

GRISWOLD CENTER



JANUARY REGISTRATION FORM

NAME _____

ADDRESS _____

CITY _____ ZIP _____

BIRTHDAY ____/____/____ MALE _____ FEMALE _____

PHONE _____

EMAIL ADDRESS _____

RESIDENCY—CHECK ONE

RESIDENT _____ NON-RESIDENT _____ VOLUNTEER _____

WORK/ADDRESS _____

PROGRAMS (Please circle the correct amount)

\$52 \$68	9998	Alexander Technique
_____	9734	Amazing Race
_____	10061	Armchair Travel 1/17
\$21 \$27	9739	Balance & Flex
\$30 \$39	9775	Cardio Drumming
\$35 \$46	9781	Circuit Training
\$25 \$33	10022	Delay the Disease
_____	10073	Economics
\$40 \$52	9735	Fearless Falling
\$40 \$52	9736	Fearless Falling: Self Defense
\$65 \$85	9738	Feldenkrais Method
\$86 \$112	9737	Hatha Yoga (Fri)
\$38 \$49	10000	Hatha Yoga (Sat 8:30am)
\$38 \$49	10001	Hatha Yoga (Sat 10am)
\$48 \$62	9983	Jazzy Tap w/ NY Flair!
_____	10056	Lunch & Learn 1/17
\$33 \$43	9754	Pickleball: Novice Clinic
\$34 \$44	9986	Pickleball (M,W,F 7am)
\$29 \$38	9755	Pickleball (Tues 7pm)
\$70 \$91	10035	Pilates Mat Work w/ Yoga
_____	10098	Project Linus
_____	10065	Senior Sewing Club
\$47 \$61	9985	Strength and Core Workout
\$40 \$52	10040	Tai Chi Advanced
\$40 \$52	10041	Tai Chi Beginners
\$5 \$7	10066	Unfinished Objects 1/10
\$5 \$7	10067	Unfinished Objects 1/24
\$48 \$62	9984	Zumba Gold

TRIPS & EVENTS

\$24 \$31	10119	Columbus Museum of Art	1/6
\$17 \$22	10078	Columbus Symphony	1/19
\$21 \$27	10083	COSI	1/25
_____	10100	Muslims in America Overview	1/31
\$6 \$8	10080	Mystery Lunch	1/23
\$21 \$27	10075	Ohio Chinese Lantern Fest	1/4
_____	10101	Phillippines Under Duterte	1/10
\$14 \$18	10076	Tranquility Salt Cave	1/16
\$10 \$13	10120	Der Dutchman Bfast	1/27

SKIING

\$49 \$63	10042	All outings
\$7 \$9	10043	Snow Trails 1/4
\$7 \$9	10044	Mad River 1/11
\$7 \$9	10045	Snow Trails 1/18
\$7 \$9	10046	Mad River 1/25

SOUP

\$4	7594	Soup 1/5
\$4	7594	Soup 1/12
\$4	7594	Soup 1/19
\$4	7594	Soup 1/26

MEMBERSHIP — Only Check if Purchasing a Membership

\$12	_____	Resident
\$18	_____	Nonresident
\$12	_____	Works in Worthington
_____	_____	SilverSneakers®

Shopping Trips, Fitness Room, Personal Training
and Strength Class on reverse

Office Use Only

Check	Cash	Charge	Account	Gift Card
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TOTAL \$ _____



SHOPPING (Monday)

- _____ 10131 Walmart 1/3 (Wednesday)
- _____ 10131 Kroger 1/8
- _____ 10131 Meijer 1/17 (Wednesday)
- _____ 10131 Walmart 1/22
- _____ 10131 Kroger 1/29

FITNESS ROOM

- _____ \$40 | 52 Fitness Room
- _____ \$45 | 59 Fitness Assessment

PERSONAL TRAINING

- _____ \$14 | 18 30 min.
- _____ \$24 | 31 1 hour
- _____ \$65 | 85 3 one hr. sessions

STRENGTH CLASS

- _____ \$26 | 34 10 Class Punch Card
- _____ \$39 | 51 15 Class Punch Card

TOTAL \$ _____

HOLIDAYS

The Griswold Center will be closed:

Mon	Jan 1	New Year's Day
Mon	Jan 15	MLK Day

JANUARY PROGRAMS

MEMBER REGISTRATION DATES

Wed	Dec 27	Residents
		Volunteer/Work in Worthington
Thu	Dec 28	Nonresidents

NON-MEMBER REGISTRATION DATE

Fri	Dec 29	Open Registration
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EMERGENCY CONTACT INFORMATION

Please provide two separate contacts that we may be able to reach in the event of an emergency.

	<u>NAME</u>	<u>RELATIONSHIP</u>	<u>HOME</u>	<u>WORK</u>	<u>CELL</u>
1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____

RELEASE OF ALL CLAIMS AND PROMISE NOT TO SUE

As a participant in this and any other program of the City of Worthington, I recognize and acknowledge that there are certain risks and I agree to assume all such risks including any damages resulting from physical injuries, death, loss of services or consortium, loss or damage to property, or any other loss which I may sustain as a result of participating in any and all activities connected with or associated with such programs. In consideration of the City of Worthington accepting me or my child's registration and with the intent to be legally bound, I hereby for myself, for my child all heirs, executors, administrators, and assigns, do hereby forever release, waive and relinquish all claims I have or may have as a result of participating in this and all other programs of the City of Worthington. Furthermore, I promise not to sue the City of Worthington and agree to indemnify and hold harmless and defend the City of Worthington, and its officers, agents, servants, employees and insurers, from any and all liabilities, claims, demands actions or causes of action resulting from physical injuries, including death, loss of services or consortium, loss or damage to property, or any other loss which I may have or my child may have, or which may accrue to me on account of my participation in this and all other programs of the City of Worthington. I also agree that the Worthington Parks and Recreation Department may (without any restrictions) photograph, film, video or take sound recordings of me or my child. I grant permission to the Worthington Parks and Recreation Department to use the images and recordings in any manner determined appropriate and I waive any right to compensation or monetary damages with respect to such use.

Read Carefully - By Signing This You May Give Up Important Legal Rights

_____ Date
 _____ Signature of Participant