in this and all other programs of the City of Worthington. Furthermore, I promise not to sue the City of Worthington and agree to indemnify and hold harmless and defend the City of Worthington, and its officers, agents, servants, employees and insurers, from any and all liabilities, claims, demands actions or causes of action resulting from physical injuries, including death, loss of services or consortium, loss or damage to property, or any other loss which I may have or my child may have, or which may accrue to me on account of my participation in this and all other programs of the City of Worthington. I also agree that the Worthington Parks and Recreation Department may (without any restrictions) photograph, film, video or take sound recordings of me or my child. I grant permission to the Worthington Parks and Recreation Department to use the images and recordings in any manner determined appropriate and I waive any right to compensation or monetary damages with respect to such use.

Read Carefully - By Signing This You May Give Up Important Legal Rights

_____ Date

_____ Signature of Participant